



REDWOODS

Cross Country

2022 Schedule

Day	Date	Opponent	Location	Time
Saturday	9/17/2022	Nor-Cal Preview	Fortuna	12:00 p.m.
Saturday	10/1/2022	Charles Bowles Invite	Willamette Oregon	TBA
Friday	10/7/2022	Butte Invitational	Butte College Campus	TBA
Friday	10/14/2022	Pat Ryan Invitational	Spring Lake Park, Santa Rosa	2:00 p.m.
Friday	10/28/2022	GVC Conference Meet	Butte College Campus	TBA
Saturday	11/5/2022	Nor-Cal Championships	Fortuna	10:00 a.m.
Saturday	11/19/2022	CCCAA State Meet	Woodward Park, Fresno	10:00 a.m. Women 11:00 a.m. Men

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Eric Wright, Assistant Coach Josh Quintal, Assistant Coach	Athletics Office (707) 476-4213
Nate Kees, Head Athletic Trainer Michele Schneider, Assistant Athletic Trainer (707) 476-4399	Updated: 8/10/2022