



COLLEGE  
OF THE  
REDWOODS

**VOLUNTARY ACTIVITIES PARTICIPATION FORM**  
**ACKNOWLEDGMENT AND ASSUMPTION OF POTENTIAL RISK**

I, the undersigned, wish to participate in the College of the Redwoods sponsored activities of intercollegiate athletics/sports.

I understand and acknowledge that these activities, by their very nature, pose the potential risk of serious injury/illness to individuals who participate in such activities.

I understand and acknowledge that some of the injuries/illnesses, which may result from participating in these activities, include, but are not limited to, the following:

- |                              |                          |
|------------------------------|--------------------------|
| 1. Sprains/strains           | 5. Paralysis             |
| 2. Fractured bones           | 6. Loss of eyesight      |
| 3. Unconsciousness           | 7. Communicable diseases |
| 4. Head and/or back injuries | 8. Death                 |

I understand and acknowledge that participation in these activities is completely voluntary and as such is not required by the College of the Redwoods for course credit or for completion of graduation requirements.

I understand and acknowledge that in order to participate in these activities, I agree to assume liability and responsibility for any and all potential risks, which may be associated with participation in such activities.

I understand, acknowledge, and agree that the College of the Redwoods, its employees, officers, agents, or volunteers shall not be liable for any injury/illness suffered by my son/daughter which is incident to and/or associated with preparing for and/or participating in this activity.

I acknowledge that I have carefully read this VOLUNTARY ACTIVITIES PARTICIPATION FORM and that I understand and agree to its terms.

***I HAVE READ, UNDERSTOOD AND VOLUNTARILY SIGNED THIS RELEASE***

\_\_\_\_\_  
Student-Athlete (If 18 years of age or older)

\_\_\_\_\_  
Date

\_\_\_\_\_  
Printed Name

\_\_\_\_\_  
Parent/Legal Guardian (If under 18 years of age)

\_\_\_\_\_  
Date

\_\_\_\_\_  
Printed Name

A signed VOLUNTARY ACTIVITIES PARTICIPATION FORM must be on file with the College of the Redwoods Athletic Trainer before a student will be allowed to participate in intercollegiate athletics/sports.