

## ***Study Skills: Reading Textbooks***

Using the SQ3R method you will increase your understanding and retention of topics in your textbooks

- S—Survey:** Preview textbooks and chapters to get an idea of their content and organization. Quickly skim chapter titles and bold print.
- Q—Question:** Turn chapter headings into questions that you can answer as you read.
- 1R—Read:** Read slowly and carefully, one section at a time, to find answers to the questions in your mind. Then make marginal notes, underline or highlight important parts, and construct study guides.
- 2R—Recite:** Stop at the end of each section to repeat, silently or aloud, the main points covered in the section. Recite from your marginal notes or from the information you have underlined.
- 3R—Review:** Review the chapter immediately after reading it. Review it again before a test. Review as many times as needed to keep the information fresh in your mind.

This was taken from The Confident Student, 3<sup>rd</sup> edition.