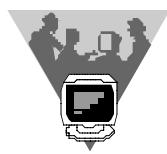


COLLEGE KNOWLEDGE
INTEGRATIVE LEARNING



MULTIPLE INTELLIGENCES
What are your strengths?

Responding to the following statements will help you identify general areas in which you have the strongest abilities. Read each statement. If it expresses a characteristic of yours and sounds true for the most part, jot down a “T.” If it does not, write an “N” (No). If the statement is sometimes true, sometimes not, leave it blank. Adapted from *7 Kinds of Smart* by Thomas Armstrong, 1993, based on Howard Gardner’s MI theory in *Frames of Mind*, 1983.

1. ____ I would rather draw a map than give verbal directions to someone.
2. ____ If I am angry or happy, I usually know why I feel the way I do.
3. ____ I play (or used to play) a musical instrument.
4. ____ I can associate songs or musical selections with my moods.
5. ____ I can solve math problems quickly in my head.
6. ____ Friends often come to me when they need help working out their emotional problems.
7. ____ I like to work with calculators and computers.
8. ____ I pick up new dance steps quickly.
9. ____ I do well in literature, English, and social studies classes.
1. ____ I am good at working with my hands (e.g., weaving, model building, painting).
2. ____ I generally can find my way around in strange or unfamiliar places.
3. ____ I like to organize social activities or give big parties.
4. ____ My life would seem empty without music.
5. ____ I enjoy doing mazes and jigsaw puzzles.
6. ____ I stay in touch with my moods and try to deal with my inner most feelings.
7. ____ I like to solve brain teasers and mysteries.
8. ____ I am good at skateboarding, surfing, or skiing.
9. ____ I can hear words in my head before I write them down.
10. ____ I often see patterns and relationships between numbers.
11. ____ I enjoy tongue twisters, nonsense rhymes, or puns.
12. ____ I spend time at the beach or in the woods as often as I can.
13. ____ I choose to participate in group sports such as soccer, basketball, baseball, etc.
14. ____ Books are an important part of my life.
15. ____ I can tell when a musical note is off key.
16. ____ I believe that most things have a logical explanation.

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17. ____ I spend time alone on a regular basis thinking about things that are important to me.
18. ____ I like to sketch or design buildings, houses, or other structures.
19. ____ I often find myself tapping on something or moving in time with the music I listen to.
20. ____ I frequently use my hands to explain what I am saying to someone else.
21. ____ I like to turn my thoughts and ideas into stories or essays.
22. ____ I think I am self-motivated and make decisions on my own.
23. ____ I have at least three close friends.
24. ____ I have vivid dreams when I am sleeping.
25. ____ I am likely to ask someone to help me with a problem rather than working it out alone.
26. ____ I know what my own strengths and weaknesses are.

Circle all of the "T" answers. Go to the other side and follow the next steps.

Multiple Intelligences Scoring Sheet

Circle the numbers below that match the "T" answers. If you have four or more numbers circled under a letter, you probably have abilities related to the general area of intelligence in the corresponding category listed below.

A	B	C	D	E	F	G
9	5	1	8	3	6	2
18	7	11	10	4	12	15
20	16	14	17	13	22	26
23	19	27	21	24	32	31
30	25	33	29	28	34	35

Gardner's Seven Categories of Intelligence

CATEGORY	ENJOYS	IS GOOD AT	CAN IMPROVE BY
A: LINGUISTIC (The Word Doctor)	*reading *clarifying word meanings *writing inform or to convince *writing & speaking about *telling stories	*using words effectively *memorizing thoughts & ideas	

B: LOGICAL-MATHEMATICAL (The Questioner)	*asking questions *categorizing & classifying *experimenting *figuring things out *calculating *math & science relationships	*using numbers effectively *reasoning *seeing patterns & *hypothesis testing	*inferring & generalizing

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C: SPATIAL (The Visualizer)	<ul style="list-style-type: none"> *drawing & designing *video games *mazes & puzzles *experience with 3-D manipulatives 	<ul style="list-style-type: none"> *visualizing *reading maps, charts *graphic representation *exploring 	<ul style="list-style-type: none"> *mind mapping *sketching *object arrangement
D: BODILY-KINESTHETIC (The Mover)	<ul style="list-style-type: none"> *acting & mime *dancing *sports & exercise *woodworking & sculpting *touching & feeling 	<ul style="list-style-type: none"> *using whole self to express thoughts & emotions *activities requiring coordination, speed, balance, & flexibility 	<ul style="list-style-type: none"> *physical activities *working with hands *body sculpting
E: MUSICAL (The Music Lover)	<ul style="list-style-type: none"> *singing & humming *listening to music *rapping & singing *playing an instrument *visualizing with music dancing 	<ul style="list-style-type: none"> *remembering melodies *noticing color & tone *remembering rhythmic patterns 	<ul style="list-style-type: none"> *going to concerts *tapping rhythms & dancing
F: INTERPERSONAL (The Socializer)	<ul style="list-style-type: none"> *having lots of friends *talking to people *belonging to groups *working together 	<ul style="list-style-type: none"> *understanding others *leading others *counseling others *sharing responsibilities 	<ul style="list-style-type: none"> *sharing, comparing, relating *cooperating & listening *organizing *role playing
G: INTRAPERSONAL (The Individual)	<ul style="list-style-type: none"> *pursuing own interests *having a close, close friend *completing projects alone *meditating or reflecting 	<ul style="list-style-type: none"> *understanding own self *discovering own personal style *using self-discipline 	<ul style="list-style-type: none"> *using guided imagery to develop an inner awareness *keeping a journal *setting goals and priorities

