Humboldt Community Resource List October 2022 (13th edition)

Providence



St. Joseph Hospital

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DHHS and Providence St Joseph's do not endorse listed services and cannot guarantee accuracy. ٠

Semi-annual updates issued April and October. Send corrections and updates to HCRL@co.humboldt.ca.us ٠

The North Coast Resource Hub, a detailed tool for service providers working with clients with complex needs, is available at http://resourcehub.nchiin.org/ •

The newest edition of the Humboldt Community Resource List is always available at https://humboldtgov.org/DocumentCenter/View/54880/ ٠

Category	Name	Business Phone	Address	Website	Description
Community Info and Referral	2-1-1 Humboldt	·	1707 E St., Suite 4, Eureka, CA 95501	<u>http://www.211hu</u> mboldt.org/	Comprehensive database of information on resources available in Humboldt County. Call the help line from any phone in Humboldt County to talk to a real person: A caring, highly-skilled call center specialist who will link you to the right telephone numbers for real help. It's free, it's easy and it's confidential.
Community Info and Referral	Arcata Family Resource Center (HNFRC Member)	707-826-1002	2400 Baldwin St., Arcata, CA 95521	<u>https://www.hnfrc</u> .org/	Services offered through the Humboldt Network of Family Resource Centers (HNFRC) include: Food programs, clothing closets, hygiene supplies, laundry voucher programs, student and family support, parenting classes, lice checks, free computer/internet/fax/phone, job support and community events and activities.
Community Info and Referral	Area 1 Agency on Aging Senior Information & Assistance	707-273-3659, 800-408-4636	333 J St., Eureka, CA 95501	http://www.a1aa. org/programs-and- services/senior- information-and- assistance/senior- information-guide	Helps seniors find community resources and publishes the Senior Information Guide, a categorized phone and internet directory of programs and services relating to seniors. Para llamada en español 707-502-7688.
Community Info and Referral	Betty Kwan Chinn Day Center	707-407-3833	133 Seventh St., Eureka, CA 95501	<u>https://www.betty</u> <u>chinn.org/betty-</u> <u>kwan-chinn-day-</u> <u>center.html</u>	Open Mondays through Fridays from 8 a.m. to 4 p.m. Phone calls received until 4 p.m. Day center services include case management, bilingual assistance, access to legal library, employment and housing opportunities, use of the computer lab, phone and mail services. Clothing and hygiene products available on a limited basis.
Community Info and Referral	Blue Lake Community Resource Center (HNFRC Member)	707-668-4281	111 Greenwood Ave., Blue Lake, CA 95525	<u>https://www.hnfrc</u> .org/	One of five Community Resource Centers (CRCs) operated by Providence, Redwood Memorial Hospital. Coordinates local programs and provides community information and referrals. Also a member of the HNFRC.

Category	Name	Business Phone	Address	Website	Description
Community Info and Referral	Bridgeville Community Center (HNFRC Member)	707-777-1775	38717 Kneeland Road, Bridgeville, CA 95526		Provides a variety of community services including a monthly newsletter, clothing closet, shower, job search and resume assistance, washer and dryer, senior programs, food pantry, family support, computer access, annual Bridgefest event and more.
Community Info and Referral	Carlotta Healthy Start Community Center (HNFRC Member)	707-768-3860	300 Wilder Road, Carlotta, CA 95528	<u>http://www.hnfrc.</u> org/	Services offered through the HNFRC include: Food programs, health services, student and family support, counseling for substance use disorder, clothing closets, tutoring, lice checks, play groups, free computer/internet/fax, community events and activities and job support.
Community Info and Referral	Community Disability Resource Guide (Tri-County Independent Living)			http://www.tilinet .org/wp- content/uploads/R esource-Guide.pdf	A comprehensive guide developed to help people with disabilities and their service providers find needed services.
Community Info and Referral	Eureka Community Resource Center (CRC)	707-442-5239	35 West Third St., Eureka, CA 95501		One of five CRCs operated by Providence, Redwood Memorial Hospital. Coordinates local programs and provides community information and referrals.
Community Info and Referral	Fortuna Adventist Community Services	707-725-1166	2331 Rohnerville Road, Fortuna, CA 95540	<u>http://fortunaacs.</u> <u>com/</u>	Serving the Eel River Valley, provides info on community resources and operates a thrift store, clothing closet and food pantry. Bilingual staff available Tues/Wed 9:30 to 11:30 a.m.

Category	Name	Business Phone	Address	Website	Description
Community Info and Referral	Fortuna Family Resource Center (HNFRC Member)	707-725-9082	2089 Newburg Road, Fortuna, CA 95540	<u>https://sfe-fesd-</u> <u>ca.schoolloop.com</u> <u>/frc</u>	Bilingual services including application assistance for public benefits, housing navigation, connection to health care and counseling, educational supports, clothing and hygiene products, connection to food assistance, job search and application support, referral to immigration and legal services, other referrals for resources in Fortuna and Humboldt County.
Community Info and Referral	Gene Lucas Community Center Temporarily Closed	707-725-1722 Temporarily Closed	3000 Newburg Road, Fortuna, CA 95540 Temporarily Closed	<u>https://glccenter.o</u> <u>rg/</u>	Provides a healthy and supportive environment that promotes interaction, understanding and respect between generations through a variety of activities, classes, programs and services. Offers bilingual classes. Temporarily Closed.
Community Info and Referral	Hupa Family Resource Center (HNFRC Member)	530-625-4000	T8 Holt St., Hoopa, CA 95546		Provides supplemental food assistance, hygiene support, clothing closet, monthly food box day, notary services, diaper and wipes, gas voucher assistance, HiSet testing fee assistance, food preservation classes, healthy eating outreach, free computer/internet/phone/fax/iPad loan program, application assistance, CalFresh outreach, NAFFA curriculum; Addressing Family Violence and Abuse, Linking Generations by Strengthening Relationships, Fatherhood is Sacred and Motherhood is Sacred classes, community events and activities.
Community Info and Referral	Jefferson Community Center (HNFRC Member)	707-497-6280	1000 B St., Eureka, CA 95501	http://www.Jeffer son-project.org	Part of Eureka's Westside Community Improvement Association; offers extensive, diverse community services and recreational opportunities. Also a member of the HNFRC.

Category	Name	Business Phone	Address	Website	Description
Community Info and Referral	Loleta Community Resource Center (HNFRC Member)	707-733-5239	Loleta Elementary School, 700 Loleta Drive, Loleta, CA 95551	https://www.stjoe humboldt.org/for- community/comm unity-resource- centers/	One of five CRCs operated by Providence, Redwood Memorial Hospital. Coordinates local programs and provides community information and referrals. Bilingual coordinator. Also a member of the HNFRC.
Community Info and Referral	Manila Community Resource Center (HNFRC Member)	707-444-9771	1611 Peninsula Drive, Manila, CA 95521	<u>http://manilacrc.o</u> rg/	Services offered through the HNFRC include: Food programs, student and family support, job seeker resources, play groups, counseling and medical referrals, fax/internet, connection to CalWORKs and CalFresh, community events and meeting space.
Community Info and Referral	Marshall Family Resource Centers (HNFRC Member)	707-441-2404	2100 J St., Eureka, CA 95501 and 216 W. Harris St., Eureka, CA 95501	http://www.eurek acityschools.org/in dex.php?option=c om_content&view =article&id=385:m arshall-family- resource- center&Itemid=26 5	Services offered through the HNFRC include: Food programs, clothing closets, hygiene supplies, laundry
Community Info and Referral	Mattole Valley Resource Center (HNFRC Member)	707-629-3348	167 Sherman St., Petrolia, CA 95558	<u>http://www.hnfrc.</u> org/	Services offered through the HNFRC include: Food programs, student and family support, medical and counseling referrals, play groups, free computer/internet/fax, CalFresh signups and community events and activities.
Community Info and Referral	McKinleyville Family Resource Center (HNFRC Member)	707-840-0905	The Center at McKinleyville, 1615 Heartwood Drive, McKinleyville, CA 95519	http://mckfrc.org/	Services offered through the HNFRC include: Food programs, health services, student and family support, counseling for substance use disorder, clothing closets, tutoring, lice checks, play groups, free computer/internet/fax, community events and activities and job support.

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Community Info and Referral	Mobile Outreach Vehicle, HOME Program, DHHS	707-296-5145		http://humboldtgo v.org	Mobile unit that travels to outlying areas of Humboldt County. Provides assistance with CalFresh, Medi-Cal and helps connect people to other services provided by Humboldt County DHHS.
Community Info and Referral	Pine Hill/South Bay Family	707-445-5933	5230 Vance Ave., Eureka, CA 95503 and 6077 Loma Ave., Room 17, Eureka, CA 95503	<u>https://southbayu</u> <u>sd.org/family-</u> <u>resource-center</u>	Services offered through the HNFRC include: Food programs, health services, student and family support, diapers, counseling referrals, play groups, free computer/internet/fax usage, community events and activities, housing search, and CalFresh sign ups.
Community Info and Referral	Queer Humboldt Extensive Resource List	707-502-2890	PO Box 45, Arcata, CA 95518		View resources maintained by Queer Humboldt. Community service groups, open and affirming churches and spiritual organizations, youth, homelessness, crisis, social groups, mental wellness, health wellness, legal resources, wedding resources and more.
Community Info and Referral	Rio Dell Community Resource Center (HNFRC Member)	707-764-5239	406 Wildwood Ave., Rio Dell, CA 95562	https://www.stjoe humboldt.org/for- community/comm unity-resource- centers/	One of five CRCs operated by Providence, Redwood Memorial Hospital. Coordinates local programs and provides community information and referrals. Also a member of the HNFRC.
Community Info and Referral	Southern Humboldt Family Resource Center (HNFRC Member)	707-923-1147	344 Humboldt Ave., Redway, CA 95560	amily-Resource- Center-Southern- Humboldt/124716	Services offered through the HNFRC include: Student and family support, counseling referrals for mental health, grief, and substance use disorder, CalFresh/CalWORKs application support, Weekend Food Program for children, clothing closet, hygiene supplies, tutoring, play groups, free computer/internet/fax, community events and supportive activities.

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Category	Name	Business Phone	Address	Website	Description
Community Info and Referral	The Annex, Arcata House Partnership	707-633-6236	501 Ninth St., Arcata, CA 95521		Connection and referral to resources available in Humboldt County, food programs, health services, substance use support, clothing and hygiene products, showers on a limited basis, housing navigation services, application assistance to entitlement benefits, job search and application assistance and other services.
Community Info and Referral	Willow Creek Community Resource Center (HNFRC Member)	530-629-3141	38883 Highway 299, Willow Creek, CA 95573	https://www.stjoe humboldt.org/for- community/comm unity-resource- centers/	One of five CRCs operated by Providence, Redwood Memorial Hospital. Coordinates local programs and provides community information and referrals. Also a member of the HNFRC.
Abuse (Adult/Children)	Adult Protective Services (APS), DHHS Adult Services	707-476-2100, After hours and toll free: 866-527-8614	808 E St., Eureka, CA 95501	http://humboldtgo v.org/499/Adult- Protective- Services	APS provides protective services to elders (60 and older) and dependent adults (18-59) who are unable to protect their own interests or care for themselves.
Abuse (Adult/Children)	Court Appointed Special Advocate (CASA) of Humboldt	707-443-3197	2356 Myrtle Ave., Eureka, CA 95501	<u>http://www.humb</u> <u>oldtcasa.org/</u>	A CASA speaks for children in court because all children have a right to live in a safe, healthy and secure environment. Trained volunteers advocate for abused children in court, assuring that they are placed in safe, nurturing homes.
Abuse (Adult/Children)	Child Abuse Prevention Coordinating Council		PO Box 854, Eureka, CA 95502	<u>http://www.capcc</u> <u>humboldt.org</u>	Provides training, public awareness and support regarding child abuse prevention, intervention and treatment efforts.

Category	Name	Business Phone	Address	Website	Description
Abuse (Adult/Children)	Child Protection Reporting Guide (CPRG)			https://cprg.app.e videntchange.net/ humboldt/	The Child Protection Reporting Guide is intended to assist reporters who are concerned about possible abuse or neglect of a child and who must decide whether to report their concerns to Child Welfare Services (CWS), Humboldt County Sheriff's Office (HCSO), or any other law enforcement agency.
Abuse (Adult/Children)	Child Welfare Services (CWS) Administration, DHHS	707-388-6600	2430 Sixth St., Eureka, CA 95501	<u>http://humboldtgo</u> v.org/497/Child- Welfare-Services	CWS includes emergency response services, family maintenance services (including for Juvenile Court dependents and children who are at risk of neglect or abuse), family reunification services, permanency planning, supportive transition services and adoption services. The 24-hour hotline phone number is 707-445-6180.
Abuse (Adult/Children)	Child Welfare Services (CWS) Hotline, DHHS	707-445-6180	2430 Sixth St., Eureka, CA 95501	<u>http://humboldtgo v.org/497/Child- Welfare-Services</u>	Emergency Response workers investigate reports of child maltreatment. Protection of the child is the main goal, and maintaining the family unit is emphasized whenever possible. Emergency response services are available 24 hours a day, seven days a week.
Abuse (Adult/Children)	Child Welfare Services (CWS) Ombudsperson, DHHS	707-388-6777	2430 Sixth St., Eureka, CA 95501	https://humboldtg ov.org/2360/CWS- Office-of-the- Ombudsperson	DHHS-CWS Office of the Ombudsperson provides the following services: Independent review of concerns or complaints; information, consultation and facilitation and assistance with problem resolution.
Abuse (Adult/Children)	Long-Term Care Ombudsman Program, Area 1 Agency on Aging	707-269-1330	333 J St., Eureka, CA 95501	http://www.a1aa. org/programs-and- services/ombudsm an	

Category	Name	Business Phone	Address	Website	Description
Abuse (Adult/Children)	North Coast Rape Crisis Team	Hum: 707-443- 2737, Hotline: 707-445-2881, Del Norte: 707- 465-6961, Hotline: 707- 465-2851	PO Box 1011, Eureka, CA 95502	<u>http://www.ncrct.</u> org	Serves survivors of all ages and genders who have experienced sexual abuse and the non-offending people who care about them. 24-hour crisis line, in-person counseling, support group, advocacy, accompaniment, information and referrals, prevention education.
Adoption Services	Adoption Horizons (Licensed Private Adoption Agency)	707-444-9909	10 W. Seventh St., Suite F, Eureka, CA 95501	<u>http://www.adopt</u> ion-horizons.org/	Provides adoptable children with families, state licensed home studies, counseling/adoption planning for pregnant woman, adoption education, preparation and guidance to singles and couples desiring to adopt.
Adoption Services	Adoption Services Bureau, State Department of Social Services	707-826-9180	749 F St., Arcata, CA 95521	http://www.cdss.c a.gov/Benefits- Services/Adoption- Services/Adoption s/Adoption-Field- Offices/Arcata- Adoption-Office	For parents who relinquish a child to an adoption agency for placement, who place a child directly, or who wish to adopt. Information available about licensed public and private adoption agencies.
Adoption Services	EA Foster Family Agency			<u>http://www.ea.org</u> _	Provides nurturing homes with love to match with foster children. Social workers visit the kids and their foster parents weekly. Operates several six-bed group homes and a 30-bed group home, as well as offering transitional rental housing for youth 18-24 who have aged out of foster care.

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Adoption Services	Infant Placement Program: Adoption Horizons	707-444-9909	10 W. Seventh St., Suite F, Eureka, CA 95501	http://www.adopt ion- horizons.org/progr ams/infant- placement/	The Infant Placement Program differs from other independent adoption programs. This program is geared exclusively for women who want to improve themselves through the process of adoption. Adoption Horizons assists the family through the matching and legal processes, as well as counsels and supports the birthmother.
Advocacy & Legal Services	Angeles Gonzalez, Immigration Consultant	707 255-8666	2180 Jefferson St., Suite 103, Napa, CA 94559		Helping immigrants re-unite with loved ones through various visa processes, up to and including residency and citizenship; based in Napa, office serves the immigrant community throughout the state. Angeles is not an attorney; she is a consultant, with a bond on file at the CA Secretary of State.
Advocacy & Legal Services	Blue Lake Tribal Court, Blue Lake Rancheria Tribe	707-668-5101	PO Box 426, Blue Lake, CA 95525	https://www.bluel akerancheria- nsn.gov/about/trib al-court/	Has jurisdiction over civil and criminal matters arising within the tribe's reservation as expressly provided in tribal ordinances.
Advocacy & Legal Services	California Indian Legal Services	800-347-2402	324 F St., Eureka, CA 95501	http://www.calind ian.org/	Legal services to protect/advance Indian rights, foster self- determination and facilitate tribal nation-building.
Advocacy & Legal Services	Catholic Charities, Immigration and Citizenship Services	707-528-8712	987 Airway Court, Santa Rosa, CA 95403		Citizenship classes, refugee resettlement, DACA, preparing documents for visa petitions, adjustments of status, affidavits of support, consular processing documents and work authorizations. Most immigration legal services are provided for free, however, Catholic Charities does not cover the USCIS fees applicants must cover, unless they qualify for a USCIS fee waiver.
Advocacy & Legal Services	Child Welfare Services (CWS) Ombudsperson (DHHS)	707-388-6777	2430 Sixth St., Eureka, CA 95501		DHHS-CWS Office of the Ombudsperson provides the following services: Independent review of concerns or complaints; information, consultation and facilitation and assistance with problem resolution.

Category	Name	Business Phone	Address	Website	Description
Advocacy & Legal Services	Community Corrections Resource Center	707-267-9320	404 H St., Eureka, CA 95501	http://www.humb oldtgov.org/1413/ Community- Corrections- Resource-Center	An interagency collaborative program providing correctional supervision, substance use and mental health assessment and treatment, vocational services and linkages to community-based services to those on probation. Mon-Fri 8 a.mnoon, 1-4:30 p.m.
Advocacy & Legal Services	Court Appointed Special Advocate (CASA)	707-443-3197	2356 Myrtle Ave., Eureka, CA 95501	<u>http://www.humb</u> <u>oldtcasa.org/</u>	A CASA speaks for children in court because all children have a right to live in a safe, healthy and secure environment. Trained volunteers advocate for abused children in court, assuring that they are placed in safe, nurturing homes.
Advocacy & Legal Services	Family Law Self- Help Center	707-445-7256	825 Fifth St., Room 310, Eureka, CA 95501	https://www.hum boldt.courts.ca.go v/self-help/family- law	Provides help with both family and civil law. Services are available to all parties that represent themselves regardless of income. Self-Help Center staff can provide you with information about your legal rights and obligations.
Advocacy & Legal Services	Helen Zane, Disability Lawyer	707-822-1611	350 E St., Eureka, CA 95501	https://eurekasoci alsecuritylawyer.c om/	Social Security and SSI lawyer. Apply for Social Security Disability benefits first and wait for decision. If denied, contact a disability lawyer.
Advocacy & Legal Services	Hoopa Valley Tribal Court, Hoopa Tribe	530-625-4305	11860 Highway 96 (Tribe), Hoopa Justice Center PO Box 1389, Hoopa, CA 95546	https://www.hoop a-nsn.gov/the- tribal- government/hoop a-valley-tribal- court	The court hears cases involving family law, child abuse and neglect, evictions, domestic violence, restraining orders, juvenile delinquency, juvenile wellness court, traffic citations and civil complaints for monetary damages. The Hoopa Justice Center is located at 12530 State Highway 96, Hoopa.
Advocacy & Legal Services	Humboldt County District Attorney	707-445-7411	825 Fifth St., Eureka, CA 95501	http://www.humb oldtgov.org/289/di strict-attorney	Prosecutes crimes occurring within the boundaries of Humboldt County, supplies legal and technical assistance

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Advocacy & Legal Services	Humboldt County Probation Department	707-445-7401	2002 Harrison Ave., Eureka, CA 95501	http://www.co.hu mboldt.ca.us/prob L	As an agent of the Court Probation reduces the impact of crime in the community through investigation, prevention, supervision, collaboration, detention, and victim restitution.
Advocacy & Legal Services	Karuk Judicial System, Karuk Tribe	530-493-1600	PO Box 629, Yreka, CA 96097	http://www.karuk. us/index.php/depa rtments/judicial- system	The mission of the Karuk Judicial System is to restore and preserve traditional methods of resolving disputes between and among tribal citizens to provide equality, justice, safety and security for all tribal citizens and to all people within the Karuk Tribe Jurisdiction.
Advocacy & Legal Services	Legal Services of Northern California (LSNC)	707-445-0866	123 Third St., Eureka, CA 95501	<u>http://www.lsnc.in</u> fo/	The mission of LSNC is to provide quality legal services to empower the poor to identify and defeat the causes and effects of poverty within their community efficiently utilizing all available resources.
Advocacy & Legal Services	Long-Term Care Ombudsman Program, Area 1 Agency on Aging	707-269-1330	333 J St., Eureka, CA 95501	<u>http://www.a1aa.</u> org/	The Long-Term Care Ombudsman Program advocates for the rights of residents of skilled nursing and residential care facilities.
Advocacy & Legal Services	National Association for the Advancement of Colored People (NAACP)	707-502-2546	PO Box 1434, Eureka, CA 95502	<u>https://www.eure</u> <u>kanaacp.org/</u>	The mission of the NAACP is to secure the political, educational, social, and economic equality of rights in order to eliminate race-based discrimination and ensure the health and well-being of all persons.
Advocacy & Legal Services	Public Guardian, DHHS Adult Services	707-445-7343	1105 Sixth St., Suite B, Eureka, CA 95501		The Public Guardian serves as conservator for people with various types of impairments. The office also acts as the representative payee for people deemed by the Social Security Administration to require having an agency act as the Payee to provide money management services.

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Advocacy & Legal Services	Public Law Library of Humboldt County	888-724-4821	812 Fourth St., Room G04, Eureka, CA 95501	http://co.humbold t.ca.us/law-library	The mission of the Humboldt County Law Library is to provide the public with free access to up-to-date, user-friendly and appropriate legal resources.
Advocacy & Legal Services	Roadmap to Re- entry: A California Legal Guide			<u>https://roadmap.r</u> ootandrebound.or g/	Root & Rebound Re-entry Advocacy Center produces a comprehensive guide to increase access to justice and opportunity for people in reentry from prison and jail, and to educate and empower those who support them. View the guide online or download the 1,000+ page PDF. Topics include housing, public benefits, ID and other key documents, court-ordered debt, employment and education.
Advocacy & Legal Services	Self Help Centers, Humboldt Superior Court	707-445-7256	421 I St., Eureka, CA 95501	<u>http://humboldt.c</u> ourts.ca.gov/sh/	Provides assistance in the areas of both family law and non- family (civil) law. These services are available to all self- represented parties regardless of income. Provides information on legal rights and obligations: Cannot provide legal advice. Specific areas of help are listed on website.
Advocacy & Legal Services	Veterans Justice Outreach	707-569-2461	930 W. Harris St., Eureka, CA 95503	<u>http://www.va.go</u> v/homeless/vjo.as p	A program to avoid the unnecessary criminalization of mental illness and extended incarceration among veterans by ensuring that eligible justice-involved veterans have timely access to VHA services as clinically indicated. Specialists are responsible for direct outreach, assessment and case management.
Advocacy & Legal Services	Victim Witness & CA Victim Compensation, Humboldt County District Attorney	707-445-7411	825 Fifth St., Eureka, CA 95501	<u>http://www.co.hu</u> <u>mboldt.ca.us/dista</u> <u>tty/</u>	Assists victims of crime and offers support services to victims, their families and witnesses during criminal proceedings. Victim Witness Assistance Centers work directly with the CA Victim Compensation Program (CalVCP) to assist victims.

Category	Name	Business Phone	Address	Website	Description
Advocacy & Legal Services	Victim Information & Notification Everyday (VINE)	866-277-7477		<u>https://www.vineli</u> <u>nk.com</u>	VINE helps victims of crime with information about the custody of their offender; it is provided by the Humboldt County Sheriff's Office and the CA Department of Corrections and Rehabilitation. VINE is a free service, available 24-hours a day, seven days a week, in English and Spanish. All registrations are confidential.
Advocacy & Legal Services	Yurok Tribal Court, Yurok Tribe	707-482-0415	230 Klamath Blvd., PO Box 1027, Klamath, CA 95548	https://yuroktribal court.org/	The court's role is to protect the values of the people, to support the development of those values within each member of the community, and to ensure that the responsibility to protect Yurok traditions and traditional lands are carried out. The Yurok Justice Center is located at 230 Klamath Blvd., Klamath, CA 95548.
Behavioral/Mental Health	Assisted Outpatient Treatment Program (AOT), Behavioral Health, DHHS	707-268-2900	824 Harris St., Eureka, CA 95501	https://humboldtg ov.org/3310/Assist ed-Outpatient- Treatment-AOT	AOT offers services designed to help those community members who suffer from mental illness and have had difficulty engaging with traditional outpatient mental health services. Through AOT, a concerted outreach and engagement effort is designed to help create relationships with these vulnerable clients and encourage treatment. AOT involves the court system to add additional encouragement and mandates for services.
Behavioral/Mental Health	Behavioral Health Counseling Clinic, DHHS	707-268-2900	720 Wood St., Eureka, CA 95501	http://humboldtgo v.org/1739/Adult- Outpatient- Services	Provides mental health screening, assessment, referral, individual and collateral counseling and group therapy for eligible adults.
Behavioral/Mental Health	Behavioral Health Same Day Services, DHHS	707-445-7715	720 Wood St., Eureka, CA 95501	<u>http://humboldtgo v.org/1760/24- hour-Crisis- Services</u>	Same Day Services and Psychiatric Emergency Services offer mental health crisis and stabilization services for persons exhibiting acute psychological distress. Outpatient therapy, outpatient medication support and case management available.

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Behavioral/Mental Health	Celebrate Recovery (Eureka Faith Center)	707-442-1784	1032 Bay St., Eureka, CA 95501	<u>https://www.eure</u> <u>kafaithcenter.org</u>	Celebrate Recovery offers a 12-step accountability and support program for men and women as they seek healing from various hurts, habits and hang-ups.
Behavioral/Mental Health	Changing Tides Family Services	707-444-8293, 800-795-3554	2259 Myrtle Ave., Eureka, CA 95501	http://changingtid esfs.org/mental- health	Mental health services including individual and group therapy, case management and brokerage services, therapeutic behavioral services, and other mental health services which are intended to support children and youth up to age 20.
Behavioral/Mental Health	Children & Family Services, Behavioral Health, DHHS	707-268-2800	2440 Sixth St., Eureka, CA 95501	http://www.humb oldtgov.org/1601/ Childrens-Mental- Health-Services	Provides assessment, treatment, medication support and case management for children, youth and families.
Behavioral/Mental Health	COVID-19 Crisis Counseling Line	click on website to start chat		https://www.calho peconnect.org/	Crisis counseling support for Californians impacted by COVID-19. Organized by CalMHSA which helps fund, develop and implement mental health services at the state, regional and local levels. Go to www.calhopeconnect.org to initiate a live chat and select a population most identified with.
Behavioral/Mental Health	Crestwood	707-442-5721	2370 Buhne St., Eureka, CA 95501	http://www.crest woodbehavioralhe alth.com/eureka	Home to a mental health rehabilitation center and a social rehabilitation program (transitional residential).
Behavioral/Mental Health	Crisis Line Text Messaging Option	Text HOME to 741741		<u>https://www.crisis</u> <u>textline.org/how-</u> <u>it-works/</u>	Crisis Text Line serves anyone, in any type of crisis, providing access to free, 24/7 support and information via text messages. Text HOME to 741741 about any type of crisis to reach a volunteer Crisis Counselor. The goal of any text conversation is to get you to a calm, safe place. Sometimes that means providing a referral to further help and sometimes it just means being there and listening.

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Category	Name	Business Phone	Address	Website	Description
Behavioral/Mental Health	Crisis Stabilization Unit (CSU), Behavioral Health, DHHS	707-476-4094, 707-445-7715 (crisis line), Toll free: 888-849- 5728	720 Wood St., Eureka, CA 95501	<u>http://humboldtgo</u> v.org/450/Crisis- <u>Stabilization-Unit</u>	The CSU is an outpatient program that provides crisis intervention and stabilization services to individuals in need of immediate and emergency services.
Behavioral/Mental Health	Garberville Behavioral Health Outpatient, DHHS	707-268-2990, 707-923-2729	727 Cedar St., Garberville, CA 95542		Humboldt County Behavioral Health services. Counselors on-site and outreach. Assessments, medication clinic last Wednesday of the month.
Behavioral/Mental Health	GriefShare (Eureka Faith Center)	707-442-1784	1032 Bay St., Eureka, CA 95501	http://eurekafaith center.org/	GriefShare is a 13-week video seminar and support group for men and women grieving the loss of someone close. "Your journey from mourning to joy."
Behavioral/Mental Health	Hoopa Valley Tribe, Behavioral Health Services	530-625-4261 x 0450	535 Airport Road, Hoopa, CA 95546	https://www.hoop a-nsn.gov/the- tribal- government/depar tments/human- services	Mental health, substance use disorder programs, children and family services, Parole/Probation.
Behavioral/Mental Health	Humboldt Family Service Center	707-443-7358	1802 California St., Eureka, CA 95501	<u>https://www.hum</u> <u>boldtfamily.org/</u>	Variety of sponsored programs including substance use, gambling addiction, family violence and counseling services for both adults and children: Medi-Cal and other insurance accepted, and sliding fee scale is available: Clinical intake form available on website.
Behavioral/Mental Health	Humboldt Senior Resource Center (HSRC), Behavioral Health Services Program	707-443-9747	1910 California St., Eureka, CA 95501	<u>www.humsenior.o</u> <u>rg</u>	HSRC's Behavioral Health Services provides a holistic approach to wellness for any adult age 55 or older who resides in Humboldt County and wishes to prioritize their emotional well-being. Numerous health plans and private pay are accepted. Office, home and telehealth setting options. Professional and self-referrals accepted. Call for more information.

Category	Name	Business Phone	Address	Website	Description
Behavioral/Mental Health	Julie Branson, MFT License #47188	707-502-2085		<u>www.juliebranson</u> <u>mft.com</u>	Licensed Marriage and Family Therapist has current openings. One specialty area is Early Childhood Mental Health. Especially good fit for women with young children and children (ages 2-7) with challenging behavior. Accepts Partnership and Lyra Health insurances.
Behavioral/Mental Health	Medi-Cal, Partnership HealthPlan of California (Beacon Health Strategies)	855-765-9703	200 State St., Boston, MA 02109	https://www.beac onhealthoptions.c om/	Partnership HealthPlan of CA (PHC) is the managed care plan for Medi-Cal (MC). PHC contracts with Beacon Health Strategies to administer some of the mental health benefits for MC. MC recipients can contact Beacon to find mental/behavioral health providers/services.
Behavioral/Mental Health	Nation's Finest, Health Care for Homeless Veterans (HCHV)	707-442-4322	109 Fourth St., Eureka, CA 95501	<u>http://http://natio</u> <u>nsfinest.org</u>	At the HCHV behavioral health program, Nation's Finest employs a full-time clinician as well as a case manager to address some of the higher level needs clients may be facing including: substance use disorder, healthy relationships, anger management and communication skills.
Behavioral/Mental Health	North Coast Association of Mental Health Professionals	707-441-3832	PO Box 5363, Eureka, CA 95502	<u>http://www.ncam</u> <u>hp.org</u>	A clinical membership directory of local mental health professionals. Listing searchable by specialty, region, clinician name, etc. Resource is available by print or online (donations accepted).
Behavioral/Mental Health	Remi Vista Community Counseling Services	707- 268-8722	3960 Walnut Drive, Eureka, CA 95503	https://remivistain c.net/community- counseling- services/	Services include group homes, school-based and clinic- based mental health services, wrap-around programs, supported living for developmentally disabled adults. Accepting referrals for transitional housing. Affordable mental health counseling.
Behavioral/Mental Health	Sempervirens Psychiatric Health Facility, Behavioral Health, DHHS	707-445-7710	720 Wood St., Eureka, CA 95501	http://humboldtgo v.org/437/Semper virens-Psychiatric- Health-Facility	Offers a locked hospital-based treatment for clients who have serious and persistent mental illness and need acute psychiatric care. It is a Medi-Cal and Medicare certified 16- bed facility, and the only inpatient psychiatric hospital within a 300 mile radius.

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Category	Name	Business Phone	Address	Website	Description
Behavioral/Mental Health	United Indian Health Services (Fortuna)	707-825-5000	1600 Weott Way, Arcata, CA 95521	<u>http://www.unite</u> <u>dindianhealthservi</u> <u>ces.org</u>	Direct health care services are made available to eligible people of "Indian descent" and eligible non-Indian members (married to, or the child of a person who is an "enrolled member").
Behavioral/Mental Health	United Indian Health Services (Potawat Village, Arcata)	707-442-2993		https://www.hafo undation.org/Gran tseekers/North- Coast- Grantmaking- Partnership	Direct health care services are made available to eligible people of "Indian descent" and eligible non-Indian members (married to, or the child of a person who is an "enrolled member").
Behavioral/Mental Health	United Indian Health Services (Weitchpec)	707-442-2993		https://www.hafo undation.org/Gran tseekers/North- Coast- Grantmaking- Partnership	Direct health care services are made available to eligible people of "Indian descent" and eligible non-Indian members (married to, or the child of a person who is an "enrolled member").
Behavioral/Mental Health	Willow Creek Behavioral Health Outpatient, DHHS	530-268-2900	77 Walnut Way, Willow Creek, CA 95573	<u>http://humboldtgo</u> v.org/766/DHHS- Locations	Call to check for availability of services.
Cancer Services	American Cancer Society	707-443-2155	2942 F St., Eureka, CA 95503	https://www.canc er.org/involved/do nate/more-ways- to-give/discovery- shops- national/california -discovery- shops/eureka.html	Comprehensive source of national and local resources and information for those dealing with the challenges of cancer. ACS Thrift Store at 2942 F St., Eureka.

Category	Name	Business Phone	Address	Website	Description
Cancer Services	American Society of Clinical Oncology (ASCO)	571-483-1780, 888-651-3038	2318 Mill Road, Suite 800, Alexandria, VA 22314	<u>http://www.cance</u> <u>r.net/</u>	Cancer.Net provides timely, comprehensive, oncologist- approved information from the ASCO. Cancer.Net brings the expertise and resources of ASCO to people living with cancer and those who care for and about them to help patients and families make informed health care decisions.
Cancer Services	Cancer Care Program, Providence, St. Joseph Hospital	707-269-4242 <i>,</i> 800-477-1922	2700 Dolbeer St., Eureka, CA 95501	https://www.provi dence.org/location s/norcal/st-joseph- hospital- eureka/cancer- program	
Cancer Services	Cancer Support Group, Prostate (Providence, St. Joseph Hospital)	707-496-8340	2700 Dolbeer St., Eureka, CA 95501	http://www.stjoeh umboldt.org/Our- Services/Cancer- Program/Support- Services.aspx	Meets every second Wednesday at 6 p.m. Call facilitator for details.
Cancer Services	Evergreen Lodge, Providence, St. Joseph Hospital	707-445-8121 x 7980	2700 Dolbeer St., Eureka, CA 95501		Low-cost lodging for patients receiving cancer treatment at St. Joseph Hospital.
Cancer Services	Humboldt County Breast and GYN Health Project	707-825-8345	987 Eighth St., Arcata, CA 95521	<u>http://www.hcbhp</u> .org	Community resource of support and education for those facing a breast health concern, gynecologic cancer concern, or a diagnosis of breast or gynecologic cancer.
Cancer Services	Leukemia & Lymphoma Society (LLS)	914-949-5213, 800-955-4572	3 International Drive, Suite 200, Rye Brook, NY 10593	http://www.lls.org	LLS's mission is to cure leukemia, lymphoma, Hodgkin's disease and myeloma, and improve the quality of life of patients and their families. The nearest chapters are in Sacramento and San Francisco.

Category	Name	Business Phone	Address	Website	Description
Cancer Services	National Coalition for Cancer Survivorship	877-622-7937	8455 Colesville Road, Suite 930, Silver Spring, MD 20910	http://www.cance radvocacy.org	Represents individuals living with, through and beyond a cancer diagnosis. Advocate for quality cancer care for all people touched by cancer and for changes in how the nation researches, regulates, finances and delivers quality cancer care.
Caregiver Services	Elite Caregivers Senior Home Care	707-496-8499, 707-496-8400	PO Box 6888, Eureka, CA 95502	<u>http://www.elite-</u> <u>caregivers.com</u>	Provides personal care, companionship and life enrichment services to help seniors and others requiring assistance to continue to live independently in the comfort of their own home. Aides work independently and in teams to meet the needs of clients. Owned and operated by Laura and John Neely for over 25 years.
Caregiver Services	Humboldt Senior Resource Center/Adult Day Health Services	707-443-9747	1910 California St., Eureka, CA 95501 and 3200 Newburg Road, Fortuna, CA 95540	<u>www.humsenior.o</u> <u>rg</u>	Adult Day Health is a licensed, therapeutic day program that offers comprehensive care, activities, health monitoring, therapies, social services, meals and transportation for adults age 18 and older with chronic conditions or disabilities. The program is designed to help participants stay mentally and physically active, reduce isolation, improve or maintain their health and prevent decline of their abilities.
Caregiver Services	Humboldt Senior Resource Center/ Alzheimer's Resource Center	707-443-9747	1910 California St., Eureka, CA 95501	<u>www.humsenior.o</u> <u>rg</u>	An extensive Alzheimer's Resource Library is located at HSRC. Staff is available to provide consultations regarding dementia care and referrals to community resources. Caregiver support groups are available, as well as caregiver training workshops.
Caregiver Services	In-Home Supportive Services (IHSS), DHHS Adult Services	707-476-2100, Toll free 866- 527-8614	808 E St., Eureka, CA 95501	<u>https://humboldtg</u> <u>ov.org/502/In-</u> <u>Home-Supportive-</u> <u>Services</u>	IHSS is an alternative to costly out-of-home care such as nursing homes and provides aid to blind, aged, and disabled individuals who are unable to remain safely in their own home without the aid of a care provider.

Category	Name	Business Phone	Address	Website	Description
Caregiver Services	Pacific Medical Resources	707-798-6244	525 Second St., Suite 204, Eureka, CA 95501		Services from light housekeeping to complex personal care, such as: Children and adults with special needs; the terminally ill home in their final days; clients discharged from hospital setting who need extra care after surgery, etc. A for-profit organization.
Caregiver Services	Redwood Caregiver Resource Center	800-834-1636	1140 Sonoma Ave., Suite 1B, Santa Rosa, CA 95405	<u>http://www.redw</u> oodcrc.org/	Serves family caregivers through the National Family Caregiver Support Program (NFCSP). NFCSP serves families and informal caregivers of individuals 60 and older or individuals of any age with Alzheimer's disease or related disorders with neurological and organic brain dysfunction.
Caregiver Services	Visiting Angels	800-365-4189	1112 Fifth St., Eureka, CA 95501	http://www.visitin gangels.com/eure ka/home	A national network of elder care agencies committed to providing families with the best possible in-home care. Call to learn more and schedule an appointment.
Childcare	Cal Poly Humboldt Children's Center	707-826-3838	1 Harpst St., Arcata, CA 95521 (Jensen House #94)	<u>https://childrence</u> <u>nter.humboldt.edu</u> _/	Affordable high quality child care for children 3 months to 5 years old whose parents are Cal Poly students, staff or faculty. Based on a sliding scale. Open Mon. through Fri., 7:30 a.m. to 5:30 p.m. Aftercare is available from 5:30 to 6:30 p.m. during the academic year.
Childcare	Changing Tides Family Services	707- 444-8293	2259 Myrtle Ave., Eureka, CA 95501	http://changingtid esfs.org/child-care	Child Care, counseling, respite care, developmental and mental health services and other community resources.
Childcare	Child Development Lab (CDL), Cal Poly Humboldt		1 Harpst St., Arcata, CA 95521	<u>https://childrence</u> <u>nter.humboldt.edu</u> _/	The CDL is designed to provide a model preschool for children, create a learning center for university students, support and educate parents and serve as a research and instructional center for Cal Poly Humboldt. The CDL serves children from 2 years 9 months to 5 years of age. Any local family is eligible to enroll their children in the morning sessions Mondays through Fridays or afternoon sessions Mondays through Thursdays.

Category	Name	Business Phone	Address	Website	Description
Childcare	College of the Redwoods: Child Development Center	707-476-4337	7351 Tompkins Hill Road, Eureka, CA 95503	https://www.redw oods.edu/cdc	Open to the community. For children age 18 months to 5 years old. The center serves as a laboratory for Early Childhood Education students, and enriching, educational childcare for children of CR student parents, staff and faculty.
Childcare	North Coast Children's Services	707-822-7206	1266 Ninth St., Arcata, CA 95521		Early Head Start serves pregnant women to 3 year old children. Head Start and State Preschools serve 3 to 5 year old children. NCS offers programs in home and/or at a center. NCS center programs are for 2 to 5 year old children and have various hours. Bilingual staff are available. Call for information.
Civil Rights/Human Rights Advocacy	Humboldt Center for Constitutional Rights (HCCR)	707-633-9085	PO Box 685, Bayside, CA 95524	<u>http://www.humri</u> ghts.org	With a vision to ensure that every member of the Humboldt community feels confident expressing his or her constitutional rights the HCCR is ready to defend those rights should they be violated.
Civil Rights/Human Rights Advocacy	Humboldt County Human Rights Commission	707-476-2390	825 Fifth St., Room 111, Eureka, CA 95501	http://humboldtgo v.org/1308/Huma n-Rights- Commission	Aids in the eradication of discrimination in the county specifically in cases of employment, public services and housing.
Civil Rights/Human Rights Advocacy	Western Regional Advocacy Project (W.R.A.P.)	415-621-2533	2940 16th St., Suite 200-2, San Francisco, CA 94103	<u>http://wraphome.</u> org	W.R.A.P. was created to expose and eliminate the root causes of civil and human rights abuses of people experiencing poverty and homelessness in the community.
Clothing/Hygiene Resources	Arcata Pool	707-822-6801	1150 16th St., Arcata, CA 95521	<u>http://arcatapool.</u> <u>com/</u>	Facility use is \$8.75 for adults, \$7.50 for seniors, and \$5.00 for youths. Discounted price is \$4.00 for recipients with proof of SSI Disability, Medi-Cal, or EBT, also offered on children's swimming lessons.

Category	Name	Business Phone	Address	Website	Description
Clothing/Hygiene Resources	Betty's Showers (at St. Vincent de Paul's Free Dining Facility)	707-445-9588	35 W. Third St., Eureka, CA 95501	<u>http://bettychinn.</u> org/bettys- shower/	Showers available Mondays, Wednesdays and Fridays from 7 to 11 a.m. First come, first served. Sign up at the facility. Hygiene items and breakfast provided.
Clothing/Hygiene Resources	Eureka Rescue Mission - Men's Program	707-443-4551	110 Second St., Eureka, CA 95501	http://www.eurek arescuemission.or g/	Dinner and breakfast are served. For emergency shelter arrive between 5:30 to 6 p.m. People are released from 7 to 7:30 a.m. Showers are Tuesdays and Thursdays 1 to 3 p.m. Has a clothing closet. Walk-ins may be possible.
Clothing/Hygiene Resources	Fortuna Adventist Community Services	707-725-1166	2331 Rohnerville Road, Fortuna, CA 95540	<u>http://fortunaacs.</u> <u>com/</u>	Serving the Eel River Valley, provides info on community resources and operates a thrift store, clothing closet, and food pantry. Bilingual staff available Tues/Wed 9:30 to 11:30 a.m.
Clothing/Hygiene Resources	Frederick and Charles Beauty College	707-443-2733	831 F St., Eureka, CA 95501	<u>http://fandcbeaut</u> y.com/	Haircuts for \$12. Call for information on other lower cost services.
Clothing/Hygiene Resources	Our Savior's Lutheran Church	707-786-9619	425 Shaw Ave., Ferndale, CA 95536	https://www.face book.com/Our- Saviors-Ferndale- 379627908770538 L	Free clothing closet open on Wednesdays from 1 to 4 p.m., located directly behind church on Shaw Ave. Dry goods food pantry also available.
Clothing/Hygiene Resources	RAVEN Project <i>,</i> RCAA	707-443-7099	523 T St. (Drop- In Center), Eureka, CA 95501	<u>https://www.face</u> book.com/ravenpr oject/	Provides food, clothing, showers, and other services to houseless youth 21 years of age and younger.
Clothing/Hygiene Resources	Ruth's Room, Rio Dell Baptist Church	707-764-3811	100 Butcher St., Rio Dell, CA 95562	https://www.face book.com/pages/R io-Dell-Baptist- Church/36840006 7958	No cost clothing closet for everyone; Tuesdays at 10 a.m. to 1 p.m.

Category	Name	Business Phone	Address	Website	Description
Clothing/Hygiene Resources	Shower Care-A- Van, Affordable Homeless Housing Alternatives (AHHA) Closing Dec. 2022	707-268-1466 Closing Dec. 2022	840 E St., #18, Eureka, CA 95501 Closing Dec. 2022	<u>www.ahha-</u> <u>humco.org</u>	Mobile showers. AHHA's Care-A-Van is a pop-up care center for houseless community members. Services provided: Information and referral services, clean clothing, hygiene products, fresh food, non-perishables, cell phone charging and dog care products. Mobile showers. Call or visit the website for current locations/schedule. Closing Dec. 2022
Clothing/Hygiene Resources	Youthability Thrift Shop	707-822-5019	1309 11th St., Suite 110, Arcata, CA 95521	<u>https://youthabilit</u> y.org/youthability- thrift-shop	Store is a training center in which disadvantaged youth and young adults learn retail skills and basic workplace knowledge. Store proceeds fund the on-the-job training program. Low cost clothing, shoes, housewares, kitchen stuff, furniture, appliances. Tue - Sat 10 a.m6 p.m. Sun - Mon 11 a.m 6 p.m.
Dental Services	Burre Dental Center, Open Door Community Health Centers	707-442-7078	959 Myrtle Ave., Eureka, CA 95501		Mon 11 a.m 6 p.m. DENTAL ONLY. Primary dental care, including routine and preventive dental examinations and care for children and adults. Restorative care, including fillings, root canals, partial and full dentures, available by appointment. Same day, walk-in and urgent care provided for toothache, other oral pain and infection.
Dental Services	Denti-Cal (dental coverage for Medi-Cal beneficiaries)	800-322-6384		https://dental.dhc s.ca.gov/	Dental Services are one of the benefits under the Medi-Cal program. Denti-Cal administers coverage. Check website for help finding a provider.
Dental Services	Fortuna Community Health Center, Open Door Community Health Centers	707-725-4477	3750 Rohnerville Road, Fortuna, CA 95540	https://opendoorh ealth.com/services /dental/	Rectorative care including tillings root canals narrial and

Category	Name	Business Phone	Address	Website	Description
Dental Services	K'ima:w Medical Center	530-625-4261	535 Airport Road, Hoopa, CA 95546	<u>https://kimaw.org</u> _	Provides high-quality health care to the Native American people and all others seeking services on the Hoopa Valley Indian Reservation and surrounding areas.
Dental Services	Oral Health Program, DHHS Public Health	707-572-6851	908 Seventh St., Eureka, CA 95501	<u>http://www.smile</u> <u>humboldt.org/</u>	Oral Health resources, training, education and preventive services in schools identified with high untreated rates of decay. Tobacco cessation and Rethink Your Drink resources in dental offices, and Brush, Book, Bed materials for parents of children ages 0-5. Supported by Prop 56 funding.
Dental Services	Redwoods Rural Health Center (Dental)	707-923-4313	101 West Coast Road, Redway, CA 95560	<u>http://www.rrhc.o</u> rg/dental-clinic	Provides responsive, preventive, high quality primary health care services through a variety of healing disciplines, to all people without regard to social or economic status. Geographic service area is from Rio Dell to Piercy.
Dental Services	Smile Humboldt Family, DHHS Public Health	707-476-4949	908 Seventh St., Eureka, CA 95501	<u>https://humboldtg</u> ov.org/655/Oral- <u>Health</u>	Care coordination and support for children ages 0-12 on Medi-Cal who are considered high risk. Dental coaches help families make dentist appointments, assist with specific dental needs and provide oral health education and oral health supplies to the whole family. This program is operated by Maternal, Child and Adolescent Health.
Dental Services	United Indian Health Services (Potawat Village, Arcata)	530-625-4300	1600 Weott Way, Arcata, CA 95521	<u>http://www.unite</u> <u>dindianhealthservi</u> <u>ces.org</u>	Direct health care services are made available to eligible people of Indian descent and eligible non-Indian members (married to, or the child of a person who is an "enrolled member").
Dental Services	United Indian Health Services (Weitchpec)	707-725-7988	Libby Nix Community Center, Highway 96, Weitchpec, CA 95546	<u>http://www.unite</u> <u>dindianhealthservi</u> <u>ces.org/</u>	Direct health care services are made available to eligible people of Indian descent and eligible non-Indian members (married to, or the child of a person who is an "enrolled member").

Category	Name	Business Phone	Address	Website	Description
Developmental/ Intellectual Disability Services	Butler Valley	707-442-2451	4635 Broadway, Eureka, CA 95503	http://www.butler valley.org/	Provides residential services and day program to individuals with intellectual disabilities; facilities in Arcata and Eureka.
Developmental/ Intellectual Disability Services	Creating Behavioral and Educational Momentum (CBEM)	707-798-6220		<u>http://www.cbeml</u> lc.com/	Available only to Regional Center clients. CBEM provides crisis services to individuals with developmental or intellectual disabilities. CBEM prescribes to both Applied Behavior Analysis and Mental Health principles. Unlike facility-based programs, CBEM meets clients in their homes, schools, group homes and in the community.
Developmental/ Intellectual Disability Services	Early Start	800-515-BABY, 833-421-0061		https://www.dds.c a.gov/services/earl y-start/what-is- early-start	Early Start is a statewide interagency system of coordinated early intervention services for infants and toddlers with, or at risk of, disabilities or developmental delays, and their families. EarlyStart@dds.ca.gov.
Developmental/ Intellectual Disability Services	Humboldt Community Access and Resource Center (HCAR)	707-443-7077 x 1	1707 E St., Suite 2, Eureka, CA 95501	https://www.visitr edwoods.com/listi ng/humboldt- community- access-%26- resource- (hcar)/890/	Serves those with developmental/intellectual disabilities by promoting individual independence, community inclusion and family unity through a wide variety of services and supports.
Developmental/ Intellectual Disability Services	Redwood Coast Regional Center (RCRC)	707-445-0893	525 Second St., Suite 300, Eureka, CA 95501	http://www.redw oodcoastrc.org	Offers services and supports for children and adults with developmental/intellectual disabilities who live in Del Norte, Humboldt, Lake and Mendocino counties.
Developmental/ Intellectual Disability Services	State Council on Developmental Disabilities, North Coast Regional Office	707-463-4700	505 S. State St., Ukiah, CA 95482	www.scdd.ca.gov	The State Council on Developmental Disabilities advocates for full inclusion and participation of people with intellectual and developmental disabilities in their own communities.

Category	Name	Business Phone	Address	Website	Description
Disability-related Resources	Adult Day Health Care of Mad River	707-822-4866	3800 Janes Road, Arcata, CA 95521	<u>https://adhcmadri</u> <u>ver.org/</u>	Provides services for medically at-risk adults with developmental delays, mental health diagnoses, dementia/Alzheimer's, traumatic brain injuries and serious chronic medical issues. Medi-Cal provider. Serves Arcata/Eureka area, including Fieldbrook, McKinleyville and Blue Lake. Participants are at the program site from 2 to 5 days per week, Monday through Friday for a minimum of four hours per day.
Disability-related Resources	CA Department of Rehabilitation	707-445-6300	1330 Bayshore Way, Suite 101, Eureka, CA 95501	<u>http://www.dor.ca</u> .gov/	Works in partnership with consumers and other stakeholders to provide services and advocacy resulting in employment, independent living and equality for individuals with disabilities.
Disability-related Resources	California Phones, CA Telephone Access Program (CTAP)	800-806-1191		<u>https://californiap</u> <u>hones.org/</u>	CTAP offers free, specialized phones designed for individuals who have restricted mobility, speech impairments or who are blind or deaf. A program of CA's Public Utilities Commission Deaf and Disabled Communication Program. Requires application and verification of impairment.
Disability-related Resources	Community Disability Resource Guide (Tri-County Independent Living)			http://www.tilinet .org/wp- content/uploads/2 016/09/Communit y-Disability- Resource-Guide- v1.0.pdf	A comprehensive guide developed to help people with disabilities and their service providers find needed services.
Disability-related Resources	Creative Inclusion, LLC	707-633-5588		www.creativeinclu sion.us	Creative Inclusion is an Arcata-based, disabled-woman owned business that provides accessibility education and training services including: Accessible walkability and wayfinding advisement; inclusive event planning; accessible meeting facilitation training; disability awareness/etiquette and customer service training; policy development services and usability testing.

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Category	Name	Business Phone	Address	Website	Description
Disability-related Resources	Dial-A-Ride	707-443-0826	133 V St., Eureka, CA 95501	<u>http://www.hta.or</u> g	The certification process for travelers with disabilities to use paratransit/dial-a-ride services in Humboldt County is performed through Humboldt Transit Authority (HTA), although the service is a collaboration with the Humboldt Community Access and Resource Center. Visit HTA's website for appropriate form.
Disability-related Resources	Early Start	1-800-515- BABY		https://www.dds.c a.gov/services/earl y-start/what-is- early-start	Early Start is a statewide interagency system of coordinated early intervention services for infants and toddlers with, or at risk of, disabilities or developmental delays and their families. EarlyStart@dds.ca.gov.
Disability-related Resources	Easy Call, Advanced Security Systems	707-443-6366	1336 Fourth St., Eureka, CA 95501	http://www.advan cedsecurity.us	"I've fallen and can't get up," EasyCall button for seniors/disabled people.
Disability-related Resources	Food For People (Homebound Delivery Program)	707-445-3166 x 309	Call to schedule delivery.	http://foodforpeo ple.org/programs/ homebound- delivery-program	Volunteers deliver a monthly bag of groceries for adults younger than 60 years old who are too ill or disabled to leave home. Requires a referral from a medical professional. See website for application and referral form.
Disability-related Resources	Fortuna Senior Bus	707-725-7625	5 Park St., Fortuna, CA 95540	https://www.frien dlyfortuna.com/de partments/fortuna transit.php	Reservation and dispatcher-based system, which means you call dispatchers to schedule the times you need the bus. Buses servicing seniors and people with disabilities (disability under 50 with doctor's note) \$2.50/ride or 15 trips for \$22.50.
Disability-related Resources	Fortuna Transit	707-725-7625		https://www.frien dlyfortuna.com/de partments/fortuna transit.php	Provides transportation within the Fortuna City limits to people who are at least 50 years of age or people with a disability; Monday through Friday 8:30 a.m. to 4 p.m.

Category	Name	Business Phone	Address	Website	Description
Disability-related Resources	Humboldt Senior Resource Center/Adult Day Health Services	707-443-9747	1910 California St., Eureka, CA 95501 and 3200 Newburg Road, Fortuna, CA 95540	<u>www.humsenior.o</u> <u>rg</u>	Adult Day Health is a licensed, therapeutic day program that offers comprehensive care, activities, health monitoring, therapies, social services, meals and transportation for adults age 18 and older with chronic conditions or disabilities. The program is designed to help participants stay mentally and physically active, reduce isolation, improve or maintain their health, and prevent decline of their abilities.
Disability-related Resources	In-Home Supportive Services (IHSS), DHHS Adult Services	707-476-2100, Toll free: 866- 527-8614	808 E St., Eureka, CA 95501	https://humboldtg ov.org/502/In- Home-Supportive- Services	IHSS is an alternative to costly out-of-home care such as nursing homes; provides aid to blind, aged, and disabled individuals who are unable to remain safely in their own home without the aid of a care provider.
Disability-related Resources	PG&E: Medical Baseline Program			https://www.pge.c om/en_US/residen tial/save-energy- money/help- paying-your- bill/longer-term- assistance/longer- term- assistance.page	The Medical Baseline Program, also known as Medical Baseline Allowance, is an assistance program for residential customers who have special energy needs due to qualifying medical conditions. The program includes two different kinds of help: a lower rate on monthly energy bill, and extra notifications in advance of a Public Safety Power Shutoff.
Disability-related Resources	Social Security Administration	866-828 1991	3144 Broadway St., Eureka, CA 95501	<u>http://www.ssa.go</u> v/	Administers Social Security disability and retirement benefits. Mondays, Tuesdays, Thursdays, Fridays 9 a.m. to 4 p.m., Wednesdays 9 a.m. to noon.
Disability-related Resources	Tri-County Independent Living	707-445-8404	139 Fifth St., Eureka, CA 95501	<u>http://www.tilinet</u> .org/	Services aimed toward people with disabilities. Information is available on a number of topics including finances, Social Security, accessible housing, service dogs, technical equipment and accessibility in the community.

Category	Name	Business Phone	Address	Website	Description
Discounts & Reduced Fee	Access from AT&T (low cost internet access)			https://www.att.c om/shop/internet/ access/index.html ?source=ECmj000 000000mbU&wtE xtndSource=access #/	AT&T offers low-cost wireline home internet service to qualifying households, including households with an SSI or CalFresh recipient.
Discounts & Reduced Fee	Affordable Connectivity Program (ACP)			<u>https://www.usac.</u> org/about/afforda <u>ble-connectivity-</u> program/	The ACP provides a discount of up to \$30 per month on broadband services for eligible consumers. Consumers who live on qualifying Tribal lands can receive enhanced support of up to \$75 per month toward broadband services. The ACP began accepting consumer applications and enrollments. To apply, visit affordableconnectivity.gov.
Discounts & Reduced Fee	Amazon			<u>www.Amazon.com</u>	Amazon Prime is available for \$6.99 a month for qualifying customers with an EBT card or a Medicaid Card (Medi-Cal in California, card is called a BIC.) Includes the music and video streaming libraries and free shipping.
Discounts & Reduced Fee	Arcata Pool	707-822-6801	1150 16th St., Arcata, CA 95521	<u>http://arcatapool.</u> <u>com/</u>	Facility use is \$8.75 for adults, \$7.50 for seniors, and \$5.00 for youths. Discounted price is \$4.00 for recipients with proof of SSI Disability, Medi-Cal or EBT, also offered on children's swimming lessons.
Discounts & Reduced Fee	Assurance Wireless (low cost cell phone/plans)	888-321-5880	PO Box 5040, Charleston, IL 61920	http://www.assur ancewireless.com/ Public/Welcome.a spx	Assurance Wireless is a California LifeLine provider for cell phones: It is a government benefit program supported by the federal Universal Service Fund and the California LifeLine Program. Enrollment is available to consumers who qualify based on household income or who receive certain public assistance programs, like Medi-Cal or CalFresh. Form available on website.

Category	Name	Business Phone	Address	Website	Description
Discounts & Reduced Fee	CarrollCo Energy Savings Assistance Program	559-396-3939	3104 N. Miami Ave., Fresno, CA 93727	https://carrollco.n et/energy-savings- assistance	CarrollCo, as part of PG&E's Energy Savings Assistance Program, is responsible for helping Humboldt County renters and owners improve the weatherization of their residences. Call to learn more, and see if a household qualifies for free services. Informational fliers will be provided upon request.
Discounts & Reduced Fee	Coast2CoastRX	800-931-8872		https://www.coast 2coastrx.com/	Coast2CoastRx Card is a free prescription coupon card provided by community governments. Cardholders save on both brand name and generic drugs. Endorsed by County of Humboldt.
Discounts & Reduced Fee	Golden Bear Pass	916- 651-0515	744 P St., Sacramento, CA 95814	https://cdss.ca.gov /goldenbearpass	For CalWORKs families: The pass provides free entry at more than 200 state parks and beaches, ensuring more Californians will have access to the outdoors, regardless of their ZIP code.
Discounts & Reduced Fee	ID Card from DMV				DMV Reduced Fee: Can receive a form from DHHS-Social Services for reduced DMV fee for ID if receiving CalFresh, CalWORKs or other benefits. DMV Fee Waiver: People experiencing homelessness may get a form from many organizations serving persons experiencing homelessness, as well as at DHHS-Social Services.
Discounts & Reduced Fee	Morris Graves Museum of Art	707-442-0278	636 F St., Eureka, CA 95501	https://www.visitr edwoods.com/listi ng/morris-graves- museum-of- art/389/	The museum features exhibitions from artists, both local and from around the world. Families with EBT Cards (CalFresh/CalWORKs) can visit for free any day.

Category	Name	Business Phone	Address	Website	Description
Discounts & Reduced Fee	PG&E: California Alternate Rates for Energy Program (CARE)			https://www.pge.c om/en_US/residen tial/save-energy- money/help- paying-your- bill/longer-term- assistance/longer- term- assistance.page	CARE is a PG&E discount program that helps eligible customers pay their energy bills. CARE provides a monthly discount of 20% or more on gas and electricity. Participants qualify through income guidelines or if enrolled in certain public assistance programs including CalFresh and Medi-Cal
Discounts & Reduced Fee	PG&E: Family Electric Rate Assistance Program (FERA)			https://www.pge.c om/en_US/residen tial/save-energy- money/help- paying-your- bill/longer-term- assistance/longer- term- assistance.page	
Discounts & Reduced Fee	PG&E: Medical Baseline Program			https://www.pge.c om/en_US/residen tial/save-energy- money/help- paying-your- bill/longer-term- assistance/longer- term- assistance.page	

Category	Name	Business Phone	Address	Website	Description
Discounts & Reduced Fee	Sequoia Park Zoo		3414 W St., Eureka, CA 95503	<u>http://www.sequo</u> iaparkzoo.net/	Sequoia Park Zoo is the oldest zoo in California and one of the smallest accredited zoos in the country. EBT (CalFresh/CalWORKs) and BIC (Medi-Cal) cardholders with ID are eligible for reduced admission at the ticket booth. EBT/BIC cardholders may purchase tickets for \$4 per person, for up to five people in their group. Agencies may apply for equitable access tickets for clients via the Everyone's Zoo program. Please email everyoneszoo@sequoiaparkzoo.net for more information.
Domestic/Intimate Partner Violence	Crisis Services: Humboldt Domestic Violence Services	707-443-6042, 707-444-9255 (Business)	Eureka, CA	<u>http://www.hdvs.</u> org/	24-hour support line; emergency shelter and SafeHaven program for survivors and their children; peer support groups; emergency food, clothes, toiletries, and TAP support; advocacy and accompaniment to law enforcement, hospitals, and court; assistance with DV restraining orders and 1 on 1 peer counseling (by appointment only). All services except for the hotline require a personal intake and determination of eligibility.
Domestic/Intimate Partner Violence	Domestic Violence 101 Resources List			https://lostcoasto utpost.com/loco- media/loco- media/blog/post/2 8194/Domestic%2 BViolence%2B101 %2BResource%2BL ist%2B%25281%25 29.pdf	Extensive listing from a Summer 2020 forum on domestic violence.

Category	Name	Business Phone	Address	Website	Description
Domestic/Intimate Partner Violence	Family Violence Project (FVP), Humboldt Family Services Center	707-443-7358	1802 California St., Eureka, CA		Offers a 52-week FVP for people who have been court- mandated. Offers several different men's FVP groups and is currently forming a new women's FVP group.
Domestic/Intimate Partner Violence	New Beginnings	24/7 Help Line: 206-737-0242, Office: 206- 783-4520	PO Box 75125, Seattle, WA 98175-0125	<u>http://www.newb</u> <u>egin.org/</u>	Provides services to those whose lives have been affected by domestic violence - physical, emotional or sexual abuse.
Domestic/Intimate Partner Violence	North Coast Rape Crisis Team	707-443-2737 (Eureka office), 707-445-2881 (Eureka hotline), 707- 465-6961 (Del Norte office)	PO Box 1011, Eureka, CA 95502	<u>http://www.ncrct.</u> org/	Serves survivors of all ages and genders who have experienced sexual abuse and the non-offending people who care about them. 24-hour crisis line, in-person counseling, support group, advocacy, accompaniment, information and referrals, prevention education.
Domestic/Intimate Partner Violence	Project Connect, Ki'ma:w Medical Center, Hoopa Valley Tribe	530-625-4261 ext 401 and 402	535 Airport Road, Hoopa, CA 95546	<u>https://kimaw.org</u> _	A public health initiative to address domestic violence and sexual assault through community interaction and education. Focus on prevention.
Domestic/Intimate Partner Violence	Wiyot Tribe Health & Human Services	707-733-5055	Wiyot Tribe, 1000 Wiyot Drive, Loleta, CA 95551	https://www.wiyo t.us/258/Rourragu ou-Muk-All-My- RelationsFamily	There are a wide variety of social services offered for enrolled Wiyot citizens and their families. Some services are based on need and/or income qualification. Programs include: Eel River Effective Learning Option for Non- Violence (EEL-ON), Motherhood/Fatherhood is Sacred, Talking Circles, Positive Indian Parenting and Linking Generations by Strengthening Relationships.

Category	Name	Business Phone	Address	Website	Description
Domestic/Intimate Partner Violence	Women's Crisis Shelter in Southern Humboldt (WISH)	707-923-4100		<u>https://wishshelte</u> <u>r.org/</u>	WISH offers temporary refuge for women and children in crisis and provides them with direct services that will assist them to move from trauma to self-empowerment.
Education	Cal Poly Humboldt	707-826-3011	1 Harpst St., Arcata, CA 95521	<u>http://www.humb</u> <u>oldt.edu</u>	California's third state Polytechnic University provides classes to achieve bachelor's and master's degrees.
Education	College of the Redwoods	707-476-4100	7351 Tompkins Hill Road, Eureka, CA 95501	<u>https://www.redw</u> oods.edu/	A junior college offering classes that can lead to certifications and Associates Degrees. Prerequisites in IGETC (Inter-segmental General Education Transfer Curriculum) for university transfer available.
Education	Education- Related Resources for Foster Youth	707-923-3921	509 Elm St., Garberville, CA 95542	http://www.shchd .org	A document issued by the CA Department of Social Services that lists several education-related resources for youth in foster care.
Education	English Express	707-443-5021	PO Box 11, Cutten, CA 95534	<u>https://englishexp</u> <u>ressempowered.c</u> <u>om/</u>	English Express catalyzes personal and social change for local immigrants through English language education and connections to community resources. English Express offers online adult English language classes in Humboldt, Curry, Del Norte and Trinity counties. Classes are free, for all English language levels and first languages, year-round, and pre-registration is not required. Students may join anytime throughout the semester.
Education	Eureka Adult School	707-441-2400	2100 J St., Eureka, CA 95501	http://www.eurek acityschools.org	The Career and Education Center at Eureka Adult School provides an affordable, flexible way to expand employment opportunities. Most classes are offered on a quarterly schedule, and some are open for mid-class enrollment.

Category	Name	Business Phone	Address	Website	Description
Education	Free Application for Federal Student Aid (FAFSA)	800-433-3243		<u>https://studentaid.</u> gov/h/apply-for- aid/fafsa	A federally funded single source to find out all financial aid options a person may be eligible for (including grants, loans, etc.) from one application. Part-time and full-time students are eligible, with emphasis on helping those with lower incomes.
Education	Humboldt County Library	707-269-1900	1313 Third St., Eureka, CA 95501	<u>https://humboldtg</u> <u>ov.org/1346/Publi</u> <u>c-Library</u>	A vital community resource, the library provides services through the Main Library in Eureka, 10 branch libraries, and a bookmobile. Everyone is welcome to visit and use the Humboldt County Library. Library Cards are free of charge to Humboldt County residents with a permanent local mailing address. "Express" Library Cards are free of charge and available without providing an address.
Education	Humboldt Literacy Project (Eureka)	707-445-3655	537 G St., Suite 203, Eureka, CA 95501	https://www.face book.com/Humbol dtLiteracyProject/	Teaching adults the literacy skills they need on the job, at home and in the community.
Education	Humboldt Literacy Project (Fortuna)	707-725-0655	922 N St., Fortuna, CA 95540	https://www.hum boldtliteracy.org/c ontact	Teaching adults the literacy skills they need on the job, at home and in the community.
Education	Mattole Field Institute, MRC	707-629-3514	29230 Mattole Road, PO Box 160, Petrolia, CA 95558	www.mattole.org/ programs/educati on/field-institute/	The Mattole Field Institute connects university programs with local communities through collaborative, field-based education in applied sciences, natural resources, and the arts, humanities and social sciences.
Employment & Training	Blue Lake Casino, Career Opportunities	877-252-2946	777 Casino Way, Blue Lake, CA 95525	http://www.bluela kecasino.com/care ers/	Career opportunities at the Blue Lake Casino and Hotel.
Employment & Training	CA Department of Rehabilitation	707-445-6300	1330 Bayshore Way, Suite 101, Eureka, CA 95501	<u>http://www.dor.ca</u> .gov/	Works in partnership with consumers and other stakeholders to provide services and advocacy resulting in employment, independent living and equality for individuals with disabilities.

Category	Name	Business Phone	Address	Website	Description
Employment & Training	Cal Poly Humboldt, Career Opportunities	707-826-3626	Siemens Hall 212, 1 Harpst St., Arcata, CA 95521	https://hraps.hum boldt.edu/	Cal Poly Humboldt's Human Resources web page. Browse open staff, faculty or management positions.
Employment & Training	CalJOBS, Online Job Search	800-758-0398		www.caljobs.ca.go v	A state-run website for job seekers to find local and state wide job openings in California. Contact the help desk Mon- Fri between 8 a.m. and 5 p.m. for assistance with account set-up, website issues or general information.
Employment & Training	County of Humboldt, Career Opportunities			https://www.gove rnmentjobs.com/c areers/humboldtc ountyca	List of Humboldt County job openings for all interested job seekers. Find openings for all county departments. Numerous entry level and advanced positions. Sign up for "interest cards" to be notified automatically of openings in your area of interest.
Employment & Training	Education at Work, Career Technical Education (CTE)	707-445-7000	901 Myrtle Ave., Eureka, CA 95501	<u>http://internet.hu</u> mboldt.k12.ca.us/ <u>cte.php</u>	CTE programs offer both academic and career-oriented training that prepare youth and adults for a wide range of high-wage, high-skill, and high-demand careers. CTE programs are found in high schools, community and technical colleges, four-year universities and more.
Employment & Training	Employment Training Division, Social Services, DHHS	707-441-4600	929 Koster St., Eureka, CA 95501	<u>http://humboldtgo v.org/543/Employ</u> <u>ment-Training</u>	Provides a comprehensive range of workforce preparation and job search assistance for individuals involved with several county programs including CalWORKs, General Relief, Helping Humboldt, Probation and Transitional-Age Youth as well as wage subsidies and job placement assistance for employers.
Employment & Training	Express Employment Professionals	707-268-1866	14 W. Wabash Ave., Eureka, CA 95501	http://eurekaca.ex presspros.com/	A temp agency that serves local businesses with both full- time and temporary staffing and job placement in addition to providing human resource services and consulting.

Category	Name	Business Phone	Address	Website	Description
Employment & Training	Human Resources Department, Open Door Community Health Centers	707-826-8633 x 5175	1275 Eighth St., Arcata, CA 95521	https://opendoorh ealth.com/careers /	Career and provider partnership opportunities currently offered by Open Door Community Health Centers.
Employment & Training	Humboldt County Craigslist: Jobs			https://humboldt. craigslist.org/d/job s/search/jjj	Online local listing of job opportunities posted by employers.
Employment & Training	Indeed, Online Job Search			www.indeed.com	Job site: Indeed helps companies of all sizes hire the best talent and offers the best opportunity for job seekers to get hired.
Employment & Training	Monster, Online Job Search			<u>www.monster.co</u> <u>m</u>	Monster is a global online employment solution for people seeking jobs and for employers who need great people.
Employment & Training	Northern California Indian Development Council	707-445-8451	241 F St., Eureka, CA 95501	<u>http://www.ncidc.</u> org/	Services available to American Indians [Native Americans]: Job/career counseling, community service block grants for emergency services, computer use, disaster planning resources, etc.
Employment & Training	Pathway to Payday	707-407-3833	133 Seventh St., Eureka, CA 95501	<u>http://bettychinn.</u> org/	Pathway to Payday is a job workshop series that provides participants with application and interviewing tips as well as real interviews from businesses with open positions. The workshop takes place six times a year. Call for more information about this program.
Employment & Training	Sequoia Personnel Services	707-445-9641	436 Harris St., Eureka, CA 95503	http://www.sequo iapersonnel.com/	Full service Employment Agency including permanent placement and temporary services: Works to help all members of the area with their employment needs.

Category	Name	Business Phone	Address	Website	Description
Employment & Training	The Job Market	707-444-2222, 707-441-5627	409 K St., Eureka, CA 95501	http://www.edd.c a.gov/	Education and training geared towards those who have been laid off, dislocated, or are re-entering the workforce. A variety of services geared toward employment and unemployment are offered. Unemployment insurance benefit information.
Financial Assistance with Training and Supports	California Tribal Temporary Assistance for Needy Families (TANF) Partnership	707-476-0344	636 H St., Eureka, CA 95501	<u>http://www.cttp.n</u> <u>et/</u>	Provides educational training, career and employment opportunities toward self-sufficiency through various supported services and programs with temporary financial assistance.
Financial Assistance with Training and Supports	California Work Opportunity and Responsibility to Kids (CalWORKs), Social Services, DHHS	877-410-8809	929 Koster St., Eureka, CA 95501, and other locations.	<u>http://humboldtgo v.org/525/CalWOR Ks</u>	The CalWORKs program is CA's Temporary Assistance for Needy Families (TANF) program. It provides temporary financial assistance and employment-focused services to families with minor children. Must meet income/property limits. Fortuna, Garberville, Hoopa and McKinleyville offices.
Financial Assistance with Training and Supports	General Relief, Social Services, DHHS	707-269-4106	929 Koster St., Eureka CA 95501		A county-funded general assistance program for indigent county residents that offers repayable benefits. Individual must meet restrictive income and property limits. Assistance to disabled recipients with processing of applications for SSI/SSP. Not for people with children.
Financial Assistance with Training and Supports	Healthy Kids Humboldt, Providence, St. Joseph Hospital	707-442-6066	2200 Harrison Ave., Eureka, CA 95501	https://www.stjoe humboldt.org/for- community/health y-kids-humboldt/	Assistance with applications for free or low cost health insurance, connections to healthy food and nutrition services and referrals to social services programs. Staff provide free tax preparation services offered year-round to low-to moderate-income individuals and families.

Category	Name	Business Phone	Address	Website	Description
Financial Assistance with Training and Supports	Hoopa Valley Tribal Temporary Assistance to Needy Families (TANF)	530-625-4816	82 Willow St., Hoopa, CA 95546	<u>http://www.hoopa</u> <u>tanf.com/</u>	The Hoopa Tribal TANF program is designed to provide opportunities for eligible needy native families to support in the development of native communities.
Financial Assistance with Training and Supports	Karuk Tribal Temporary Assistance to Needy Families (TANF)	530-493-1440	533 Jacobs Way, PO Box 1016, Happy Camp, CA 96039	http://www.karuk. us/index.php/depa rtments/tanf- dept/138-tanf	Mission: To preserve and strengthen the children and families of the Karuk Tribe and other Native American Tribes through an effective social welfare system that empowers individuals and families to work toward and achieve self-sufficiency, sobriety, and to become loving responsible parents in a culturally relevant way.
Financial Assistance with Training and Supports	Money! Search & Rescue Program, RCAA	707-269-2048	904 G St., Eureka, CA 95501	<u>www.rcaa.org</u>	The "Money! Search and Rescue" program provides free educational support in money management to lower- income and economically vulnerable families and individuals living in Humboldt County. By sharing money practices and resources that are simple, informative and practical, clients develop the knowledge and tools they need to navigate a wide variety of financial topics.
Financial Assistance with Training and Supports	North Coast Regional Department of Child Support Services	866-901-3212	2420 Sixth St., Eureka, CA 95501	<u>http://humboldtgo</u> v.org/DCSS	Caring professionals serving Humboldt and Trinity families living in separate households. Utilizes legal practices to establish paternity and resolve financial issues related to supporting their children. Mediated child support and time share agreements, and free budgeting skills education for parents using Department services. Learn more at https://www.youtube.com/watch?v=LtjAlT63ORM.
Financial Assistance with Training and Supports	Social Security Administration	866-828 1991	3144 Broadway St., Eureka, CA 95501	<u>http://www.ssa.go</u> v/	Administers Social Security disability and retirement benefits. Mondays, Tuesdays, Thursdays, Fridays 9 a.m. to 4 p.m., Wednesdays 9 a.m. to noon.

DHHS and Providence St. Joseph's do not endorse listed services, and cannot guarantee accuracy or completeness. For information only. Page 39 of 120

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Category	Name	Business Phone	Address	Website	Description
Financial Assistance with Training and Supports	Tsunami Enterprises	707-463-2546	PO Box 608, Ukiah, CA 95482	http://www.tsuna mi-enterprises.org	Provides representative payee and money management services. Only for SSI or SSA.
Financial Assistance with Training and Supports	VITA: Volunteer Income Tax Assistance, 2-1-1	2-1-1, 707-441- 1001, 877-460- 6000		<u>https://211humbo</u> ldt.org/	FREE tax preparation services offered year-round for low- to-moderate income individuals and families. Bilingual services available. Services offered at various locations throughout county. Please call or visit website for more information.
Financial Assistance with Training and Supports	Wiyot Tribe Health & Human Services	707-733-5055	Wiyot Tribe, 1000 Wiyot Drive, Loleta, CA 95551	https://www.wiyo t.us/31/Health- Human-Services- click-here-for-lis	There are a wide variety of social services offered for enrolled Wiyot citizens and their families. Some services are based on need and/or income qualification.
Financial Assistance with Training and Supports	Yurok Social Services Department, Yurok Tribe	707-482-1350	190 Klamath Blvd., PO Box 1027, Klamath, CA 95547	tribe.org/departm	Mission: To help tribal members and families achieve independence, self-sufficiency and healthy, productive communities. Services include: General Assistance, Food Distribution, Low-Income Home Energy Assistance Program, Tribal TANF and the Yurok Domestic Violence/Sexual Assault Project.
Financial Assistance with Training and Supports	Yurok Tribal Temporary Assistance to Needy Families (TANF), Yurok Tribe	707-482-1350	3400 Erie St., Eureka, CA 95501 and 190 Klamath Blvd., PO Box 1027, Klamath, CA 95548	http://www.yurok tribe.org/departm ents/socialservices /socialservicestanf 1.htm	Mission: To beln Yurok needy families work toward and
Food - Meals	Betty's Blue Angel	707-407-3833	133 Seventh St., Eureka, CA 95501	http://www.bettys blueangel.com/	Breakfasts and dinners provided throughout Humboldt County.

Category	Name	Business Phone	Address	Website	Description
Food - Meals	Eureka Rescue Mission - Men's Program	707-443-4551	110 Second St., Eureka, CA 95501	http://www.eurek arescuemission.or g/	Hot meals offered daily. Breakfast at 6 a.m. on weekdays and 7 a.m. on weekends. Dinner begins at 6:30 p.m.
Food - Meals	Eureka Rescue Mission-Women & Children's Program	707-443-5016	107 Third St., Eureka, CA 95501	http://www.eurek arescuemission.or g/	Hot meals offered. Breakfast offered at 8 a.m. on Tuesdays. Dinner is served daily at 5:30 p.m.
Food - Meals	Humboldt Senior Resource Center/ Heritage Cafe (Eureka)	707-442-1181	1910 California St., Eureka, CA 95501	www.humsenior.o rg	Call for reservations. If age 60 or older, contribution of \$3.50 suggested but not required. If younger than 60, \$8 per meal. Call for more information and schedule.
Food - Meals	Humboldt Senior Resource Center/Heritage Cafe (Arcata)	707-825-2027	321 Dr Martin Luther King Jr. Parkway, Arcata, CA 95521	<u>www.humsenior.o</u> rg	Call for reservations. If age 60 or older, contribution of \$3.50 suggested but not required. If younger than 60, \$8 per meal. Call for more information and schedule.
Food - Meals	Humboldt Senior Resource Center/Heritage Cafe (Fortuna)	707-725-6245	Gene Lucas Community Center, 3000 Newburg Road, Fortuna, CA 95540	www.humsenior.o rg	Call for reservations. If age 60 or older, contribution of \$3.50 suggested but not required. If younger than 60, \$8 per meal. Call for more information and schedule.
Food - Meals	Humboldt Senior Resource Center/Meals on Wheels	707-443-9747		www.humsenior.o rg	Meals on Wheels Redwood Coast provides meals to homebound older adults in Arcata, Eureka, Fortuna and McKinleyville. Drivers also provide "wellness checks" for clients on their routes.

Category	Name	Business Phone	Address	Website	Description
Food - Meals	St. Vincent de Paul Free Dining Facility	707-445-9588	35 W. Third St., Eureka, CA 95501 and 513 K St., Arcata, CA 95521		Hot lunch is served seven days a week, from 11 a.m. to 12:30 p.m. except for the first two weekends of the month.
Food - Other Resources	Cal Poly Humboldt, "Oh SNAP!"	707-826-4565	Recreation and Wellness Center, Room 122, Cal Poly Humboldt, 1 Harpst St., Arcata, CA 95521	<u>http://hsuohsnap.</u> org/	Oh SNAP! Services for Cal Poly Humboldt students include campus food pantry, cooking classes, CalFresh application assistance. Pantry open Tuesdays and Thursdays 9 - 11 a.m. and 1 - 5 p.m., Fridays 9 - 11 a.m. and 2 - 6 p.m.
Food - Other Resources	CalFresh, Social Services, DHHS	877-410-8809	929 Koster St., Eureka, CA 95501, and other locations.	<u>http://humboldtgo</u> v.org/calfresh	CalFresh is California's federal Supplemental Nutrition Assistance Program (SNAP). Applications taken over the phone at 877-410-8809, at DHHS-Social Services (Mon - Fri 7:30 a.m 5:30 p.m.) and at BenefitsCal.com or GetCalFresh.org. Call for other locations/application methods. Fortuna, Garberville, Hoopa and McKinleyville offices.
Food - Other Resources	Cooperation Humboldt, Garden	707-502-2492	PO Box 7248, Eureka, CA 95502	<u>https://cooperatio</u> <u>nhumboldt.com/m</u> <u>ini-gardens-3/</u>	Volunteers deliver a customized small garden setup at no charge. It is the recipient's responsibility to maintain mini- garden (advice and support offered if needed). In 2022, mini gardens are available to low-income families with one or more children aged 8 or younger. (There is no eligibility requirement or proof of income).
Food - Other Resources	Food For People (Homebound Delivery Program)	707-445-3166 x 309	Call or go to website.	http://foodforpeo ple.org/programs/ homebound- delivery-program	Volunteers deliver a monthly bag of groceries for adults younger than 60 years old who are too ill or disabled to leave home. Requires a referral from a medical professional. See website for application and referral form.

Category	Name	Business Phone	Address	Website	Description
Food - Other Resources	Hoopa Valley Tribe, Food Distribution Program	530-625-4211 Fax 530-625- 4594	11860 Hwy 96, PO Box 1348, Hoopa, CA 95546	<u>a-</u> <u>nsn.gov/departme</u>	The Food Distribution Program on Indian Reservations (FDPIR) is a federal program that provides USDA foods to low-income households living on Indian reservations. Office Hours: Mon-Fri 8 a.m. to 5 p.m. Website has food distribution forms.
Food - Other Resources	Parents Nutrition Center	707-440-0785	Bayshore Mall Food Court, 3300 Broadway, Eureka, CA 95501	https://www.face book.com/Parents -Nutrition-Center- 110119264843332	Latina-owned storefront offers a place to purchase WIC items.
Food - Other Resources	RAVEN Project, RCAA	707-443-7099	523 T St., Eureka, CA 95501	https://www.face book.com/ravenpr oject/	Provides food, clothing, showers and other services to houseless youth 21 years of age or younger.
Food - Other Resources	Summer Meals text 97779				Text "Summer meals" to 97779 or call 866-348-6479 to find a nearby free summer food service site for children.
Food - Other Resources	Two Feathers Native American Services	707-839-1933	1560 Betty Court, Suite A, McKinleyville, CA 95519	http://www.twofe athers-nafs.org/	Offers social work, emergency services, counseling and therapeutic culture groups. Services are free. Also helps with emergency food, clothing and shelter (up to 3 days) for domestic violence. Contact Kim Brown.
Food - Other Resources	USDA National Hunger Hotline	866-3-HUNGRY (English), 877- 8-HAMBRE (Spanish)	50 Broad St., Suite 1103, New York, NY 10004	https://www.hung erfreeamerica.org/ about/our- work/usda- national-hunger- hotline	Hotline for referrals to food programs across the U.S.; covers SNAP/CalFresh, WIC, food pantries, summer meals, soup kitchens and other emergency food programs. From 8 a.m. to 8 p.m. eastern time, English and Spanish. (Organizations contact http://nhc.fns.usda.gov/nhc/submit to be listed).

Category	Name	Business Phone	Address	Website	Description
Food - Other Resources	Yurok Food Distribution, Yurok Tribe	707-464-1852	190 Nelson Lane, Crescent City, CA 95532	tribe.org/departm	Provides an alternative to CalFresh for low-income tribal members residing within non-metropolitan areas of Humboldt and Del Norte and to other low-income individuals residing on the Yurok Reservation. Offers USDA food commodities and fresh fruit and produce. Also offers a tailgate option for delivery.
Food - Pantries	Cal Poly Humboldt, "Oh SNAP!"	707-826-4565	Recreation and Wellness Center, Room 122, Cal Poly Humboldt, 1 Harpst St., Arcata, CA 95521	<u>http://hsuohsnap.</u> org/	Oh SNAP! Services for Cal Poly Humboldt students include campus food pantry, cooking classes and CalFresh application assistance. Pantry open Tuesdays and Thursdays 9 - 11 a.m. and 1 - 5 p.m., Fridays 9 - 11 a.m. and 2 - 6 p.m.
Food - Pantries	Cooperation Humboldt, Little Free Pantries	707-502-2492	PO Box 7248, Eureka, CA 95502	<u>https://cooperatio</u> nhumboldt.com/lf p/	For anyone who does not easily meet everyday food and personal need, these free little pantries offer canned goods, personal care items, paper goods and even school supplies, without the need to sign up for a program. See website for map of locations.
Food - Pantries	Food for People (Arcata House Partnership Pantry)	707-633-6236	501 Ninth St., Arcata, CA 95521	www.arcatahouse. org	Food for People's Emergency Food pantries provide groceries to households monthly. Must meet income guidelines. Call or see website for times.
Food - Pantries	Food For People (Arcata Seniors Pantry)	707-825-2027	Arcata Seniors, 321 Martin Luther King Jr. Way, Arcata, CA 95521	http://foodforpeo ple.org/programs/ pantry-network	Food for People's Emergency Food pantries provide groceries to households monthly. Must meet income guidelines. Call or see website for times.

Category	Name	Business Phone	Address	Website	Description
Food - Pantries	Food For People (Blue Lake Pantry)	707-668-4281	Blue Lake Community Resource Center, 111 Greenwood Ave., Blue Lake, CA 95525	http://foodforpeo ple.org/programs/ pantry-network	Food for People's Emergency Food pantries provide groceries to households monthly. Must meet income guidelines. Call or see website for times.
Food - Pantries	Food For People (Bridgeville Pantry)	707-777-1775	Bridgeville Community Center, 38717 Kneeland Road, Bridgeville, CA 95526	http://foodforpeo ple.org/programs/ pantry-network	Food for People's Emergency Food pantries provide groceries to households monthly. Must meet income guidelines. Call or see website for times.
Food - Pantries	Food For People (Dinsmore Pantry)	707-777-1775	Route 36 Mile Marker 42.5, Dinsmore, CA	http://foodforpeo ple.org/programs/ pantry-network	Food for People's Emergency Food pantries provide groceries to households monthly. Must meet income guidelines. Call or see website for times.
Food - Pantries	Food For People (Eureka Choice Pantry)	707-445-3166	1720 10th St., Eureka, CA 95501	http://www.foodf orpeople.org	The Food Bank for Humboldt County. Call Monday between 9 a.m. and 4 p.m. to schedule an appointment for that week. Pantry hours of operation are Tuesday, Wednesday and Friday from 11 a.m. to 3 p.m. See website for pantry locations and other information.
Food - Pantries	Food For People (Eureka pantries)		Humboldt Senior Resource Center, 1910 California St., Eureka, CA 95501	http://foodforpeo ple.org/programs/ pantry-network	Commodities are distributed at Humboldt Senior Resource Center on the third Wednesday of each month between 10 and 11:30 a.m.

Category	Name	Business Phone	Address	Website	Description
Food - Pantries	Food For People (Ferndale Pantry)	707-786-4475	Ferndale Community Church, 712 Main St., Ferndale, CA 95536	http://foodforpeo ple.org/programs/ pantry-network	Food for People's Emergency Food pantries provide groceries to households monthly. Must meet income guidelines. Call or see website for times.
Food - Pantries	Food For People (Fortuna Pantry)	707-725-1148	St. Joseph's Pantry Shelf, 2292 Newburg Road, Fortuna, CA 95540	http://foodforpeo ple.org/programs/ pantry-network	Food for People's Emergency Food pantries provide groceries to households monthly. Must meet income guidelines. Call or see website for times.
Food - Pantries	Food For People (Free Produce Distributions)	707-445-3166	Call or see website for days, times and locations.	http://foodforpeo ple.org/programs/ free-produce- markets	Seasonal free produce distributions May through October, once per month, in Eureka, Fortuna, Garberville and Redway. Must meet income guidelines. Call or see website for days, times and locations.
Food - Pantries	Food For People (Garberville Pantry)	707-923-3295	Garberville Presbyterian Church, 437 Maple Lane, Garberville, CA 95542	http://foodforpeo ple.org/programs/ pantry-network	Food for People's Emergency Food pantries provide groceries to households monthly. Must meet income guidelines. Call or see website for times.
Food - Pantries	Food For People (Loleta Pantry)	707-733-5239, 707-733-5751	Loleta Community Church, 228 Church St., Loleta, CA 95551	http://foodforpeo ple.org/programs/ pantry-network	Food for People's Emergency Food pantries provide groceries to households monthly. Must meet income guidelines. Call or see website for times.

Category	Name	Business Phone	Address	Website	Description
Food - Pantries	Food For People (McKinleyville Pantry)	707-840-0905	The Center at McKinleyville, 1615 Heartwood Drive, McKinleyville, CA 95519	http://foodforpeo ple.org/programs/ pantry-network	Food for People's Emergency Food pantries provide groceries to households monthly. Must meet income guidelines. Call or see website for times.
Food - Pantries	Food For People (Mobile Produce Pantry)	707-445-3166	See website for times and locations.	http://www.foodf orpeople.org/prog rams/mobile- produce-pantry	Mobile Produce Pantry is a refrigerated truck full of fresh fruits and vegetables driven to distribution locations county wide. See website for times and locations.
Food - Pantries	Food For People (Orick Pantry)	707-488-2803	Orick Elementary School, 120918 Highway 101, Orick, CA 95555	http://foodforpeo ple.org/programs/ pantry-network	Food for People's Emergency Food pantries provide groceries to households monthly. Must meet income guidelines. Call or see website for times.
Food - Pantries	Food For People (Scotia Pantry)	707-764-5239	143 Main St., Scotia, CA 95565	http://foodforpeo ple.org/programs/ pantry-network	Food for People's Emergency Food pantries provide groceries to households monthly. Must meet income guidelines. Call or see website for times.
Food - Pantries	Food For People (Trinidad Pantry)	707-445-3166	Lion's Club/Town Hall, 409 Trinity St., Trinidad, CA 95570	http://foodforpeo ple.org/programs/ pantry-network	Food for People's Emergency Food pantries provide groceries to households monthly. Must meet income guidelines. See website for times.
Food - Pantries	Food For People (Willow Creek Pantry)	530-629-3141	Willow Creek Community Resource Center, 38883 Hwy. 299, Willow Creek, CA 95573	http://foodforpeo ple.org/programs/ pantry-network	Food for People's Emergency Food pantries provide groceries to households monthly. Must meet income guidelines. Call or see website for times.

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Category	Name	Business Phone	Address	Website	Description
Food - Pantries	Fortuna Adventist Community Services	707-725-1166	2331 Rohnerville Road, Fortuna, CA 95540	<u>http://fortunaacs.</u> <u>com/</u>	Serving the Eel River Valley, provides information on community resources and operates a thrift store, clothing closet and food pantry. Bilingual staff available Tuesdays and Wednesdays 9:30 to 11:30 a.m.
Food - Pantries	Our Savior's Lutheran Church	707-786-9619	425 Shaw Ave., Ferndale, CA 95536		Free clothing closet open on Wednesdays from 1 to 4 p.m., located directly behind church on Shaw Ave. Dry goods food pantry also available. Grief support group meets at 4:30 p.m. on Wednesdays. Free English-Second-Language and GED courses are offered to adults Mondays/Wednesdays/Fridays from 1 to 4 p.m.
Food - Pantries	Salvation Army	707-442-6475	2123 Tydd St., Eureka, CA 95501	<u>http://www.salvati</u> onarmyusa.org	Food boxes Mondays through Thursdays 11 a.m. to 3 p.m. Must provide ID and # of people in household (including proof of ID for each adult member and proof for children such as SS card, etc. only for first calendar year visit, then just bring adult IDs for visits after that), income eligibility proof. Limit once a month.
Food - Pantries	See Extensive Listing of Resource Centers				Many of the family/community resource centers in the "Community Info and Referral" section offer some food services.

Category	Name	Business Phone	Address	Website	Description
Grief & Bereavement Services	Compassionate Friends	707-733-1906, 415-244-7199	819 15th St., Eureka, CA 95501	<u>http://www.comp</u> assionatefriends.o rg	National organization for members (or a friend) of a family that has suffered the death of a child. Facilitates meetings to give support. Eureka and Southern Humboldt chapters (www.compassionatefriendssohum.org/home.aspx). Eureka chapter does not have a webpage. Meetings held the second Tuesday of each month at 7 p.m., 819 15th St. in Eureka.
Grief & Bereavement Services	GriefNet			<u>http://www.griefn</u> <u>et.org</u>	Has over 50 e-mail grief support groups and two websites. An integrated approach to online grief support provides help to people working through loss and grief issues of many kinds. Companion site, KIDSAID.com, provides a safe environment for grieving kids and their parents to find information.
Grief & Bereavement Services	Hospice of Humboldt (HoH)	707-445-8443	3327 Timber Falls Court, Eureka, CA 95503	<u>http://www.hospi</u> <u>ceofhumboldt.org/</u>	Vision: A community in which no one dies alone or afraid and all who grieve are comforted. Grief support services include drop-in support groups, community arts gatherings and direct 1-on-1 counseling. A comfortable, safe place to explore grief for all, including children: Grief support services are free and available to anyone in the community, regardless of previous connection with HoH.
Grief & Bereavement Services	Public Health Nursing Grief Support, DHHS	707-268-2105	317 Second St., Eureka, CA 95501	http://humboldtgo v.org/583/Public- Health-Nursing	A Public Health Nurse will provide support when a family has experienced a fetal demise, infant or child death. Referrals area accepted from agencies, medical providers, and families may self-refer.

Category	Name	Business Phone	Address	Website	Description
Health & Wellness	Breast and GYN Health Project	707-825-8345	987 Eighth St., Arcata, CA 95521	<u>https://bghp.org/</u>	Support and education for people facing breast or gynecologic cancer concerns. All services are free of charge. Compassionate support from cancer survivors, education and tailored research for individuals, lending library, wigs, patient navigation and decision support from a physician and nurses on staff. No medical services are provided, but useful education and resources are available.
Health & Wellness	Breastfeeding Task Force (BFTF), DHHS- PH, Maternal Child & Adolescent Health (MCAH)	707-445-6210		http://first5humb oldt.org/programs -and- partners/partners/ resources/breastfe eding-task-force/	The MCAH program's goal is to boost the duration of breastfeeding by increasing community awareness and support for breastfeeding mothers. Members include lactation consultants, health care providers, nurses, doulas, peer counselors and mothers. DHHS's MCAH program helps coordinate the BFTF. This taskforce has been added to Perinatal Community Coalition.
Health & Wellness	Health Insurance Counseling and Advocacy (HICAP), Area 1 Agency on Aging	707-444-3000 (Eureka), 800- 434-0222	333 J St., Eureka, CA 95501	<u>http://www.a1aa.</u> org/	HICAP: Free, unbiased Medicare consulting for beneficiaries and family caregivers. Assistance with prescription drug plans, supplement plan information, no cost preventive services, fraud prevention and Medicare issues.
Health & Wellness	Latino Outdoors			<u>http://latinooutdo</u> ors.org	Latino-led and volunteer powered organization that provides outdoor recreation opportunities to youth and families to inspire and empower Latino wellness and outdoor leadership using culturally relevant programs.

Category	Name	Business Phone	Address	Website	Description
Health & Wellness	North Coast AIDS Project (NorCAP), Public Health, DHHS	707-268-2132, Outreach: (call or text) 707- 599-6318	908 Seventh St., Eureka, CA 95501	http://www.humb oldtgov.org/620/N orth-Coast-AIDS- Project-NorCAP	Offers non-medical case management, counseling, housing assistance, resource referral and advocacy services for people living with HIV/AIDS. HIV and hepatitis C testing and referral services, counseling, support, syringe exchange and homeless outreach services. Trainings to organizations and individuals on HIV, hepatitis C, PrEP and Narcan (opioid overdose reversal medication).
Health & Wellness	Physical Activity and Nutrition Program, DHHS- PH, Healthy Communities	707-268-2132	908 Seventh St., Eureka, CA 95501	https://humboldtg ov.org/2049/Physi cal-Activity-and- Nutrition-Program	Supports CalFresh-funded agencies with resources related to healthy eating and active living such as recipe cards, cookbooks and physical activity DVDs and brochures.
Health & Wellness	RxSafe Humboldt	707-443-4563		http://www.rxsafe humboldt.org/	The RxSafe Humboldt Coalition works to reduce overuse of opioids in Humboldt: Resources for community members include an Alternative Pain Management Resource guide.
Health & Wellness	Staying Active and Independent for Life (SAIL), Area 1 Agency on Aging	707-442-3763	333 J St., Eureka, CA 95501		Evidenced-based, fall-prevention, strength and balance exercise classes led by trained volunteers and offered throughout Humboldt County.
Health & Wellness	Suicide Prevention Program, Public Health, DHHS	707-268-2132	908 Seventh St., Eureka, CA 95501	https://humboldtg ov.org/2047/Suici de-and-Violence- Prevention- Program	A primary prevention program of the Healthy Communities Division of Public Health working to prevent suicide using strategies including suicide fatality review, workforce development, community education, resource referrals, lethal means safety, and community collaboration. Works as a lead agency with Humboldt Suicide Prevention Network to coordinate campaigns such as Suicide Awareness Month, Know the Signs and Take Action for Mental Health.

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Updates and corrections: contact HCRL@co.humboldt.ca.us Updates issued April and October

Category	Name	Business Phone	Address	Website	Description
Home Visiting Services	Field Nursing, Public Health, DHHS	707-268-2105	317 Second St., Eureka, CA 95501		Field Nursing service teams include PH Nurses and Community Health Outreach Workers. These case management services, which are home-based, provide health and safety assessments and offer appropriate education for families in all geographic locations of the county.
Home Visiting Services	Nurse-Family Partnership (NFP), Public Health, DHHS	707-268-2105	317 Second St., Eureka, CA 95501	<u>https://humboldtg</u> ov.org/568/Nurse	Evidence-based public health program that helps transform the lives of low-income mothers pregnant with their first child. A free, voluntary program for first time moms under 28 weeks along. Home visiting with nursing and other resources.
Home Visiting Services	SafeCare, Public Health, DHHS	707-441-5075	908 Seventh St., Eureka, CA		SafeCare is a parenting program for adults with children age 0 to 5. Parents learn how their parenting decisions and actions affect their child's growth and development. SafeCare providers complete visits once a week for around 18 to 20 weeks.
Home Visiting Services	SMILE Humboldt Family, Public Health, DHHS	707-476-4949	908 Seventh St., Eureka, CA 95501	<u>https://humboldtg</u> ov.org/655/Oral- <u>Health</u>	Oral Health resources, training, education and preventive services in schools identified with high untreated rates of decay. Tobacco cessation and Rethink Your Drink resources in dental offices, and Brush, Book, Bed materials for parents of children ages 0-5. Supported by Prop 56 funding.
Homeless/ Houseless	Arcata House Partnership	707-633-6236	501 Ninth St., Arcata, CA 95521		24-hour low barrier shelter program for adults (people 18 or older) and families with children in various locations. Temporary shelter provided as people work to get entitlement benefits, employment and connection to medical/mental health/substance use support services and prepare to be permanently housed in the shortest time possible. Case management provided to develop service and housing plans and provide housing navigation services.

Category	Name	Business Phone	Address	Website	Description
Homeless/ Houseless	Betty Kwan Chinn Day Center	707-407-3833	133 Seventh St., Eureka, CA 95501	<u>http://bettychinn.</u> org/day-center/	Open Mondays through Fridays from 8 a.m. to 4 p.m. Phone calls received until 4 p.m. Day center services include case management, bilingual assistance, access to legal library, employment and housing opportunities, use of the computer lab, phone and mail services. Clothing and hygiene products available on a limited basis.
Homeless/ Houseless	Care-A-Van, Affordable Homeless Housing Alternatives (AHHA)	707-268-1466	840 E St. #18, Eureka, CA 95501	<u>www.ahha-</u> <u>humco.org</u>	AHHA's Care-A-Van is a pop-up care center for houseless community members. Services provided: Information and referral services, clean clothing, hygiene products, fresh food, non-perishables, cell phone charging and dog care products. Call or visit website for current locations/schedule.
Homeless/ Houseless	For Shelters and Housing, see those specific sections				See sections "Housing: Permanent/Rapid Re-housing," "Housing: Transitional," "Shelters: Emergency/Crisis."
Homeless/ Houseless	Home Grown Host Homes	info@homegro wnhosthomes.o rg		<u>https://homegrow</u> nhosthomes.org	Home Grown uses the Host Home model. It is a comprehensive, community-based approach to addressing youth homelessness. It relies on caring community members in Humboldt County who open their homes for 3- 12 months and "host" youth (ages 18-24) experiencing homelessness. Hosts provide youth with housing, stability and mentorship, while staff work with them to achieve their independent living goals.
Homeless/ Houseless	Humboldt County Express Library Card	707-269-1900			An Express Card allows you to check out up to two items at a time in any format. Must be renewed annually. It can become a full-service, permanent Library Card when a local mailing address is provided and completion of the Library Card form.

Category	Name	Business Phone	Address	Website	Description
Homeless/ Houseless	Humboldt Houseless Youth Support Collaboration (HHYSC)	707-298-5190			The Humboldt Houseless Youth Support Collaboration (HHYSC) is a community and youth collaboration that supports the needs of houseless youth in Humboldt. Meetings are currently 2nd and 4th Wednesdays from 3 to 4 p.m. Focus is on connecting about services for young people in Humboldt County and discussing ways shared knowledge and resources can support one another. Questions, email: rshultz@co.humboldt.ca.us.
Homeless/ Houseless	RAVEN Project, RCAA	707-443-7099	523 T St., Eureka, CA 95501	http://rcaa.org/div ision/youth- service- bureau/program/r aven-project-St outreach-program	Provides food, clothing, showers and other services to houseless youth 21 years of age or younger.
Homeless/ Houseless	See various other categories				Other sections that may have applicable listings include "Advocacy & Legal Services," "Clothing/Hygiene Resources," "Food - Meals," "Food - Pantries" and "Food - Other Resources."
Housing: Assisted Living	Addie Meedom House	707-232-5023	1445 Parkway Drive, Crescent City, CA 95531	<u>http://www.addie</u> <u>meedomhouse.co</u> <u>m/</u>	Addie Meedom House staff are dedicated to providing senior supported living that offers exceptional care and excellent value. Call toll free at 866-646-0142 to schedule a tour or request more information.
Housing: Assisted Living	Alder Bay Assisted Living	707-633-4877	1355 Myrtle Ave., Eureka, CA 95501	http://www.alderb ayalf.com/	Alder Bay Assisted Living provides a full range of exceptional senior living options. Their community offers all of the comforts of home with the added benefit of a team of experienced, caring professionals dedicated to providing you or your loved one with quality service.

Category	Name	Business Phone	Address	Website	Description
Housing: Assisted Living	CA Department of Social Services (CDSS), Licensed Care Facilities			http://www.cdss.c a.gov/inforesource s/Community- Care- Licensing/Facility- Search-Welcome	
Housing: Assisted Living	Cutten Care Home	707-444-3428	6253 Berry Lane, Eureka, CA 95501		A privately owned and operated 15-bed residential care home. Family oriented setting that promotes and enhances a positive quality of life for every resident. Family and friends are encouraged to stop by for a visit and a cup of coffee, or to join residents for lunch. Offers a selection of daily planned activities such as exercise, history trivia, bingo and music.
Housing: Assisted Living	Frye's Care Home	707-442-2712	2240 Fern St., Eureka, CA 95503	http://www.fryesc arehome.com/	Frye's Care Home is a privately owned and operated senior living community offering both Assisted Living and Memory Care. Call to schedule a tour or to request more information.
Housing: Assisted Living	Humboldt House Lodge	800-385-2527	4041 F St., Eureka, CA 95503	https://www.carin g.com/senior- living/california/eu reka/humboldt- house-lodge- assisted-living	Owned and managed by long-time registered nurse Susan Powell, Humboldt House Lodge is a senior living facility that offers independent and assisted living options. Each room is private and features its own bedroom and deck or balcony. Please call to schedule an appointment and tour the facility.
Housing: Assisted Living	Sequoia Springs Senior Living Community (Avalon), Fortuna	707-726-0111	2401 Redwood Way, Fortuna, CA 95540	<u>http://sequoiaspri</u> ngs-sl.com/	Sequoia Springs Assisted Living Community, located in Fortuna, is an exclusive retirement community providing independent living, assisted living and Alzheimer's and dementia care for seniors. The community offers the perfect retirement experience for independent seniors and those needing assistance with their daily activities.

Category	Name	Business Phone	Address	Website	Description
Housing: Assisted Living	Timber Ridge, Eureka	707-443-3000	2740 Timber Ridge Lane, Eureka, CA 95503	http://www.timbe rridgecare.com/co mmunities/eureka	Timber Ridge is a senior living community with three different locations in Humboldt County. The Eureka location features one to four bedroom and studio apartment-style homes, fine dining and ample activities for residents to enjoy. Call or visit the website for more information on this and other Timber Ridge locations.
Housing: Assisted Living	Timber Ridge, McKinleyville	707-839-9100	1400 Nursery Way, McKinleyville, CA 95519	http://www.timbe rridgecare.com/co mmunities/mckinl eyville	Timber Ridge is a senior living community with three different locations in Humboldt County. The McKinleyville location features one bedroom and studio apartment-style homes, fine dining and ample activities for residents to enjoy. Call or visit the website for more information on this and other Timber Ridge locations.
Housing: Assisted Living	Timber Ridge, McKinleyville Renaissance	707-839-9100	1400 Nursery Way, McKinleyville, CA 95519	http://www.timbe rridgecare.com/co mmunities/mckinl eyville-renaissance	Timber Ridge Renaissance communities offer personalized care for residents with Alzheimer's, dementia and other memory diseases. With the same care and warmth found in their other communities, McKinleyville Renaissance residents enjoy therapeutic activities and a cozy home-like environment with the safety and security that families expect.
Housing: Long Term Care	Butler Valley	707-442-2451	4635 Broadway, Eureka, CA 95503	http://www.butler valley.org/	Provides residential services and a day program to individuals with intellectual disabilities; facilities in Arcata and Eureka.
Housing: Long Term Care	Eureka Rehab & Wellness Center	707-445-3261	2353 23rd St., Eureka, CA 95501	<u>http://eurekareha</u> <u>bwc.com/</u>	At Eureka Rehabilitation & Wellness Center it is their goal to provide patients with a caring and compassionate environment. Short-term and long-term care programs include physical therapy, occupational therapy, speech and respiratory therapy. Skilled 24-hours nursing staff assist in everyday tasks such as dressing and eating.

Category	Name	Business Phone	Address	Website	Description
Housing: Long Term Care	Fortuna Rehab & Wellness Center	707-725-4467	2321 Newburg Road, Fortuna, CA 95540	<u>http://fortunareha</u> <u>bwc.com/</u>	Fortuna Rehabilitation & Wellness Center offers short and long-term care with programs that include physical therapy, speech therapy and high quality 24-hour nursing care. Bereavement support provided for families with a local hospice agency and help for patients to connect with their spiritual side.
Housing: Long Term Care	Granada Rehab & Wellness Center	707-443-1627	2885 Harris St., Eureka, CA 95503	<u>http://granadareh</u> <u>abwc.com/</u>	Granada Rehab & Wellness Center is a long-term care facility with 24-hour nursing staff on hand to make life as convenient and enjoyable as possible for its residents. The facility has 87 beds and offers a variety of services ranging from wound care and dietary services to religious services and a beauty shop.
Housing: Long Term Care	Seaview Rehab & Wellness Center	707-443-5668	6400 Purdue Drive, Eureka, CA 95503	<u>http://seaviewreh</u> abwc.com/	At Seaview Rehabilitation & Wellness Center 24-hour nursing staff strive to build an environment of care and compassion for patients. Short and long-term care programs include physical therapy, occupational therapy, speech and respiratory therapy.
Housing: Long Term Care	Southern Humboldt Skilled Nursing Facility	707-923-3921	733 Cedar St., Garberville, CA 95542	https://sohumheal th.org/services/ski lled-nursing-unit/	The Southern Humboldt Skilled-Nursing Facility has 8 beds in a warm and friendly atmosphere with an excellent staff to care for your loved ones. It is located in the same building as Jerold Phelps Community Hospital and the Southern Humboldt Community Clinic, on-site lab, radiology, CT scanner, mammography and emergency room.
Housing: Permanent/Rapid Re-Housing	Arcata House Partnership	707-633-6236	501 Ninth St., Arcata, CA 95521		A permanent supportive housing program for people who are chronically homeless and disabled. Clients are helped to locate an appropriate unit and negotiate a lease with a landlord.

Category	Name	Business Phone	Address	Website	Description
Housing: Permanent/Rapid Re-Housing	Coordinated Entry System (CES): 2-1-1	2-1-1, 707-441- 1001, 877-460- 6000		https://211norcal. org/tehama/home less-assistance/	The CES is a HUD-requirement used to prioritize households for HUD-funded housing assistance for people experiencing homelessness. Prioritization in this real-time list is based on severity of service needs. In Humboldt, individuals call 2-1-1 to enroll in the CES or are enrolled by their service provider.
Housing: Permanent/Rapid Re-Housing	Hoopa Valley Tribal Housing Authority	530-625-4745	172 Hostler Field Road, PO Box 1285, Hoopa, CA 95546	<u>https://www.hvha</u> .us/	Low-income and market-based rentals.
Housing: Permanent/Rapid Re-Housing	Housing Homeless Adults Program (HHAP), RCAA	707-269-2040	904 G St., Eureka, CA 95501	www.rcaa.org	HHAP program receives referrals from DHHS-Adult Protective Services and assists clients who are homeless to find permanent housing. HHAP also provides long-term case management to help clients sustain housing.
Housing: Permanent/Rapid Re-Housing	Humboldt Housing Authority (HHA) (for HUD/Section 8)	707-443-4583	735 W. Everding St., Eureka, CA 95501	<u>https://eurekahu</u> <u>mboldtha.org/</u>	HHA is a local public housing agency, serving families and senior citizens of low and moderate income. Section 8 includes a housing choice voucher program where eligible clients may work with a landlord who is willing to accept the voucher to pay for part or all of the rent.
Housing: Permanent/Rapid Re-Housing	Nation's Finest, Supportive Services for Veteran Families (SSVF)	707-442-4322	109 Fourth St., Eureka, CA 95501	<u>http://http://natio</u> nsfinest.org	SSVF is a rapid rehousing program that can assist veteran households that are homeless, or at risk of losing their housing, become housed or remain housed.
Housing: Permanent/Rapid Re-Housing	North Coast Homeshare Program, Area 1 Agency on Aging	707-442-3763	333 J St., Eureka, CA 95501	<u>http://www.a1aa.</u> org/homesharing	Matches people looking for housing with people who have extra space in their home through a detailed process including: An application, background and reference checks, an interview, inspection of the rental space and follow-up after a match is made.

Category	Name	Business Phone	Address	Website	Description
Housing: Permanent/Rapid Re-Housing	Rural Communities Housing Development Corporation (RCHDC)	707-463-2252	499 Leslie St., Ukiah, CA 95482	www.rchdc.org	RCHDC is a nonprofit organization offering affordable rental housing to low-income households.
Housing: Permanent/Rapid Re-Housing	Yurok Indian Housing Authority	707-482-1506, 800-281-4749	15540 Hwy. 101 North, Klamath, CA 95548	https://www.yuro khousing.com/	Services include rehabilitation programs, elder emergency assistance, rental programs for low rent and students, home ownership programs and weatherization.
Housing: Transitional	Betty's House Family Shelter	707-407-3833	624 C St., Eureka, CA 95501	<u>http://bettychinn.</u> org/	Betty's House Family Shelter serves families with children aged 0-17 years old. The shelter offers case management, resource referrals, meals and a stay of up to 6 months. Referrals are accepted from CalWORKs or Child Welfare Services. Call for more information.
Housing: Transitional	Betty's House Medical Respite	707-407-3833	624 C St., Eureka, CA 95501	<u>http://bettychinn.</u> org/	Betty's House Medical Respite is a shelter that provides meals and a 21-day stay for residents referred to the program, with a total capacity of 10 adult individuals at a time. All referrals must go through the Care Transitions Team at St. Joseph Hospital, but feel free to call for general information.
Housing: Transitional	Home Grown Host Homes	info@homegro wnhosthomes.o rg		<u>https://homegrow</u> nhosthomes.org	Home Grown uses the Host Home model. It is a comprehensive, community-based approach to addressing youth homelessness. It relies on caring community members in Humboldt County, who open their homes for 3-12 months and "host" youth (ages 18-24) experiencing homelessness. Hosts provide youth with housing, stability and mentorship, while staff work with them to achieve their independent living goals.

Category	Name	Business Phone	Address	Website	Description
Housing: Transitional	Mercy's Haven	707-844-3042	PO Box 607, Blue Lake, CA 95525	http://www.mercy shaven.org/	Non-denominational, faith-based transitional housing resource for adult mothers and their children. Offers structure, support, and accountability for moms willing to grow and build successful lives with their children. Please call us visit the website to learn more about what they do and to apply for residency.
Housing: Transitional	Nation's Finest, Transitional Housing (TH)	707-442-4322	109 Fourth St., Eureka, CA 95501	<u>http://http://natio</u> nsfinest.org	The TH program consists of 18 VA grant and per diem beds, three currently designated for female veterans. In TH, veterans engage with case management staff upon enrollment. Staff and veterans work to develop an Individual Service Plan to identify various barriers and develop goals to overcome them.
Housing: Transitional	Parents and Children in Transition Program (PACT), RCAA	707-269-2001	904 G St., Eureka, CA 95501	<u>http://rcaa.org/</u>	Referrals accepted from DHHS-Child Welfare Services. PACT provides short-term housing with intensive and holistic supportive services that promote family reunification, parent/caregiver and child bonding, self sufficiency and assist in reducing the risk factors associated with the impact of trauma and generational poverty.
Housing: Transitional	Serenity Inn	707-442-4815	2109 Broadway, Eureka, CA 95501		Low-cost motel with single rooms and shared living spaces/dorm style; pet and children friendly. Call for information due to low vacancy rates.
Housing: Transitional	Youth Service Bureau, RCAA	707-443-8322 x 202 or 206	1100 California St., Eureka, CA 95501	http://rcaa.org/yo uth-services- bureau	Provides long term housing and financial assistance with rent, security deposits, etc. for qualifying youth ages 16 to 24.
LGBTQ+	Eric Rofes Multicultural Queer Resource Center (ERC), Cal Poly Humboldt	707-826-3795	Warren House 53, 1 Harpst St., Arcata, CA 95521	<u>https://www2.hu</u> mboldt.edu/erc	The ERC's mission is to shift public opinion of the queer community on campus and in the local area from tolerance to acceptance. The ERC creates a hub for students to learn about events and organizations on campus.

Category	Name	Business Phone	Address	Website	Description
LGBTQ+	Humboldt Pride		Eureka, CA 95502	https://www.face book.com/pg/hum boldtpride	Extensive listing of Humboldt, regional and national resources. Can subscribe to a free monthly e-newsletters on website to stay in the know on all things queer in Humboldt.
LGBTQ+	PFLAG (formerly known as Parents, Families and Friends of Lesbians and Gays)			<u>https://www.face</u> <u>book.com/pflag.eu</u> <u>rekaarcata/</u>	Uniting people who are lesbian, gay, bisexual, transgender, and queer (LGBTQ) with families, friends and allies, PFLAG is committed to advancing equality through its mission of support, education and advocacy. Visit Facebook page for local chapter meeting time/location.
LGBTQ+	Queer Humboldt	707-502-2890	PO Box 45, Arcata, CA 95518		Queer Humboldt is an organization dedicated to providing resources for the queer community. Website lists local events, resources, groups, links, visitor information, news and pictures that benefit the queer community.
LGBTQ+	Queer Humboldt Extensive Resource List	707-502-2890		http://www.queer humboldt.org/reso urces/resource- download/	View resources maintained by Queer Humboldt. Community service groups, open and affirming churches and spiritual organizations, youth, homelessness, crisis, social groups, mental wellness, health wellness, legal resources, wedding resources and more.
LGBTQ+	RAVEN Project <i>,</i> RCAA	707-443-7099	523 T St., Eureka, CA 95501	http://rcaa.org/div ision/youth- service- bureau/program/r aven-project-St outreach-program	Provides food, clothing, showers, and other services to houseless youth 21 years of age and younger.

Category	Name	Business Phone	Address	Website	Description
Mediation/Conflict resolution	Humboldt Mediation Services (HMS)	707-572-4092	317 Third St., Eureka, CA 95501		HMS is a community organization of trained volunteer mediators offering conflict resolution services for disputes including divorce/separation, child custody, family conflict, workplace or business conflict and tenant-landlord issues. Neutral facilitators and consultants in the construction of agreements. Fees are on a sliding scale: No one turned away due to inability to pay.
Medical Info/Insurance	Covered CA Certified Enrollment Counselors	800-300-1506		https://hbex.cover edca.com/enrollm ent-counselors/	Find local help to enroll in health care coverage and discuss options: Certified insurance agents, certified enrollment counselors, county offices.
Medical Info/Insurance	Health Insurance Counseling and Advocacy (HICAP), Area 1 Agency on Aging	707-444-3000 (Eureka), 800- 434-0222	333 J St., Eureka, CA 95501	<u>http://www.a1aa.</u> org/	Free, unbiased Medicare consulting for beneficiaries and family caregivers. Assistance with prescription drug plans, supplement plan information, no cost preventive services, fraud prevention and Medicare issues.
Medical Info/Insurance	Healthy Kids Humboldt, Providence, St. Joseph Hospital	707-296-6421	2700 Dolbeer St., Eureka, CA 95501	https://www.stjoe humboldt.org/for- community/health y-kids-humboldt/	Bilingual staff Lucy Silveira. Services focus on children's health insurance, Medi-Cal enrollment and navigation of the health care system.
Medical Info/Insurance	Humboldt Independent Practice Association (IPA)	707-443-4563	2315 Dean St., Eureka, CA 95501	<u>http://www.humb</u> oldtipa.com/	The Humboldt IPA provides leadership in working with health plans and health care providers to ensure that medical care is provided in a manner that enhances the public health and promotes access to quality care.
Medical Info/Insurance	Humboldt-Del Norte County Medical Society	707-442-2367	PO Box 6457, Eureka, CA 95502	<u>http://www.hdnc</u> <u>ms.org/</u>	Professional organization for Physicians. Local component of California Medical Association.

Category	Name	Business Phone	Address	Website	Description
Medical Info/Insurance	Medi-Cal, Social Services, DHHS	877-410-8809	929 Koster St., Eureka, CA 95501, and other locations.	<u>http://humboldtgo v.org/528/Medi-</u> <u>Cal</u>	Medi-Cal is California's Medicaid program; health care coverage for low-to-middle-income individuals and families. Applications are taken over the phone at 877-410- 8809, at DHHS - Social Services (Mon - Fri 7:30 a.m. to 5:30 p.m.) and at BenefitsCal.com. Call for other locations and application methods. Fortuna, Garberville, Hoopa and McKinleyville offices.
Medical Info/Insurance	Member Services Department, Open Door Community Health Centers	707-269-7073	963 Myrtle Ave., Eureka, CA 95501	http://opendoorh ealth.com/opendo or/services/memb er-services/	A free service that helps community members access community resources, programs, and benefits such as
Medical Info/Insurance	NeedyMeds, Inc.	800-503-6897		http://www.needy meds.org	Online resource for finding patient assistance programs that provide free/low-cost medications.
Medical Info/Insurance	Partnership HealthPlan of California	800-863-4155		<u>http://www.partn</u> ershiphp.org/	Managed care organization for Medi-Cal (MC) in Humboldt. Ensures MC recipients have access to quality medical care. Help finding doctors and specialists, help resolving issues. Open Mondays through Fridays 8 a.m. to 5 p.m.
Medical Info/Insurance	Redwood Coast Program of All- inclusive Care for the Elderly (PACE), Humboldt Senior Resource Center	707-443-9747	1910 California St., Eureka, CA 95501 and 3200 Newburg Road, Fortuna, CA 95540	www.humsenior.o rg	PACE: Health plan that provides comprehensive medical care and supportive services for eligible adults aged 55 and older who have disabilities or chronic conditions and need a nursing home-level of care, but wish to remain at home. Service area from Trinidad to Scotia, inland to Blue Lake and Carlotta.
Medical Info/Insurance	Rx Safe Humboldt	707-443-4563		http://www.rxsafe humboldt.org/	The RxSafe Humboldt Coalition works to reduce overuse of opioids in Humboldt: Resources for community members include a Alternative Pain Management Resource guide.

Category	Name	Business Phone	Address	Website	Description
Medical Marijuana	Humboldt California Association	707-822-9330	601 I St., Arcata, CA 95519	http://www.thehe artofhumboldt.co m/	Medical marijuana dispensary. Hours Mondays through Thursdays 10 a.m. to 7 p.m., Friday 10 a.m. to 8 p.m., Saturdays 11 a.m. to 8 p.m. and Sundays 11 a.m. to 6 p.m.
Medical Marijuana	Humboldt County Collective	707-442-2420	1662 Myrtle Ave., Suite A, Eureka, CA 95501	https://www.face book.com/The- Humboldt-County- Collective- 129949220363162 L	Medical marijuana collective.
Medical Marijuana	Humboldt Patient Resource Center	707-826-7988	980 Sixth St., Arcata, CA 95521	<u>http://hprcarcata.</u> <u>com/</u>	Medical marijuana dispensary.
Medical Services	CARE Network, Providence, St. Joseph Hospital	707-445-8121 x 5825	2200 Harrison Ave., Eureka, CA 95501	https://www.stjoe humboldt.org/for- community/care- network/	The CARE Network team coordinates planning of services with inpatient discharge planning, the emergency department and St. Joseph Hospital Medical group. The care and services provided by the team are person- centered and focused on a community-based, multi- disciplinary approach, linking individuals to the various resources available to help meet ongoing healthcare needs.
Medical Services	Childhood Lead Poisoning Prevention Program, DHHS- PH, Healthy Communities	707-268-2132	908 Seventh St., Eureka, CA 95501	https://humboldtg ov.org/607/Childh ood-Lead- Poisoning- Prevention-Prog	Provides case management services for children with elevated blood lead levels. Works with families and providers to identify and reduce sources of lead in the home. Free lead test kits and educational information available.

Category	Name	Business Phone	Address	Website	Description
Medical Services	Eureka Community Health & Wellness Center, Open Door Community Health Centers	707-441-1624	2200 Tydd St., Eureka, CA 95521	http://opendoorh ealth.com/opendo or/locations/eurek a-community- health-center/	care and health education regardless of financial
Medical Services	Ferndale Community Health Center, Open Door Community Health Centers	707-786-4028	638 Main St., Ferndale, CA 95536	http://opendoorh ealth.com/opendo or/locations/fernd ale-community- health-center/	Provides high-quality medical, dental and mental health care and health education, regardless of financial, geographical or social barriers. Call to check if accepting new patients.
Medical Services	Fortuna Community Health Center, Open Door Community Health Centers	707-725-4477	3750 Rohnerville Road, Fortuna, CA 95540	http://opendoorh ealth.com/opendo or/locations/fortu na-community- health-center/	Provides high-quality medical, dental and mental health care and health education, regardless of financial, geographical or social barriers. Call to check if accepting new patients.
Medical Services	Hospice of Humboldt	707-445-8443	3327 Timber Falls Court, Eureka, CA 95503	<u>http://www.hospi</u> <u>ceofhumboldt.org/</u>	Help with end of life planning; no cost or obligation for Information Visits. Once patient with a terminal illness is enrolled, full range of medical and supportive services; an interdisciplinary team collaborates to design a Plan of Care to meet needs of patient, caregivers and families or friends.
Medical Services	Humboldt Open Door Clinic, Open Door Community Health Centers	707-826-8610	770 10th St., Arcata, CA 95521	http://opendoorh ealth.com/opendo or/locations/humb oldt-open-door- clinic/	care and health education regardless of financial

Category	Name	Business Phone	Address	Website	Description
Medical Services	Jerold Phelps Community Hospital	707-923-3921	733 Cedar St., Garberville, CA 95542	https://sohumheal th.org/services/ho spital/	Jerold Phelps Community Hospital is a Critical Access Hospital located in downtown Garberville. Acute and swing beds available. Offers a 24-hour emergency room, radiology, mammography, full lab services and a low-dose CT scanner.
Medical Services	K'ima:w Medical Center	530-625-4261	Locations vary. Call for more information.	<u>https://kimaw.org</u> 	Provides high-quality health care to the Native American people and all others seeking services on the Hoopa Valley Indian Reservation and surrounding areas.
Medical Services	Mad River Hospital	707-822-3621	3800 Janes Road, Arcata, CA 95521	http://www.madri verhospital.com/	Mad River Community Hospital is a 78-bed, acute-care medical facility.
Medical Services	McKinleyville Community Health Center, Open Door Community Health Centers	707-839-3068	1644 Central Ave., McKinleyville, CA 95519		Provides high-quality medical, dental and mental health care and health education, regardless of financial, geographical or social barriers. Call to check if accepting new patients.
Medical Services	Mobile Health Services, Telehealth & Visiting Specialist Center, Open Door	707-443-4666	Locations vary. Call for more information.	http://opendoorh ealth.com/opendo or/locations/mobil e-health-services/	Using a combination of fully equipped mobile clinic vans and fixed clinic sites, Open Door Mobile Health Services provides comprehensive care to homeless community members. Offers walk-in and scheduled appointments at all locations.
Medical Services	NorthCountry Clinic, Open Door Community Health Centers	707-822-2481	785 18th St., Arcata, CA 95521		Provides high-quality medical, dental and mental health care and health education, regardless of financial, geographical or social barriers. Call to check if accepting new patients.

Category	Name	Business Phone	Address	Website	Description
Medical Services	Open Door Community Health Centers, Willow Creek Community Health Center	530-629-3111	Highway 299 #38883, Willow Creek, CA 95573	https://opendoorh ealth.com/services /medical/	Provides high-quality medical, dental and mental health care and health education, regardless of financial, geographical or social barriers. Call to check if accepting new patients.
Medical Services	Pediatric Department, Eureka Community Health & Wellness Center, Open Door Community Health Center	707-269-7057	2200 Tydd St., Eureka, CA 95521		Comprehensive pediatric services, including health screenings, immunizations and boosters, well-child exams, acute care and more.
Medical Services	Planned Parenthood of Northern CA, Eureka Health Center	707-442-5700	3225 Timber Fall Court, Suite B, Eureka, CA 95501		Information on a variety of healthy living topics; same day appointments available; ensures access to reproductive and sexual health care for all.
Medical Services	Providence, St. Joseph Hospital, Eureka	707-445-8121, 707-445-5111	St. Joseph Hospital: 2700 Dolbeer St. and 2200 Harrison Ave., Eureka, CA 95501	<u>https://www.stjoe</u> <u>humboldt.org/</u>	St. Joseph Hospital and General Hospital campuses are located within a block of each other in Eureka. The acute care hospital offers comprehensive services including emergency, level 3 trauma program, cardiac services, an accredited cancer program, childbirth center, neurosurgery, outpatient laboratory and orthopedic and sports medicine.

Category	Name	Business Phone	Address	Website	Description
Medical Services	Public Health Clinic, DHHS	Eureka: 707- 268-2108, Garberville: 707-923-2779 Willow Creek: 530-629-2410	529 I St., Eureka, CA 95501	<u>http://humboldtgo v.org/557/Public-</u> <u>Health-Clinics</u>	The Immunization Clinic offers adult, travel, and children/adolescent immunizations. The Clinic provides COVID vaccination services, Tuberculosis testing, screening and other services at the main clinic in Eureka. The Sexual Health and Family Planning Clinic provides equitable, culturally sensitive services with a focus on reducing sexually transmitted disease (STDs), improving sexual health and literacy and improving access to family planning services. Limited services available at Willow Creek and Garberville clinics.
Medical Services	Redwood Community Health Center, Open Door Community Health Centers	707-443-4593	2350 Buhne St., #A, Eureka, CA 95501	http://opendoorh ealth.com/opendo or/locations/redw ood-community- health-center/	Provides high quality medical, dental and mental health care and health education, regardless of financial, geographical or social barriers. Call to check if accepting new patients.
Medical Services	Redwood Memorial Hospital, Fortuna	707-725-3361	3300 Renner Drive, Fortuna, CA 95540	<u>https://www.stjoe</u> <u>humboldt.org/</u>	A Providence, St. Joseph Health critical access hospital which along with Eureka campuses offers comprehensive services including emergency care.
Medical Services	Redwood Urgent Care	707-298-2011	2440 23rd St., Eureka, CA 95501	https://redwoodur gentcare.com/	Open 365 days a year. An alternative to the emergency room for those without chronic or life-threatening conditions. Open daily from 9 a.m. to 6:30 p.m., major holidays 9 a.m. to 5 p.m.
Medical Services	Redwoods Rural Health Center	707-923-2783	101 West Coast Road, Redway, CA 95560	<u>https://www.rrhc.</u> org/	Provides responsive, preventive, high-quality primary health care services through a variety of healing disciplines, to all people without regard to social or economic status.

Category	Name	Business Phone	Address	Website	Description
Medical Services	Resolution Care	707-442-5683	517 Third St., #2, Eureka, CA 95501	https://www.resol utioncare.com/	Outpatient telemedicine and in-home palliative care for seriously ill eligible Californians with 1) advanced conditions and diseases, and 2) California Blue Shield (PPO) primary insurance, Partnership HealthPlan of CA (Medi- Cal), or Health Net/California Health & Wellness Insurance. Website has self-assessment and referral forms. information@resolutioncare.com
Medical Services	See listings in Housing: Long Term Care section				For skilled nursing facilities/long-term care, see various "Housing" sections.
Medical Services	Six Rivers Medical Center	530-629-3116	850 State Hwy 96, Willow Creek, CA 95573	https://madriverh ospital.com/six- rivers-medical- center-willow- creek	Services include medical, pediatrics, physical therapy, health maintenance and promotion, diagnosis and management of primary care concerns.
Medical Services	Southern Humboldt Community Clinic	707-923-3921	509 Elm St., Garberville, CA 95542	https://sohumheal th.org/services/cli nic/	The Southern Humboldt Community Clinic is a full-service rural clinic open weekdays 8:30 a.m. to 5 p.m., and also offers a visiting nurse program. There are outpatient services available on-site including lab, radiology, mammography and CT so there is no need to go anywhere else.
Medical Services	Southern Trinity Health Services	707-574-6616	321 Van Duzen Road, PO Box 4, Mad River, CA 95552	<u>http://www.sthscli</u> nic.org/	Provides access to quality, comprehensive, innovative, and integrated primary health care and emergency medical services regardless of ability to pay.
Medical Services	St. Joseph Health Medical Group	707-476-2909	2773 Harris St., Suite D, Eureka, CA 95501		St. Joseph Health Medical Group offers women a full range of women's health and wellness services, including obstetrical and gynecological care which is appropriate for each stage of life. Prenatal and gynecological services are also available in Spanish.

Category	Name	Business Phone	Address	Website	Description
Medical Services	Student Health and Wellbeing Services (SHWS), Cal Poly Humboldt		1 Harpst St., Arcata, CA 95521	<u>https://wellbeing.</u> <u>humboldt.edu/shc</u> <u>-welcome-letter</u>	SHWS consists of medical services, counseling and psychological services and health education for Cal Poly Humboldt students.
Medical Services	Telehealth & Visiting Specialist Center, Open Door Community Health Centers	707-443-4666	2426 Buhne St., Eureka, CA 95501	https://opendoorh ealth.com/services /medical/	Provides high-quality medical, dental and mental health care, and health education, regardless of financial, geographical or social barriers. Call to check if accepting patients.
Medical Services	United Indian Health Services (Fortuna)	707-725-7988	3302 Renner Drive, Suite C, Fortuna, CA 95540	http://www.unite dindianhealthservi ces.org/	Direct health care services are made available to eligible people of Indian descent and eligible non-Indian members (married to, or the child of a person who is an "enrolled member").
Medical Services	United Indian Health Services (Potawat Village, Arcata)	707-825-5000	1600 Weott Way, Arcata, CA 95521	<u>http://www.uihs.o</u> rg/	Direct health care services are made available to eligible people of Indian descent and eligible non-Indian members (married to, or the child of a person who is an "enrolled member").
Medical Services	United Indian Health Services (Weitchpec)	530-625-4300	Libby Nix Community Center, Hwy 96, Weitchpec, CA 95546	<u>http://www.uihs.o</u> rg/	Direct health care services are made available to eligible people of Indian descent and eligible non-Indian members (married to, or the child of a person who is an "enrolled member").
Native American Services	Affordable Connectivity Program			https://www.usac. org/about/afforda ble-connectivity- program/	Eligible households will be able to enroll to receive a monthly discount off the cost of broadband service from an approved provider. An Enhanced Tribal Benefit is available to qualifying households living on Tribal lands.

Category	Name	Business Phone	Address	Website	Description
Native American Services	Bear River Band of the Rohnerville Rancheria	707-733-1900	266 Keisner Road, Loleta, CA 95551	<u>http://www.brb-</u> <u>nsn.gov/</u>	The Bear River Social Services Department exists to serve, support and respect every member of the Bear River Community in a compassionate way while promoting health, safety, self-sufficiency and overall well-being. The Social Services Department is committed to working to advance new and effective ways of living while honoring traditional values and beliefs.
Native American Services	Big Lagoon Rancheria	707-826-2079	708 Ninth St., Arcata, CA 95521	https://www.bia.g ov/bia/ois/tribal- leaders- directory/tribes/bi g-lagoon	The Big Lagoon Rancheria is a federally recognized tribe located in Humboldt.
Native American Services	Blue Lake Rancheria	707-668-5101	1 Aiyekwee Loop, PO Box 428, Blue Lake, CA 95525	https://bluelakera ncheria-nsn.gov/	The Blue Lake Rancheria strives each day to secure a better future for its people; protect its sovereignty and heritage; learn from the past; and build a resilient, healthy economy and environment, with benefits for the Tribe, the region and the planet.
Native American Services	California Tribal TANF Partnership	707-262-4400	991 Parallel Drive Suite B, Lakeport, CA 95453	<u>http://www.cttp.n</u> <u>et/</u>	Provides educational training, career and employment opportunities toward self-sufficiency through various supported services and programs with temporary financial assistance.
Native American Services	Hoopa Valley Tribe, Behavioral Health Services	530-625-4261 x 0450	68 Orchard St., Hoopa, CA 95546		Mental health, substance use disorder programs, children and family services and Parole/Probation.
Native American Services	Karuk Judicial System, Karuk Tribe	530-493-1600	PO Box 629, Yreka, CA 96097	http://www.karuk. us/index.php/depa rtments/judicial- system	

Category	Name	Business Phone	Address	Website	Description
Native American Services	Karuk Tribal Temporary Assistance to Needy Families (TANF)	530-493-1440	533 Jacobs Way, PO Box 1016, Happy Camp, CA 96039		Mission: To preserve and strengthen the children and families of the Karuk Tribe and other Native American Tribes through an effective social welfare system that empowers individuals and families to work toward and achieve self-sufficiency, sobriety and to become loving responsible parents in a culturally relevant way.
Native American Services	Karuk Tribe - Child & Family Services	530-493-1600	64236 Second Ave., Happy Camp, CA 96039	http://www.karuk. us/karuk2/home	A federally recognized tribe of Karuk people. They are an indigenous people of California, located in the northwestern corner of the state, in Humboldt and Siskiyou counties.
Native American Services	Northern California Indian Development Council	707-445-8451	241 F St., Eureka, CA 95501	<u>http://www.ncidc.</u> org/	Services available to American Indians [Native Americans]: Job/career counseling, community service block grants for emergency services, computer use, disaster planning resources, etc.
Native American Services	Trinidad Rancheria		1 Cher-Ae Lane, PO Box 630, Trinidad, CA 95570	<u>https://trinidad-</u> <u>rancheria.org/me</u> <u>mber-services/</u>	The Member Services Program within the Tribal Programs Department is designed to be the central intake to assist Tribal members with all of their needs and requests. Current services offered include referral services and case management: Visit website or call for more detail.
Native American Services	Trinidad Rancheria, Animal Control	707-599-6828	1 Cher-Ae Lane, Trinidad, CA 95568	<u>http://trinidad-</u> <u>rancheria.org/ani</u> <u>mal-control</u>	The purpose of the Animal Control program is to assist the Rancheria community with animal-related issues, as well as act as a resource and educational tool regarding pet ownership and care. If you have an urgent matter to report, please call the phone number. Otherwise, please navigate to the website and fill out a Member Service Request Form.
Native American Services	Two Feathers Native American Services	707-839-1933	1650 Betty Court, Suite A, McKinleyville, CA 95519	http://www.twofe athers-nafs.org/	Social work, emergency services, counseling and therapeutic culture groups. Services are free. Also helps with emergency food, clothing and shelter (up to 3 days) for domestic violence victims. Contact Kim Brown.

Category	Name	Business Phone	Address	Website	Description
Native American Services	United Indian Health Services (Fortuna)	707-725-7988	3302 Renner Drive, Suite C, Fortuna, CA 95540	<u>http://www.unite</u> <u>dindianhealthservi</u> <u>ces.org/</u>	Direct health care services are made available to eligible people of "Indian descent" and eligible non-Indian members (married to, or the child of a person who is an "enrolled member").
Native American Services	United Indian Health Services (Potawat Village, Arcata)	707-825-5000	1600 Weott Way, Arcata, CA 95521	<u>http://www.uihs.o</u> rg/	Direct health care services are made available to eligible people of "Indian descent" and eligible non-Indian members (married to, or the child of a person who is an "enrolled member").
Native American Services	United Indian Health Services (Weitchpec)	530-625-4300	Libby Nix Community Center, Highway 96, Weitchpec, CA 95546	<u>http://www.uihs.o</u> <u>rg/</u>	Direct health care services are made available to eligible people of "Indian descent" and eligible non-Indian members (married to, or the child of a person who is an "enrolled member").
Native American Services	Wiyot Tribe Health & Human Services	707-733-5055	Tribe Wiyot, 1000 Wiyot Drive, Loleta, CA 95551	https://www.wiyo t.us/31/Health- Human-Services- click-here-for-lis	There are a wide variety of social services offered at the Tribal Office. Some services are based on need and/or income qualifications.
Native American Services	Yurok Food Distribution, Yurok Tribe	707-464-1852	190 Nelson Lane, Crescent City, CA 95532	http://www.yurok tribe.org/departm ents/socialservices /fdp.htm	Provides an alternative to CalFresh for low-income tribal members residing within non-metropolitan areas of Humboldt and Del Norte and to other low-income individuals residing on the Yurok Reservation. Offers USDA food commodities and fresh fruit and produce. Also offers a tailgate option for delivery.
Native American Services	Yurok Indian Housing Authority	707-482-1506 <i>,</i> 800-281-4749	15540 Hwy. 101 North, Klamath, CA 95548	<u>https://www.yuro</u> <u>khousing.com/</u>	Services include rehabilitation programs, elder emergency assistance, rental programs for low rent and students, home ownership programs and weatherization.

Category	Name	Business Phone	Address	Website	Description
					Mission: To help tribal members and families achieve
	Yurok Social		190 Klamath	http://www.yurok	independence, self-sufficiency and healthy, productive
Native American	Services	707-482-1350	Blvd., PO Box	tribe.org/departm	communities. Services include General Assistance, food
Services	Department,	707-462-1550	1027, Klamath,	ents/socialservices	distribution, low-income Home Energy Assistance Program,
	Yurok Tribe		CA 95548	L	Tribal TANF and the Yurok Domestic Violence/Sexual
					Assault Project.
					The Court's role is to protect the values of the people, to
	Yurok Tribal		230 Klamath		support the development of those values within each
Native American	Court, Yurok	707-482-0415	Blvd., PO Box	https://yuroktribal	member of the community, and to ensure that the
Services	Tribe	707-482-0415	1027, Klamath,	<u>court.org/</u>	responsibility to protect Yurok traditions and traditional
	TIDE		CA 95548		lands are carried out. The Yurok Justice Center is located at
					230 Klamath Blvd. in Klamath.
	Yurok Tribal				Mission: To help Yurok needy families work toward and
	Temporary Assistance to Needy Families (TANF), Yurok		See brief	http://www.yurok	achieve self-sufficiency in a culturally appropriate way.
Native American			description for	tribe.org/departm	Eureka: 3400 Erie St., Eureka, CA 95501; Klamath: 190
Services			multiple locations.	ents/socialservices	Klamath Blvd., PO Box 1027, Klamath, CA 95548.
				L	Weitchpec: Hwy 96, Weitchpec (right after the bridge).
	Tribe				
					Organizations that assist community members with food
Organization	CalFresh		929 Koster St.,		security by assisting with enrollment in and retention of
Resources	Outreach, DHHS-	707-476-4760	Eureka, CA		CalFresh nutrition assistance benefits should contact
	Social Services		95501		CalFreshOutreach@co.humboldt.ca.us to see what
					supports and services may be available.
					The Humboldt County CalFresh Task Force brings together
					community-based organizations and county agencies
Organization	CalFresh Task	707 445 2466			serving CalFresh eligible households in Humboldt County
Resources	Force	707-445-3166			and is facilitated by Food for People. Stay up-to-date on
				esh-task-force	local CalFresh enrollment statistics and processes, in
					addition to state and federal legislation that impacts the
					community. Website has many resources.

Category	Name	Business Phone	Address	Website	Description
Organization Resources	Community Health Assessment (CHA) and Community Health Improvement Plan (CHIP), DHHS-PH			https://humboldtg ov.org/DocumentC enter/View/71701 /2018- Community- Health- Assessment-PDF	The CHA summarizes data from a variety of sources to offer a snapshot of Humboldt health. DHHS-PH and community partners use the CHA to update the CHIP and as a resource for planning and policy making. To access both the CHA and CHIP, visit humboldtgov.org/Public Health. The resulting communitywide health improvement efforts are being branded as Live Well Humboldt.
Organization Resources	Community Health Alliance	707-269-1776	PO Box 367, Eureka, CA 95502	<u>https://www.com</u> <u>munityhealthallian</u> <u>ce.org/</u>	The Community Health Alliance of Humboldt - Del Norte, Inc. is a network of health care providers, consumers, employers, and community leaders serving as the North Coast's forum for community-based health planning and advocacy. Quarterly membership meetings.
Organization Resources	DHHS-Social Services Community Liaison	707-476-4760	929 Koster St., Eureka, CA 95501	https://humboldtg ov.org/DocumentC enter/View/55558 /I-13-30-Info- SheetSocial- Services- Community- Liaison	The Social Services community haison works with partners
Organization Resources	DHHS-Social Services Eligibility and Benefits Info Sheets			https://humboldtg ov.org/2671/Partn er-Info-Sheets	The info sheets are one page documents written for the assister, case manager, eligibility specialist, provider, social worker, etc. The info sheets have plain introductory language that covers basic program information. Info sheets are intended to be a beginner's base on which to build additional knowledge.

Category	Name	Business Phone	Address	Website	Description
Organization Resources	Humboldt County Resource Card (co- produced by DHHS and Human Rights Commission [HRC])				DHHS and the HRC jointly produce this business card-sized, water-resistant four panel card that lists critical resources. Organizations can request cards by e-mailing CalFreshOutreach@co.humboldt.ca.us or HCRL@co.humboldt.ca.us.
Organization Resources	Humboldt Network of Family Resource Centers (HNFRC)			<u>https://www.hnfrc</u> .org/	HNFRC acts as a hub for local Resource Centers to share resources, best practices, build relationships, and form coalitions to address community concerns. HNFRC seeks to collectively improve health and resiliency in all of our communities.
Organization Resources	LatinoNet			<u>http://latinonet.or</u> g/	The Latino Community Providers' Network (LatinoNet) was created in 2000 as a community resource addressing the unique experiences of our Latino community. LatinoNet's mission is to improve the quality of life for Spanish- speaking families on the North Coast through networking, information, collaboration and advocacy.
Organization Resources	North Coast Resource Hub (NCRH)			<u>http://resourcehu</u> <u>b.nchiin.org/</u>	The NCRH is a mobile-friendly resource guide. Resources in the hub are centered on services that relate to substance use disorder, stabilizing services, crisis services and alternative pain management resources. Inclusion of additional services is planned for the near future. The NCRH features detailed information including service hours, types of services provided, eligibility criteria and populations served.

Category	Name	Business Phone	Address	Website	Description
Organization Resources	Northern California Association of Non-Profits (NorCAN)	707-442-2993	363 Indianola Road, Bayside, CA 95524	https://www.hafo undation.org/Non profit- Resources/Norther n-California- Association-of- Nonprofits	NorCAN's mission is to support the connection between people and organizations that work everyday to keep communities healthy and strong. NorCAN offers professional development opportunities, board support, networking connections and more.
Organization Resources	Northern California Association of Non-Profits (NorCAN) email listserv	707-442-2993	363 Indianola Road, Bayside, CA 95524	https://www.hafo undation.org/Non profit- Resources/Norther n-California- Association-of- Nonprofits/Our- Email-List	NorCAN offers a regional nonprofit email list, or 'listserv' that has a subscriber-ship of almost 1,000 people. This service provides public sector organizations the opportunity to share information about available resources, events, organizational updates, job openings, needs, reports and key issues regarding their work.
Organization Resources	Physical Activity and Nutrition Program, DHHS- PH, Healthy Communities	707-268-2132	908 Seventh St., Eureka, CA 95501	https://humboldtg ov.org/2049/Physi cal-Activity-and- Nutrition-Program	Supports CalFresh-funded agencies with resources related to healthy eating and active living such as recipe cards, cookbooks, physical activity DVDs and brochures.
Organization Resources	RxSafe Humboldt	707-443-4563		<u>http://www.rxsafe</u> <u>humboldt.org/</u>	The mission of the RxSafe Humboldt Coalition includes developing community standards and supporting structures for diagnosis and treatment for chronic and acute pain while providing patients with the best care possible and recognizing the risks of prescribing pain medications. Members include Open Door, St. Joe's, DHHS, NCHIIN, Partnership etc., (See site for full details.)
Organization Resources	See the Service Agencies, Clubs & Funders section				The Service Agencies, Clubs & Funders section is a good resource for organizations looking for resources or funding.

Category	Name	Business Phone	Address	Website	Description
Organization Resources	Southern Humboldt Working Together (SHWT)	mark_schaffner @yahoo.com		https://www.face book.com/Souther nHumboldtWorkin gTogether/	The mission of SHWT is to promote and sustain the well- being of the people, communities, environment and economy of Southern Humboldt (SoHum). It also works to promote cultural, recreational and commercial development of SoHum and to serve as a sponsor for groups forming to achieve these goals. Monthly meetings and a Google Groups listserv.
Organization Resources	Tobacco Education Network (TEN), Public Health, DHHS	707-273-2869 email: tobaccofreehu mboldt@co.hu mboldt.ca.us		https://humboldtg ov.org/662/Tobacc o-Free-Humboldt- TFH	TEN connects community members with information and advocacy opportunities around commercial tobacco use and cessation resources. Anyone interested in helping reducing and eliminating nicotine use in Humboldt County is welcome to join.
Organization Resources	Zero Waste Humboldt		PO Box 293, Arcata, CA 95518; office by appt., 839 Ninth St., Arcata, CA 95521	<u>www.zerowastehu</u> mboldt.org	Zero Waste Humboldt provides 3 main services: 1. Public Education aimed at adopting new habits 2. Advocacy and policy development 3. Technical assistance consulting and ZW training.
Parenting Resources	Breastfeeding Task Force (BFTF) DHHS-PH, Maternal Child & Adolescent Health (MCAH)	707-445-6210		https://humboldtg ov.org/2273/Breas tfeeding-Task- Force	MCAH program's goal is to boost the duration of breastfeeding by increasing community awareness and support for breastfeeding mothers. Members include lactation consultants, health care providers, nurses, doulas, peer counselors and mothers. DHHS's MCAH program helps coordinate the BFTF. This taskforce has been added to Perinatal Community Coalition.
Parenting Resources	Car Seat Program, Public Health, DHHS	707-445-6210	908 Seventh St., Eureka, CA 95501		Provides car seats for low-income, underserved and non- English speaking families in Humboldt County. Works with a variety of community partners to improve access for car seats and care seat check-ups. Certifies car seat technicians in the community.

Category	Name	Business Phone	Address	Website	Description
Parenting Resources	First 5 Humboldt	707-445-7389	325 Second St., Suite 201, Eureka, CA 95501	<u>http://first5humb</u> <u>oldt.org/</u>	Promotes comprehensive, integrated systems of services for early childhood development in order to foster secure, healthy and loving children eager to learn and develop to their full potential. Provides several play groups for 0 to 5 year old children in various communities.
Parenting Resources	Foster Parent Recruitment, DHHS	707-499-3410		https://humboldtg ov.org/534/Foster- Parent- <u>Recruitment</u>	When Humboldt County children can't be kept safe in their homes, loving foster parents are needed. Basic requirements include: Being 21 or older, accepting the temporary nature of foster care, attending an orientation, being a team player working to meet the needs of the foster youth, completing 24 hours of training, meeting licensing requirements and aiding the foster youth's transition back to family or to an adoptive home.
Parenting Resources	Growing Together Perinatal Program	800-863-4155	Redding Regional Office, 3688 Avtech Parkway, Redding, CA 96002	<u>http://www.partn</u> <u>ershiphp.org</u>	Partnership HealthPlan of California for Medi-Cal (MC) recipients is located in Redding, but services are provided to multiple counties including Humboldt. Assists with access to care and care coordination services related to prenatal and postnatal community members with MC.
Parenting Resources	Life of a Single Mom (Eureka Faith Center)	707-442-1784	1032 Bay St., Eureka, CA 95501	https://www.eure kafaithcenter.org	Aims to serve the practical, spiritual and survival needs of single moms.
Parenting Resources	Love & Logic, Parents In Training (PIT)	707-443-1401 (Office), 707- 496-6070	PO Box 6358, Eureka, CA 95502	<u>http://www.Paren</u> <u>tsintraining.org</u>	Parent training provides information about gangs, substance use disorder, divorce and stepparents. Also covers early childhood (birth to 3 years old) and (4 years and older). Call, or request meeting information on website.

Category	Name	Business Phone	Address	Website	Description
Parenting Resources	Mothers of Preschoolers (MOPS) (Eureka Faith Center)	707-442-1784	1032 Bay St., Eureka, CA 95501	<u>https://www.eure</u> <u>kafaithcenter.org</u>	MOPS offers a chance for moms to meet with other moms who are experiencing the same stages of life. Mothering looks different for each person, but the need for support and encouragement is the same across the board.
Parenting Resources	Mother-2- Mother Breastfeeding Support Circle	707-496-2108	317 Third St., Eureka, CA 95501	https://www.inkp eople.org/dreamm aker- data/mother2mot her	Free Mother-2-Mother support circle. A great opportunity to meet with other nursing mothers, share concerns, funny stories, and discuss day-to-day management of breastfeeding.
Parenting Resources	North Coast Regional Department of Child Support Services	866-901-3212	2420 Sixth St., Eureka, CA 95501	<u>http://humboldtgo v.org/DCSS</u>	Caring professionals serving Humboldt and Trinity families living in separate households. Utilizes legal practices to establish paternity and resolve financial issues related to supporting their children. Mediated child support and time share agreements, and free budgeting skills education for parents using department services. Learn more at https://www.youtube.com/watch?v=LtjAlT63ORM.
Parenting Resources	Nurse-Family Partnership, Public Health, DHHS	707-268-2105	317 Second St., Eureka, CA 95501	http://www.humb oldtgov.org/578/N urse-Family- Partnership	Evidence-based public health program that helps transform the lives of low-income mothers pregnant with their first child. A free, voluntary program for first time moms under 28 weeks along. Home visiting with nursing and other resources.
Parenting Resources	Parents Nutrition Center	707-440-0785	Bayshore Mall Food Court, 3300 Broadway, Eureka, CA 95501	https://www.face book.com/Parents -Nutrition-Center- 110119264843332	Latina-owned storefront offers a place to purchase WIC items.

Category	Name	Business Phone	Address	Website	Description
Parenting Resources	Paso a Paso, Providence, St. Joseph Hospital	707-441-4477	2200 Harrison Ave., Eureka, CA 95501	https://www.stjoe humboldt.org/for- community/paso- a-paso-step-by- step-/	Childbirth education, parenting, breastfeeding, fatherhood and positive discipline support classes offered in Spanish. This is an outreach program of St. Joseph Health-Humboldt County.
Parenting Resources	Perinatal Services, Public Health, DHHS (Parenting)	707-445-6211, Toll free: 800- 698-0843	908 Seventh St., Eureka, CA 95501	<u>http://humboldtgo v.org/656/Perinat</u> <u>al-Services</u>	The goal of the Perinatal Services Program is to improve the health of low-income pregnant women and give their babies a healthy start in life by connecting individuals to resources and services such as Medi-Cal, Home Visiting and Child Passenger Safety. This is a telephonic case management program.
Parenting Resources	Redwood Coast Parent Project® (RCPP), Humboldt County Office of Education	707-445-7098	1820 Sixth St., Eureka, CA 95501	<u>https://changingti</u> <u>desfs.org/node/26</u> <u>0</u>	Coordinates the Parent Project [®] : 11-week workshops that provide parents with effective strategies and tools to influence and motivate strong-willed teens, with focus on turning around the most destructive adolescent behaviors: Truancy/school refusal, defiance in the home and more. Appropriate for parents with youth 10+. Available in Arcata, Eureka, Fortuna.
Parenting Resources	SafeCare Program, Public Health, DHHS	707-441-5075	908 Seventh St., Eureka, CA 95501	<u>https://humboldtg</u> <u>ov.org/361/SafeCa</u> <u>re</u>	SafeCare is an evidence-based parenting program that works with caregivers of children ages 0-5. Parents learn how their parenting decisions and actions affect their child's growth and development focusing on Health, Home Safety and Parent-Child Interactions. SafeCare providers complete visits once a week for around 18 to 20 weeks.
Parenting Resources	Women, Infant, Children (WIC), Public Health, DHHS (Eureka)	707-445-6255	317 Second St., Eureka, CA 95501	http://humboldtgo v.org/657/Women -Infants-Children- WIC	

Category	Name	Business Phone	Address	Website	Description
Parenting Resources	Women, Infant, Children (WIC), Public Health, DHHS (Fortuna)	707-726-9427	3306 Renner Drive, Fortuna, CA 95540	http://humboldtgo v.org/657/Women -Infants-Children- WIC	The WIC supplemental nutrition program is for income- eligible pregnant, breastfeeding and non-breastfeeding women and children under the age of 5 years old who have a nutritional need.
Parenting Resources	Women, Infant, Children (WIC), Public Health, DHHS (Garberville)	707-923-2779	727 Cedar St., Garberville, CA 95540	http://humboldtgo v.org/657/Women -Infants-Children- WIC	The WIC supplemental nutrition program is for income- eligible pregnant, breastfeeding and non-breastfeeding women and children under the age of 5 years old who have a nutritional need.
Parenting Resources	Women, Infant, Children (WIC), Public Health, DHHS (McKinleyville)	707-445-6255, 707-839-1173	1450A Hiller Road, McKinleyville, CA 95519	<u>http://humboldtgo</u> v.org/657/Women -Infants-Children- WIC	The WIC supplemental nutrition program is for income- eligible pregnant, breastfeeding and non-breastfeeding women and children under the age of 5 years old who have a nutritional need.
Pets/Animals	Animal Control, County of Humboldt	707-840-9132	980 Lycoming Ave., McKinleyville, CA 95519	http://www.humb oldtgov.org/377/A nimal-Control- Division	Animal Control is responsible for the enforcement of state laws and local ordinances pertaining to animals and serves as a contact point for the public with regard to animal problems and issues.
Pets/Animals	Arcata Animal Hospital	707-822-2402	1300 Giuntoli Lane, Arcata, CA 95521	<u>https://arcatavet.c</u> om/	Providing genuine care, comfort, and high quality veterinary medicine for patients and clients is Arcata Animal Hospital's highest mission. Browse website to learn more about the services provided. Find specific information about medical conditions as well as information about general pet care for all species in the Pet Library, view "how-to" videos and find details about upcoming events.

Category	Name	Business Phone	Address	Website	Description
Pets/Animals	Companion Animal Foundation	707-296-4629	3954 Jacobs Ave., Eureka, CA, 95501	<u>https://www.cafan</u> imals.org/	Companion Animal Foundation is a non-profit animal rescue organization formed in response to the high euthanasia rate of adoptable animals in Humboldt. Money raised in the Blue Lake thrift store helps rescue and care for animals until permanent homes are found. Offers spay/neuter assistance for people on limited incomes, provides humane trapping methods for feral cats and runs humane education programs.
Pets/Animals	Friends for Life Animal Rescue	707-442-5999	PO Box 962, Eureka, CA 95502	<u>http://www.dogre</u> <u>scuers.org/index.h</u> <u>tm</u>	Friends for Life was founded in 2001 and is a 501 (c)(3) non- profit California corporation. It is the goal of FFL to provide a bridge for animals from homelessness or abandonment to their forever homes by offering services including: Spay/neuter program, foster cat program, shelter emergency medical fund and humane education program.
Pets/Animals	Humboldt Animal Rescue Team (HART)	707-616-6440	8 W. Sixth St., Eureka, CA 95501	<u>https://www.hum</u> <u>boldtanimalrescue</u> <u>team.org/</u>	HART is a small, non-profit, volunteer-run animal rescue specializing in cats and kittens. Open Fridays, Saturdays and Sundays, noon to 3 p.m. Adoptable cats are spayed/neutered, treated for fleas/worms, vaccinated, tested for FIV. Adoption fee to cover costs is \$125 for a kitten, lower for older animals.
Pets/Animals	Humboldt Dog Obedience Group (HumDOG)	707-444-3862	PO Box 6733, Eureka, CA 95502	<u>http://www.humd</u> og.org/index.htm	HumDOG was founded in 1978 with two primary goals: 1) Promote benefits of obedience training for all dogs; 2) Encourage responsible dog ownership. Most members live on the North Coast. By their enthusiasm, help and knowledge, HumDOG is kept alive and continues to serve our community.

Category	Name	Business Phone	Address	Website	Description
Pets/Animals	Humboldt Spay/Neuter Network (SPAY Humboldt!)	707-442-7729	2606 Myrtle Ave., Eureka, CA 95501	<u>https://www.spay</u> <u>humboldt.org/</u>	SPAY Humboldt! is a grassroots, all-volunteer organization working to improve the lives of animals in Humboldt County by providing access to low-cost spay/neuter surgeries, assistance with trapping and fixing feral cats and adoptions of dogs and cats to loving homes.
Pets/Animals	Miranda's Rescue For Large & Small Animals	707-725-4449	1603 Sandy Prairie Road, Fortuna, CA 95540	<u>http://mirandasre</u> <u>scue.org/</u>	No-kill rescue, adoption and sanctuary facility for distressed, neglected, abused and discarded animals, large and small. Finds animals loving adoptive homes.
Pets/Animals	Redwood Pals Rescue	707-663-8842	PO Box 2913, McKinleyville, CA 95519	http://redwoodpal srescue.org/site/	Redwood Pals Rescue is an all-volunteer organization dedicated to support rescue and adoption efforts of animals that are at risk in the Humboldt County Animal Shelter in addition to working to improve the quality of their lives.
Pets/Animals	Sequoia Humane Society	707-442-1782	6073 Loma Ave., Eureka, CA 95503	<u>http://sequoiahu</u> <u>mane.org/</u>	Sequoia Humane Society provides shelter for homeless and neglected companion animals, pet adoption services, assistance in getting pets spayed or neutered, education about responsible pet ownership. Tuesdays-Saturdays noon to 5 p.m.
Pets/Animals	Trinidad Rancheria, Animal Control	707-599-6828	1 Cher-Ae Lane, Trinidad, CA 95568	<u>http://trinidad-</u> <u>rancheria.org/ani</u> <u>mal-control</u>	The purpose of the animal control program is to assist the Rancheria community with animal-related issues, as well as acting as a resource and education tool regarding pet ownership and care. If you have an urgent matter to report, please call the phone number. Otherwise, please navigate to the website and fill out a Member Service Request Form.

Category	Name	Business Phone	Address	Website	Description
Prenatal Services	Eureka Pregnancy Services, Open Door Community Health Centers	707-443-4666	2412 Buhne St., Eureka, CA 95501		Compassionate, high-quality pregnancy services to meet the needs of patients throughout pregnancy. The obstetric care teams include family physicians and licensed midwives who provide prenatal care and deliver babies, as well as OB nurses and other support staff who provide services in the areas of nutrition, psychosocial help and family-childbirth education.
Prenatal Services	Growing Together Perinatal Program	800-863-4155	Redding Regional Office, 3688 Avtech Parkway, Redding, CA 96002	<u>http://www.partn</u> ershiphp.org	Partnership HealthPlan of California for Medi-Cal (MC) recipients is located in Redding, but services are provided to multiple counties including Humboldt. Assists with access to care and care coordination services related to prenatal and postnatal community members with MC.
Prenatal Services	Moonstone Midwives	707-633-3009	4677 Valley East Blvd., Suite 2, Arcata, CA 95524	http://www.moon stonemidwives.co m/	Prenatal Services.
Prenatal Services	NorthCountry Prenatal Services, Open Door Community Health Centers	707-822-1385	3800 Janes Road, Suite 101, Arcata, CA 95521	ealth.com/services	Compassionate, high-quality pregnancy services to meet the needs of patients throughout pregnancy. The obstetric care teams include family physicians and licensed midwives who provide prenatal care and deliver babies, as well as OB nurses and other support staff who provide services in the areas of nutrition, psychosocial help and family-childbirth education.
Prenatal Services	Nurse-Family Partnership, Public Health, DHHS	707-268-2105	529 I St., Eureka, CA 95501	<u>http://www.humb</u> oldtgov.org/578/N <u>urse-Family-</u> Partnership	Free Community Health Program. Nurse-Family Partnership works by having specially educated nurses regularly visit first-time families, starting early in the pregnancy and continuing through the child's second birthday. Offering personalized assistance and support for first time families. Empowering families to achieve health, developmental and economic goals.

Category	Name	Business Phone	Address	Website	Description
Prenatal Services	Paso a Paso, Providence, St. Joseph Health	707-441-4477	2700 Dolbeer St., Eureka, CA 95501	https://www.stjoe humboldt.org/for- community/paso- a-paso-step-by- step-/	Childbirth education, parenting, breast feeding, fatherhood and positive discipline support classes offered in Spanish. This is an outreach program of St. Joseph Health-Humboldt County.
Prenatal Services	Perinatal Services, Public Health, DHHS	707-445-6211, Toll free 800- 698-0843	908 Seventh St., Eureka, CA 95501	http://humboldtgo v.org/656/Perinat al-Services	The goal of the Perinatal Services Program is to improve the health of low-income pregnant women and give their babies a healthy start in life by connecting individuals to resources and services such as Medi-Cal, Home Visiting and Child Passenger Safety. This is a telephonic case management program.
Prenatal Services	Planned Parenthood of Northern CA, Eureka Health Center	707-442-5700	3225 Timber Fall Court, Suite B, Eureka, CA 95501	<u>http://www.plann</u> edparenthood.org /srpp/	Information on a variety of healthy living topics, same day appointments available and ensures access to reproductive and sexual health care for all.
Prenatal Services	Pregnancy Care Center of the North Coast & J. Rophe Medical Center	707-444-0423	721 Seventh St., Suite A, Eureka, CA 95501		Offers compassion, direction and hope to those facing life decisions. All services are free and confidential and include: pregnancy testing, ultrasounds, information on pregnancy options, assistance with maternity and baby clothing and ongoing support. Christian orientation and focus.
Prenatal Services	Redwood Rural Health Center	707-923-2783	101 West Coast Road, Redway, CA 95560	https://www.rrhc. org/perinatal- services	Call the medical clinic Mondays-Fridays, from 8:15 a.m. to 5:30 p.m. to schedule appointments. Services offered include prenatal and postpartum care, laboratory work as well as nutrition and lactation counseling.
Prenatal Services	St. Joseph Health Medical Group	707-476-2909	2773 Harris St., Suite D, Eureka, CA 95501	phhealthmedicalgr oup.com/	St. Joseph Health Medical Group offers women a full range of women's health and wellness services, including obstetrical and gynecological care which is appropriate of each stage of life. Prenatal and gynecological services are also available in Spanish.

Updates and corrections: contact HCRL@co.humboldt.ca.us Updates issued April and October

Category	Name	Business Phone	Address	Website	Description
Prenatal Services	Women, Infant, Children (WIC), Public Health, DHHS (Eureka)	707-445-6255	317 Second St., Eureka, CA 95501		The WIC supplemental nutrition program is for income- eligible pregnant, breastfeeding and non-breastfeeding women and children under the age of 5 years old who have a nutritional need.
Prenatal Services	Women, Infant, Children (WIC), Public Health, DHHS (Fortuna)	707-726-9427	3306 Renner Drive, Fortuna, CA 95540	http://humboldtgo v.org/657/Women -Infants-Children- WIC	The WIC supplemental nutrition program is for income- eligible pregnant, breastfeeding and non-breastfeeding women and children under the age of 5 years old who have a nutritional need.
Prenatal Services	Women, Infant, Children (WIC), Public Health, DHHS (Garberville)	707-923-2779	727 Cedar St., Garberville, CA 95540	http://humboldtgo v.org/657/Women -Infants-Children- WIC	The WIC supplemental nutrition program is for income- eligible pregnant, breastfeeding and non-breastfeeding women and children under the age of 5 years old who have a nutritional need.
Prenatal Services	Women, Infant, Children (WIC), Public Health, DHHS (McKinleyville)	707-445-6255, 707-839-1173	1450A Hiller Road, McKinleyville, CA 95519		The WIC supplemental nutrition program is for income- eligible pregnant, breastfeeding and non-breastfeeding women and children under the age of 5 years old who have a nutritional need.
Prenatal Services	With Open Arms Reproductive Health Services	707-442-0400	2505 Lucas St., Suite B, Eureka, CA 95501	https://www.with openarmshealthca re.com/	Dedicated to providing a full range of options for pregnancy and childbirth at the hospital of choice. Offering tubal ligations and vasectomy procedures. "A Practice of Aloha".
Recreation & Fun	Amazon Prime			www.Amazon.com	Amazon Prime is available for \$6.99 a month for qualifying customers with an EBT card or a Medicaid Card (Medi-Cal in California, card is called a BIC.) Includes music and video streaming libraries and free shipping.
Recreation & Fun	Arcata Pool	707-822-6801	1150 16th St., Arcata, CA 95521	<u>http://arcatapool.</u> <u>com/</u>	Facility use is \$8.50 for adult+E468s, \$7.25 for seniors and \$5 for youth. Discounted price is \$4 for recipients with proof of SSI Disability, Medi-Cal or EBT, also offered on children's swimming lessons.

Category	Name	Business Phone	Address	Website	Description
Recreation & Fun	Golden Bear Pass	916-651-0515	744 P St., Sacramento, CA 95814	<u>https://cdss.ca.gov</u> /goldenbearpass	For CalWORKs families: The pass provides free entry at more than 200 state parks and beaches, ensuring more Californians have access to the outdoors, regardless of their ZIP code.
Recreation & Fun	Humboldt County Library	707-269-1900	1313 Third St., Eureka, CA 95501	<u>https://humboldtg</u> <u>ov.org/1346/Publi</u> <u>c-Library</u>	A vital community resource, the library provides services through the Main Library in Eureka, ten branch libraries, and a bookmobile. Everyone is welcome to visit and use the Humboldt County Library. "Permanent" Library Cards are free of charge to Humboldt County residents with a permanent local mailing address. 'Express' Library Cards are free of charge and available without providing an address.
Recreation & Fun	Latino Outdoors			https://latinooutd oors.org/	Latino-led and volunteer powered organization that provides outdoor recreation opportunities to youth and families to inspire and empower Latino wellness and outdoor leadership using culturally relevant programs.
Recreation & Fun	Morris Graves Museum of Art	707-442-0278	636 F St., Eureka, CA 95501	https://www.visitr edwoods.com/listi ng/morris-graves- museum-of- art/389/	The museum features exhibitions from artists, both local and from around the world. Families with EBT Cards (CalFresh/CalWORKs) can visit for free any day.
Recreation & Fun	Museums for All			<u>https://museums4</u> <u>all.org/</u>	Through Museums for All, those receiving CalFresh/SNAP benefits can gain free or reduced admission to more than 300 museums throughout the United States simply by presenting their EBT card. Website has search function.
Recreation & Fun	Parks & Recreation, City of Eureka			https://www.ci.eu reka.ca.gov/depts/ recreation/default. asp	The City of Eureka's Recreation Division also offers a wide range of options to choose from, including summer day camps, after school programs, teen leadership programs, community classes, youth programs, Eureka Skate Park and Hoopsters Youth Basketball.

Category	Name	Business Phone	Address	Website	Description
Recreation & Fun	Redwood Discovery Museum	707-443-9694	612 G St., Suite 102, Eureka, CA 95501	<u>https://www.disco</u> very-museum.org/	The Discovery Museum is a nonprofit children's museum that offers interactive exhibits and thematic programs. Discovery Museum exhibits and programs promote hands- on, open-ended discovery in the areas of science, art, culture, technology and healthy living.
Recreation & Fun	See Extensive Listing of Resource Centers				Many of the family/community resource centers in the "Community Info and Referral" section host recreational activities. Local resource centers are also excellent resources for neighborhood events and activities.
Recreation & Fun	Sequoia Park Zoo	707-441-4263	3414 W St., Eureka, CA 95503	<u>http://www.sequo</u> iaparkzoo.net/	Established in 1907, Sequoia Park Zoo is the oldest zoo in California and one of the smallest accredited zoos in the country. EBT (CalFresh/CalWORKs) and BIC (Medi-Cal) cardholders with ID are eligible for reduced admission at the ticket booth. EBT/BIC cardholders may purchase tickets for \$4 per person, for up to five people in their group. Agencies may apply for equitable access tickets for clients via the Everyone's Zoo program. Please email everyoneszoo@sequoiaparkzoo.net for more information.
Recreation & Fun	Visit Redwoods website			https://www.visitr edwoods.com/	Visitredwoods.com has a page to find Humboldt County events, such as street fairs.
Senior Services	Area 1 Agency On Aging (Senior Services)	707-442-3763	333 J St., Eureka, CA 95501	<u>http://www.a1aa.</u> org/	Provides funding for senior programs and administers the following programs: Health Insurance Counseling and Advocacy Program (HICAP), Senior Information and Assistance, North Coast Homeshare, Volunteer Driver Program, SAIL Exercise Classes, Stay Put Services, Long Term Care Ombudsman Program and Volunteer Center of the Redwoods.
Senior Services	Easy Call, Advanced Security Systems	707-443-6366	1336 Fourth St., Eureka, CA 95501	http://www.advan cedsecurity.us	"I've fallen and can't get up" button for seniors/people with disabilities.

Category	Name	Business Phone	Address	Website	Description
Senior Services	Food for People, Commodity Supplemental Food Program (CSFP)	707-445-3166 x 309	Call	http://www.foodf orpeople.org/prog rams/commodity- supplemental- food-program-csfp	CSFP provides a large box of nutritious food monthly for income-eligible people age 60+. Applications must be filled out in person. Services available for pick-up in Eureka, Arcata, McKinleyville, Trinidad and Fortuna.
Senior Services	Food for People, Senior Brown Bag	707-445-3166 x 309	Call	http://www.foodf orpeople.org/prog rams/senior- brown-bag- program	Provides a monthly bag of groceries for seniors age 60 or older at locations throughout Humboldt County; see website. Delivery may be available to homebound seniors too ill or disabled to leave home, depending on volunteer resources.
Senior Services	Fortuna Senior Bus	707-725-7625		dlyfortuna.com/de	Reservation and dispatcher-based system: Call dispatchers to schedule the times bus is needed. Buses servicing seniors and people with disabilities (disability under 50 with doctor's note). \$2.50/ride or 15 trips for \$22.50.
Senior Services	Fortuna Senior Center	707-726-9203	3000 Newburg Road., Suite B, Fortuna, CA 95540	<u>http://fortunaseni</u> <u>or.org/</u>	Links seniors with health and fitness, educational, social and recreational, financial, legal and other necessary service organizations, primarily in the immediate Fortuna area. Most are free of charge. Office hours Mon-Fri 10 a.m. to noon.
Senior Services	Health Insurance Counseling and Advocacy (HICAP), Area 1 Agency on Aging	707-444-3000 (Eureka), 1-800- 434-0222	333 J St., Eureka, CA 95501	<u>http://www.a1aa.</u> org/	HICAP: Free, unbiased Medicare consulting for beneficiaries and family caregivers. Assistance with prescription drug plans, supplement plan information, no cost preventive services, fraud prevention and Medicare issues.

Category	Name	Business Phone	Address	Website	Description
Senior Services	Healy Senior Center of Southern Humboldt, Inc.	707-923-2399	456 Briceland Road, Redway, CA 95560	http://www.healys eniorcenter.org/	Open to all older adults, their spouses and friends. Hot meals available Mondays, Wednesdays, and Thursdays from 12:30 to 1 p.m.
Senior Services	Humboldt Senior Resource Center (HSRC)	707-443-9747	1910 California St., Eureka, CA 95501	<u>www.humsenior.o</u> rg	The Humboldt Senior Resource Center provides services, information, education and recreation for seniors, families and caregivers in Humboldt County. Services include: Activities Program, Adult Day Health, Alzheimer's Resource Center, Behavioral Health Services, Meals on Wheels Redwood Coast, Multipurpose Senior Services Program (MSSP), Nutrition Program, Redwood Coast PACE and Senior News.
Senior Services	Humboldt Senior Resource Center/ Activities Program	707-443-9747	1910 California St., Eureka, CA 95501	<u>www.humsenior.o</u> rg	The Activities Program offers educational classes, social events, and recreational opportunities as well as a computer lab, support groups, Dial-A-Ride tickets, senior home repair, commodity food distribution, Are You Okay [®] telephone reassurance service, tax assistance and more. The monthly activities schedule can be found on HSRC's website. Modified services offered during the pandemic.
Senior Services	Humboldt Senior Resource Center/ Heritage Cafe (Arcata)	707-825-2027	321 Dr Martin Luther King Jr. Parkway, Arcata, CA 95521	www.humsenior.o rg	Call for reservations. If age 60 or older, contribution of \$3.50 suggested but not required. If younger than 60, \$8 per meal. Call for more information and schedule.
Senior Services	Humboldt Senior Resource Center/ Heritage Cafe (Eureka)	707-442-1181	1910 California St., Eureka, CA 95501	www.humsenior.o rg	Call for reservations. If age 60 or older, contribution of \$3.50 suggested but not required. If younger than 60, \$8 per meal. Call for more information and schedule.

Category	Name	Business Phone	Address	Website	Description
Senior Services	Humboldt Senior Resource Center/ Heritage Cafe (Fortuna)	707-725-6245	Gene Lucas Community Center, 3000 Newburg Road, Fortuna, CA 95540	<u>www.humsenior.o</u> rg	Call for reservations. If age 60 or older, contribution of \$3.50 suggested but not required. If younger than 60, \$8 per meal. Call for more information and schedule.
Senior Services	Humboldt Senior Resource Center/Meals on Wheels	707-443-9747		www.humsenior.o rg	Meals on Wheels Redwood Coast provides meals to homebound older adults in Arcata, Eureka, Fortuna and McKinleyville. Drivers also provide "wellness checks" for clients on their routes.
Senior Services	In-Home Supportive Services (IHSS), DHHS Adult Services	707-476-2100, Toll free: 866- 527-8614	808 E St., Eureka, CA 95501	https://humboldtg ov.org/502/In- Home-Supportive- Services	IHSS is an alternative to costly out-of-home care such as nursing homes; provides aid to blind, aged and disabled individuals who are unable to remain safely in their own home without the aid of a care provider.
Senior Services	McKinleyville Senior Center	707-839-0191	1620 Pickett Road, McKinleyville, CA 95519		Call ahead to find out current activities and open/closed status in light of COVID-19.
Senior Services	Multipurpose Senior Services Program (MSSP), Humboldt Senior Resource Center	707-443-9747	1910 California St., Eureka, CA 95501	www.humsenior.o rg	MSSP is a community-based care management program that helps low-income elders age 65 and older who have chronic conditions to locate, arrange and manage supportive services to help them remain living at home. MSSP serves all of Humboldt County.
Senior Services	Primetimers (Eureka Faith Center)	707-442-1784	1032 Bay St., Eureka, CA 95501	<u>http://eurekafaith</u> <u>center.org/</u>	This group, for those 55 and older, meets every third Friday of the month for a potluck and fellowship.

Category	Name	Business Phone	Address	Website	Description
Senior Services	Public Guardian, DHHS Adult Services	707-445-7343	1105 Sixth St., Suite B, Eureka, CA 95501		The Public Guardian serves as conservator for people with various types of impairments. The office also acts as the representative payee for people deemed by the Social Security Administration to require having an agency act as the Payee to provide money management services.
Senior Services	Redwood Coast Village (RCV)	707-798-6311	517 Third St., Suite 14, Eureka, CA 95501	<u>http://www.redw</u> oodcoastvillage.or g/	RCV membership open to residents of Humboldt aged 50 and above who need just a little help to stay in their own homes. Matches members' needs with volunteers' services and disseminates information from member recommendations. New and growing.
Senior Services	Senior News/ Humboldt Senior Resource Center	707-443-9747	1910 California St., Eureka, CA 95501	<u>www.humsenior.o</u> rg	Senior News is a monthly publication that provides information about resources and local issues of importance to older adults, their families and caregivers. Available at sites throughout Humboldt County, online, or by subscription. Call for more information.
Senior Services	Staying Active and Independent for Life (SAIL), Area 1 Agency on Aging	707-442-3763	333 J St., Eureka, CA 95501		Evidenced-based, fall-prevention, strength, and balance exercise classes led by trained volunteers and offered throughout Humboldt County.
Senior Services	Stay-Put Services, Area 1 Agency on Aging	707-442-3763	333 J St., Eureka, CA 95501	<u>http://www.a1aa.</u> org/	Services designed to address potential safety hazards in the home. Provides a limited amount of hours to remove clutter and reorganize small spaces.

Category	Name	Business Phone	Address	Website	Description
Service Agencies, Clubs & Funders	Helping Hand Fund	707-267-9912	363 Indianola Road, Bayside, CA 95524	https://www.hafo undation.org/Affili ates- Region/Humboldt- Health- Foundation/Home	A partnership between service providers with clients identifying they have unmet needs. Deeply committed to achieving lasting solutions – not just quick fixes – for the entire community.
Service Agencies, Clubs & Funders	Humboldt Area Foundation	707-442-2993	363 Indianola Road, Bayside, CA 95524	<u>https://www.hafo</u> <u>undation.org/</u>	A local and regional advocate for community giving and a proponent of the value of local capital working for local priorities and the public good, offering: Scholarships, grants and other community services such as trainings, workshops, etc.
Service Agencies, Clubs & Funders	Humboldt Health Foundation	707-267-9912	363 Indianola Road, Bayside, CA 95524	<u>http://www.ulhf.o</u> rg/	In partnership with the Humboldt Area Foundation; services to improve the health and wellbeing of the residents and communities of Humboldt County; provides small grants to meet immediate medical or health related needs (Angel Fund).
Service Agencies, Clubs & Funders	Lions Clubs (Eureka)	EurekaLionsClu b@gmail.com	PO Box 274, Eureka, CA 95502	<u>http://www.e-</u> <u>clubhouse.org/site</u> <u>s/eurekahost/</u>	To create and foster a spirit of understanding among all people for humanitarian needs by providing voluntary services through community involvement and international cooperation. A world service organization.
Service Agencies, Clubs & Funders	Lions Clubs (McKinleyville)	707-496-9724	PO Box 2352, McKinleyville, CA 95519	<u>http://e-</u> <u>clubhouse.org/site</u> <u>s/mckinleyville/</u>	To create and foster a spirit of understanding among all people for humanitarian needs by providing voluntary services through community involvement and international cooperation. A world service organization.
Service Agencies, Clubs & Funders	McLean Foundation	707-725-1722	3000 Newburg Road, Suite A, Fortuna, CA 95540	<u>http://mcleanfoun</u> dation.org	Empowers communities in the Eel River Valley and Humboldt County by providing funding, leadership and support.

Category	Name	Business Phone	Address	Website	Description
Service Agencies, Clubs & Funders	Providence, St. Joseph Community Benefits	707-445-8121	2700 Dolbeer St., Eureka, CA 95501	https://www.stjoe humboldt.org/for- community/comm unity-benefit/	The Community Health Investment Department of Providence, St. Joseph and Redwood Memorial hospitals sponsors, develops, manages and sustains healthy community initiatives for vulnerable populations in Humboldt County.
Service Agencies, Clubs & Funders	Rotary Club of Arcata	707-822-3619	PO Box 4274, Arcata, CA 95518	<u>https://www.face</u> <u>book.com/RotaryC</u> <u>lubOfArcata/</u>	Organization of businesses and professional leaders united worldwide who provide humanitarian service, encourage high ethical standards in all vocations, and help build goodwill and peace in the world. Rotary is an international organization with a strong community presence.
Service Agencies, Clubs & Funders	Rotary Club of Arcata Sunrise		PO Box 4197, Arcata, CA 95518	<u>https://arcatasunri</u> <u>se.org/</u>	Organization of businesses and professional leaders united worldwide who provide humanitarian service, encourage high ethical standards in all vocations, and help build goodwill and peace in the world. Rotary is an international organization with a strong community presence.
Service Agencies, Clubs & Funders	Rotary Club of Eureka	Info@rotary1.o rg	PO Box 65, Eureka, CA 95502	http://rotary1.org/	Organization of businesses and professional leaders united worldwide who provide humanitarian service, encourage high ethical standards in all vocations, and help build goodwill and peace in the world. Rotary is an international organization with a strong community presence.
Service Agencies, Clubs & Funders	Rotary Club of Ferndale			https://www.face book.com/Rotary- Club-of-Ferndale- 817609141753455 L	Organization of businesses and professional leaders united worldwide who provide humanitarian service, encourage high ethical standards in all vocations, and help build goodwill and peace in the world. Rotary is an international organization with a strong community presence.

Category	Name	Business Phone	Address	Website	Description
Service Agencies, Clubs & Funders	Rotary Club of Fortuna		PO Box 1002, Fortuna, CA 95540-1002	<u>http://fortunarota</u> <u>ry.org/</u>	Organization of businesses and professional leaders united worldwide who provide humanitarian service, encourage high ethical standards in all vocations, and help build goodwill and peace in the world. Rotary is an international organization with a strong community presence.
Service Agencies, Clubs & Funders	Rotary Club of Fortuna Sunrise		PO Box 273, Fortuna, CA 95540	http://fortunasunr iserotary.org/	Organization of businesses and professional leaders united worldwide who provide humanitarian service, encourage high ethical standards in all vocations, and help build goodwill and peace in the world. Rotary is an international organization with a strong community presence.
Service Agencies, Clubs & Funders	Rotary Club of Mad River		1751 Central Ave., McKinleyville, CA 95519	<u>http://www.madri</u> <u>verrotary.org/</u>	Organization of businesses and professional leaders united worldwide who provide humanitarian service, encourage high ethical standards in all vocations, and help build goodwill and peace in the world. Rotary is an international organization with a strong community presence.
Service Agencies, Clubs & Funders	Rotary Club of Old Town Eureka	707-502-2813	PO Box 87, Eureka, CA 95502		Organization of businesses and professional leaders united worldwide who provide humanitarian service, encourage high ethical standards in all vocations, and help build goodwill and peace in the world. Rotary is an international organization with a strong community presence.
Service Agencies, Clubs & Funders	Rotary Club of Southwest Eureka	707-273-8946	PO Box 6054, Eureka, CA 95502	<u>http://www.swrot</u> ary.org/	Organization of businesses and professional leaders united worldwide who provide humanitarian service, encourage high ethical standards in all vocations, and help build goodwill and peace in the world. Rotary is an international organization with a strong community presence.

Category	Name	Business Phone	Address	Website	Description
Service Agencies, Clubs & Funders	Soroptimists (Arcata)	siarcata@sorop timist.net	PO Box 288, Arcata, CA 95518	<u>https://www.soro</u> <u>ptimistofarcata.or</u> g/	A driven group of professional women dedicated to helping women and children in the community. They spend volunteer time and money as well as organize community projects and fundraisers for opportunities such as: Scholarships, education or lending a hand through their sisterhood.
Service Agencies, Clubs & Funders	Soroptimists (Eel River Valley)		571 16th St., Fortuna, CA 95540	https://www.face book.com/Soropti mistInternationalo fEelRiverValley/	A driven group of professional women dedicated to helping women and children in the community. They spend volunteer time and money as well as organize community projects and fundraisers for opportunities such as: Scholarships, education or lending a hand through their sisterhood.
Service Agencies, Clubs & Funders	Soroptimists (McKinleyville)	707-839-7441	2202 First Road, McKinleyville, CA 95519	https://www.face book.com/Soropti mist-International- of-McKinleyville- 229004057182441 L	A driven group of professional women dedicated to helping women and children in the community. They spend volunteer time and money as well as organize community projects and fundraisers for opportunities such as: Scholarships, education or lending a hand through their sisterhood. E-mail mckinleyville@soroptimist.net for more information.
Shelters: Emergency/Crisis	Arcata House Partnership	707-633-6236	501 Ninth St., Arcata, CA 95521	<u>http://www.arcata</u> <u>house.org/home/</u>	24-hour low barrier shelter program for adults (people 18 or older) and families with children in various locations. Temporary shelter provided as people work to get entitlement benefits, employment and connection to medical/mental health/substance use support services and prepare to be permanently housed in the shortest time possible. Case management provided to develop service and housing plans and provide housing navigation services.

Category	Name	Business Phone	Address	Website	Description
Shelters: Emergency/Crisis	Betty's Annex	707-407-3833	133 Seventh St., Eureka, CA 95501	<u>https://www.betty</u> <u>chinn.org/bettys-</u> <u>annex.html</u>	Betty's Annex is an emergency shelter facility for single women and women with children. The length of the stay is determined on a case-by-case basis, and anyone interested in joining the program can call 707-407-3833.
Shelters: Emergency/Crisis	Betty's Village	707-407-3833	801 W. Washington St., Eureka, CA 95501	<u>http://bettychinn.</u> org/	Betty's Village is an emergency shelter that houses up to 20 single individuals and pets for up to 90 days. This facility includes quarantine rooms and requires negative COVID-19 tests. Call 707-407-3833 for more information or a referral.
Shelters: Emergency/Crisis	Eureka Rescue Mission-Men's Program	707-443-4551	110 Second St., Eureka, CA 95501	http://www.eurek arescuemission.or g/	Open at 5:30 p.m. every evening; men are encouraged to sign up for a bed, partake in a spirit filled chapel service, receive a filling meal, enjoy a hot shower and exchange dirty clothing for clean clothing. Must be sober, male, over the age of 18 and possess valid photo identification. Breathalyzer used. Coordinates emergency weather shelter activities in Eureka.
Shelters: Emergency/Crisis	Eureka Rescue Mission-Women & Children's Program	707-443-5016	107 Third St., Eureka, CA 95501	http://www.eurek arescuemission.or g/	activities in Eureka. The Women and Children's Shelter provides a sober, structured environment with daily responsibilities and Bible study. An interview and picture ID are required to utilize services at the shelter. An interview may be scheduled at 4:45 p.m. any day of the week. Must be sober, female with or without kids the age of 12 years and under and possess valid photo identification. Breathalyzer used.
Shelters: Emergency/Crisis	Fortuna Adventist Community Services	707-725-1166	2331 Rohnerville Road, Fortuna, CA 95540	<u>http://fortunaacs.</u> <u>com/</u>	Shelter is geared towards those escaping domestic violence.

Category	Name	Business Phone	Address	Website	Description
Shelters: Emergency/Crisis	Humboldt Domestic Violence Services	707-443-6042; 866-668-6543	PO Box 969, Eureka, CA 95502	<u>http://www.hdvs.</u> org/	Emergency shelter geared towards those escaping domestic and intimate partner violence, sex, and human trafficking.
Shelters: Emergency/Crisis	Nation's Finest, Health Care for Homeless Veterans (HCHV)	707-442-4322	109 Fourth St., Eureka, CA 95501	<u>http://http://natio</u> nsfinest.org	(Not technically an emergency shelter; may take a couple of days to verify eligibility.) Nation's Finest operates a 15- bed HCHV behavioral health program. In total, Nations Finest is able to provide temporary housing and services to 33 homeless veterans at a time.
Shelters: Emergency/Crisis	Our House, Youth Service Bureau, RCAA	707-444-2273		http://rcaa.org/div ision/youth- service- bureau/program/o ur-house- %E2%80%93- emergency-shelter	experiencing houselessness, severe family conflict or fleeing from a dangerous living situation. Our House shelter is a temporary residential program. Call the 24- Hour referral hotline to learn more about the program and the entrance procedure
Spanish Speakers: Resources and Support	Administration, Open Door Community Health Centers	707-269-7073	1385 Eighth St., Arcata, CA 95521	https://opendoorh ealth.com/services /medical/	clinics. Utters a comprehensive health and wellness
Spanish Speakers: Resources and Support	Changing Tides Family Services	707-444-8293	2379 Myrtle Ave., Eureka, CA 95501	http://changingtid esfs.org	Bilingual staff that can assist with child care, respite, mental health and special needs services.

Category	Name	Business Phone	Address	Website	Description
Spanish Speakers: Resources and Support	College of the Redwoods Free ESL classes	707-476-4500	525 D St., Eureka, CA 95501	<u>https://www.redw</u> oods.edu/adulted	ESL classes are offered at different levels and use an English-only learning model. College of the Redwoods partners with the Humboldt County Office of Education (HCOE) to offer free childcare at some of our community locations during class. Many of the ESL Classes offered can lead to a certificate.
Spanish Speakers: Resources and Support	English Express	707-443-5021	PO Box 111, Cutten, CA 95534	<u>https://englishexp</u> <u>ressempowered.c</u> <u>om/</u>	English Express catalyzes personal and social change for local immigrants through English language education and connections to community resources. English Express offers online adult English language classes in Humboldt, Curry, Del Norte and Trinity Counties. Classes are free for all English language levels and first languages, year-round and pre-registration is not required. Students may join anytime throughout the semester.
Spanish Speakers: Resources and Support	Healthy Kids Humboldt, Providence, St. Joseph Hospital	707-296-6421	2700 Dolbeer St., Eureka, CA 95501	https://www.stjoe humboldt.org/for- community/health y-kids-humboldt/	Bilingual staff Lucy Silveira. Services focus on children's health insurance, Medi-Cal enrollment and navigation of the health care system.
Spanish Speakers: Resources and Support	LatinoNet	707-583-9137		<u>http://latinonet.or</u> g/	The Latino Community Provider Network or "LatinoNet" is a community coalition of over 150 members representing over 50 agencies from areas such as health care, social services, education, business and children's services. The Mission of LatinoNet is to improve the quality of life for Spanish-speaking families of the North Coast through networking, information, collaboration and advocacy.

Category	Name	Business Phone	Address	Website	Description
					The LWV is a nonpartisan political organization,
Spanish Speakers:	League of		PO Box 3129,	https://my.lwv.org	encourages informed and active participation in
Resources and	Women Voters	707-444-9252	Eureka, CA	/california/humbol	government and works to increase understanding of public
Support	(LWV)		95502	<u>dt-county</u>	policy issues. LWV provides materials in Spanish on
					elections including information on measures.
					A resource for language interpretation and translation
				https://www.hafo	needs throughout California's far northern coast. This site
Spanish Speakers:			363 Indianola	undation.org/Non	serves as a central location for resources that support
Resources and	North Coast	707-442-2993	Road, Bayside,	profit-	Spanish-English and Hmong-English interpretation and
Support	Translate	107 112 2000	CA 95524	Resources/North-	translation in Humboldt and the neighboring region. A list
ouppoint			0,100021	Coast-Translate	of interpreters available to hire in the region and
					guidelines for hosting effective multi-lingual meetings is
					also available.
Spanish Speakers:	Northern		2261 Market St.,		Finding language professionals for translation and
Resources and	California Translators	510-845-8712	#160, San Francisco, CA	http://www.ncta.o rg/	interpretation needs. It also assists translators and
Support					interpreters with their profession.
	Association		94114		
				http://www.stjoeh	
Spanish Speakers:	Paso a Paso,		2700 Dolbeer	umboldt.org/For-	Childbirth education, parenting and breastfeeding support
Resources and	Providence, St.	707-441-4477	St., Eureka, CA	Community/Paso-	classes offered in Spanish. This is an outreach program of
Support	Joseph Hospital		95501	<u>a-Paso-Step-by-</u>	St. Joseph Health-Humboldt County.
				<u>Step-</u>	
Spanish Speakers:					Translation, education and support for Spanish speaking
Resources and	Redwood			www.redwoodcon	individuals and their families; mainly around
Support	Conecta			ecta.com	developmental disabilities and mental health.
Spanish Speakers:			2085 Myrtle		
Resources and	Sacred Heart	707-443-8429	Ave., Eureka, CA		Sacred Heart Church offers services in Spanish: Mass
Support	Church	, 5, 445 0425	95501	dhearteureka.net/	Wednesdays at 7 p.m. and Sundays 12 p.m.

Category	Name	Business Phone	Address	Website	Description
Spanish Speakers: Resources and Support	Spanish Translation & Interpretation Club, Cal Poly Humboldt	707-826-3226	1 Harpst St., Arcata, CA 95521		Dedicates time to interpret and translate documents for local businesses, non-profit organizations, and community members.
SUD Services: Inpatient	Crossroads: North Coast Substance Abuse Council	707-445-0869	1205 Myrtle Ave., Eureka, CA 95501		This is a 22-bed residential facility; 90 percent of SSI goes to program; average 90-day program; six beds are reserved for women. (Accepts Medi-Cal; call Beacon Call Center to be screened at 855-765-9703, or facility can assess as well).
SUD Services: Inpatient	Humboldt Recovery Center	707-443-0514 (women's office), 707- 444-6262 (men's office)	PO Box 6310, Eureka, CA 95502	<u>http://humboldtre</u> <u>coverycenter.org/</u>	Licensed and certified residential substance use treatment facility. Provides treatment and recovery services to men and women who wish to develop meaningful, drug-free lifestyles. (Accepts Medi-Cal; call Beacon Call Center to be screened at 855-765-9703, or facility can assess as well).
SUD Services: Inpatient	Waterfront Recovery Services (WRS)	707-269-9590	2413 Second St., Eureka, CA 95501	https://www.wate rfrontrecovery.org L	WRS is a 56-bed medically managed detoxification and residential addiction treatment center. The intake coordinator is available Mon-Fri from 9 a.m. to 5 p.m. for those wanting to complete the screening process for new residents 18 years of age or older. (Accepts Medi-Cal; call Beacon Call Center to be screened at 855-765-9703, or facility can assess as well).
SUD Services: Other	Adult Drug Court	707-476-2371		<u>http://www.humb</u> oldtgov.org/157/A dult-Drug-Court	The program works to provide judicial oversight, community supervision, case management and drug treatment to felony non-violent adult criminal offenders. Each offender undergoes a substance use disorder assessment and is referred to an appropriate treatment program.

Category	Name	Business Phone	Address	Website	Description
SUD Services: Other	Al-Anon	1-888-425-2666		<u>https://al-</u> anon.org/	Support group for family/friends of those struggling with substance use disorder. Call for information on the various meeting places and times throughout Humboldt.
SUD Services: Other	Alcoholics Anonymous (AA)	Hum: 844-442- 0711, Del Norte: 707-464- 3411	PO Box 7102, Eureka, CA 95502	https://aahumbold tdelnorte.org	Support group for those struggling with substance use disorders. Only requirement for membership is a desire to stop drinking. Multiple meeting locations and times across Humboldt; go to website for current listings-changes often.
SUD Services: Other	Brief Interventions for Substance Using Adolescents, Boys & Girls Club Teen Court	707-441-0153	939 Harris Ave., Eureka, CA 95503	<u>http://bgcredwoo</u> <u>ds.org/teen-court/</u>	Boys & Girls Club Teen Court offers brief interventions for substance using adolescents, an evidence-based approach for early-stage, mild or moderate adolescent users. Conducted as two one-on-one sessions.
SUD Services: Other	Celebrate Recovery (Eureka Faith Center)	707-442-1784	1032 Bay St., Eureka, CA 95501	https://www.eure kafaithcenter.org	Celebrate Recovery offers a 12-step accountability and support program for men and women as they seek healing from various hurts, habits and hang-ups.
SUD Services: Other	Drug Education Program, Humboldt Family Service Center	707-443-7358	1802 California St., Eureka, CA 95501	<u>https://www.hum</u> boldtfamily.org	A court-ordered 20-hour program that focuses on drug education, HIV, domestic violence, stages of use, blood alcohol concentration, drug effects on sleep, neurophysiology of MDMA and methamphetamines.
SUD Services: Other	Faith Center Recovery Ministries: Celebrate Recovery	707-442-1784	1032 Bay St., Eureka, CA 95501	<u>http://eurekafaith</u> <u>center.org/</u>	Program offered on Mondays at 6 p.m.

Category	Name	Business Phone	Address	Website	Description
SUD Services: Other	Humboldt Alcohol Recovery Treatment (HART)	707-725-1166	2331 Rohnerville Road, Fortuna, CA 95540	<u>http://fortunaacs.</u> <u>com/hart</u>	Program for any individual arrested or convicted of driving under the influence of alcohol or drugs. Goal is to assist client to recognize his/her level of chemical dependency and to aid in their recovery.
SUD Services: Other	Humboldt Area Center for Harm Reduction (HACHR)	707-407-6013	PO Box 7365, Eureka, CA 95502	<u>https://hachr707.o</u> rg/	Provides comprehensive community-wide education programs, trainings and workshops, advocacy, empowerment, support for drug users and other high-risk communities, overdose prevention, direct services, counseling and referrals, safe injection supplies and advocates for more humane drug policy.
SUD Services: Other	Mothers Against Drunk Driving	916-481-6233	2233 Watt Ave., #230, Sacramento, CA 95825	<u>https://www.mad</u> <u>d.org/</u>	Action oriented support group for family and friends of victims of drunk drivers. Email: ca.state@madd.org.
SUD Services: Other	Narcotics Anonymous (NA)	707-444-8645	PO Box 6634, Eureka, CA 95502	<u>http://www.humb</u> <u>oldtna.org/</u>	NA is a nonprofit fellowship of men and women for whom drugs had become a major problem. Recovering addicts meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using. Go to website for current printable list of meetings.
SUD Services: Other	North Coast AIDS Project (NorCAP), Public Health, DHHS	707-268-2132, Outreach: (call or text) 707- 599-6318	908 Seventh St., Eureka, CA 95501	<u>http://www.humb</u> oldtgov.org/620/N orth-Coast-AIDS- Project-NorCAP	Offers non-medical case management, counseling, housing assistance, resource referral and advocacy services for people living with HIV/AIDS. HIV and hepatitis C testing and referral services, counseling, support, syringe exchange and homeless outreach services. Trainings to organizations and individuals on HIV, hepatitis C, PrEP and Narcan (opioid overdose reversal medication).

Category	Name	Business Phone	Address	Website	Description
SUD Services: Other	North Coast Resource Hub (NCRH)			<u>http://resourcehu</u> <u>b.nchiin.org/</u>	The NCRH is an interactive, mobile-friendly resource guide. Resources in the hub are centered on services that related to substance use disorder, stabilizing services, crisis services and alternative pain management resources. Inclusion of additional services is planned for the near future. The NCRH features detailed information including service hours, types of services provided, eligibility criteria and populations served.
SUD Services: Other	Substance Use Disorder (SUD) Programs in Humboldt County, DHHS- PH List			https://humboldtg ov.org/DocumentC enter/View/844/S ubstance-Use- Disorder- Programs-Contact- List-PDF?bidId=	DHHS-Public Health maintains a listing of SUD Programs in Humboldt County.
SUD Services: Outpatient	Adolescent Treatment Program (ATP), Behavioral Health, DHHS	707-441-3773	134 D St., Eureka, CA 95501	http://www.humb oldtgov.org/416/A dolescent- Treatment- Program	ATP offers outpatient treatment for young people ages 12 to 18 with substance use disorder. Services are created to empower participants to make positive and permanent changes in their lives. This program is designed to provide care to clients in their community, home or the office. Email ATP@co.humboldt.ca.us for more information.
SUD Services: Outpatient	Aegis Treatment Centers	707-273-6395	2107 First St., Eureka, CA 95501	https://pinnacletre atment.com/locati on/california/eure ka/aegis- treatment- centers-eureka/	Aegis assists patients that suffer from opioid addiction in reaching successful recovery through medication assisted treatment (Methadone and Buprenorphine) and counseling services.

Category	Name	Business Phone	Address	Website	Description
SUD Services: Outpatient	Healthy Moms Program, Behavioral Health, DHHS	707-441-5220	2910 H St., Eureka, CA 95501	<u>http://humboldtgo</u> <u>v.org/417/Healthy</u> <u>-Moms-Program</u>	Substance use disorder program focused on assisting women in treating their problematic substance use and supporting them to become healthy, productive women and mothers. Child care is provided on-site for children 5 and under. The program also offers mental health counseling.
SUD Services: Outpatient	Humboldt County Programs for Recovery, Behavioral Health, DHHS	707-476-4054, Toll free: 866- 930-6384	734 Russ St., Eureka, CA 95501	http://humboldtgo v.org/411/Alcohol- and-Other-Drugs- Treatment-Servic	Serves adult Medi-Cal beneficiaries who are experiencing substance use challenges. Treatment includes assessment.
SUD Services: Outpatient	Substance Abuse Treatment Services For Youth (SATS), United Indian Health Services	707-825-5000	1600 Weott Way, Arcata, CA 95521	<u>http://www.unite</u> <u>dindianhealthservi</u> <u>ces.org</u>	Youth outpatient substance use treatment program incorporates culturally appropriate services as well as the traditional 12-step model.
SUD Services: Outpatient	Substance Use Disorder Services, Open Door Community Health Centers	707-269-7073 Email: SUDServices@o pendoorhealth. com		https://opendoorh ealth.com/services /substance-use- services/	For those who want to stop using opioids. Includes Medication Assisted Treatment, one-on-one and group counseling and support to make healthy choices in a non- judgmental environment. Check website for a program near you.
SUD Services: Outpatient	United Indian Health Services, Behavioral Health	1-800 675 3693, 707-825- 5000	1600 Weott Way, Arcata, CA 95521	<u>http://www.unite</u> <u>dindianhealthservi</u> <u>ces.org</u>	Supportive counseling to Indian children, adolescents and adults who are struggling with personal adjustments, emotional issues or substance use disorder. Individual, couple or group therapy options.

Category	Name	Business Phone	Address	Website	Description
SUD Services: Residential other than Inpatient	Alcohol and Drug Care Services, Women's Residential Treatment Program	707-269-9590 x 202	1742 J St., Eureka, CA 95501	<u>https://www.wate</u> <u>rfrontrecovery.org</u> [Transitional housing and part of Waterfront Recovery Services.
SUD Services: Residential other than Inpatient	Cornerstones Transitional Housing	707-725-9252			Cornerstones is a transitional housing program for men based in Eureka and Rio Dell.
SUD Services: Residential other than Inpatient	Dale Ward: Clean and Sober Houses	707-4078311	1522 Third St., Eureka, CA 95501		Dale Ward oversees several clean and sober houses in Humboldt County.
SUD Services: Residential other than Inpatient	Feather House Sober Living	707-721-5592		https://www.face book.com/Feather -House-Sober- Living- 174146393595612 9/	Sober living facility in Eureka. FeatherHouseSoberLiving@gmail.com.
SUD Services: Residential other than Inpatient	Men's Program, Eureka Rescue Mission	707-445-3787, 707-443-4551	100 Second St., Eureka, CA 95501	http://eurekarescu emission.org	Faith based residential program. Go to the Mission to fill out an assessment with house manager. One year long program.
SUD Services: Residential other than Inpatient	Mercy's Haven	707-844-3042	PO Box 607, Blue Lake, CA 95525	<u>http://www.mercy</u> <u>shaven.org/</u>	Non-denominational, faith-based transitional housing resource for adult mothers and their children. Offers structure, support and accountability for moms willing to grow and build successful lives with their children. Please call or visit the website to learn more about they do and apply for residency.

Category	Name	Business Phone	Address	Website	Description
SUD Services: Residential other than Inpatient	Mission Teens, Inc. Mountain of Mercy	707-601-3403	PO Box 55, Honeydew, CA 95545	http://www.missio nteens.com/	Non-denominational Christian Discipleship. Free program (excluding SSI clients who pay \$210/mo.) helping people who struggle with life-controlling problems/drug addiction. Residential 8-10 months treatment with 5.5 hrs./day bible classes, 2 hrs./day work projects 5/days a week. One on one counseling.
SUD Services: Residential other than Inpatient	Redwood Teen Challenge	707-268-8727	2212 Second St., Eureka, CA 95501	http://www.redw oodtc.org/	Programs for those 18 and older: Men's Center and Women's Center. A faith-based solutions program to the drug epidemic; free, one year live-in program.
SUD Services: Residential other than Inpatient	Sober Living Environment and Recovery Housing in Humboldt County DHHS- PH List			https://humboldtg ov.org/DocumentC enter/View/90877 /Sober-Living- Environment-SLE- and-Recovery- Housing- Resources-in- Humboldt-County- PDF	DHHS-Public Health maintains a list of Recovery Houses in Humboldt County.
Transportation	Amtrak	800-872-7245	925 E St., Arcata, CA 95521		Amtrak is a publicly funded service operated and managed as a for-profit corporation to provide intercity passenger train service in the United States.
Transportation	Angel Flight West	888-426-2643	3161 Donald Douglas Loop South, Santa Monica, CA 90405	<u>http://www.angelf</u> lightwest.org	Angel Flight West is a nonprofit, volunteer-driven organization that arranges free, non-emergency air travel for children and adults with serious medical conditions and other compelling needs.

Category	Name	Business Phone	Address	Website	Description
Transportation	Arcata & Mad River Transit	707-822-3775	925 E St., Arcata, CA 95521	http://www.arcata transit.org/	Provides bus service throughout Arcata.
Transportation	Area 1 Agency on Aging Volunteer Driver Program	707-442-3763	333 J St., Eureka, CA 95501	<u>http://www.a1aa.</u> org/	Provides local non-emergency medical transportation to eligible clients.
Transportation	Community Bike Kitchen, Jefferson Family Resource Center	707-502-2260	1000 B St., Eureka, CA 95501	<u>https://eurekabike</u> <u>kitchen.org/</u>	Due to COVID-19 the Bike Kitchen is open by appointment only to assist with bicycle repairs, provide test rides of available bikes and take in donations of bicycles or bicycle parts. Contact the Bike Kitchen through email (eurekacommunitybikekitchen@gmail.com), phone, Facebook or website to make an appointment.
Transportation	Dial-A-Ride	707-442-4555		<u>http://www.hta.or</u> g	The certification process for travelers with disabilities to use paratransit/dial-a-ride services in Humboldt County is performed through Humboldt Transit Authority (HTA), although the service is a collaboration with Humboldt Community Access and Resource Center. Visit HTA website for appropriate form.
Transportation	Fortuna Transit	707-725-7625		https://www.frien dlyfortuna.com/de partments/fortuna transit.php	Provides transportation within the Fortuna City limits to people who are at least 50 years of age or people with a disability; Mondays through Fridays 8:30 a.m. to 4 p.m.
Transportation	Greyhound	707-825-8934	925 E St., Arcata, CA 95521	http://www.grayh ound.com	A public bus transportation system.
Transportation	Humboldt Transit Authority	707-443-0826, 707-822-3775, 707-668-5101	133 V St., Eureka, CA 95501	<u>http://www.hta.or</u> g	Sells a variety of different bus passes: daily/monthly, Eureka Transit, Redwood Transit and Southern Humboldt.

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Category	Name	Business Phone	Address	Website	Description
Transportation	Klamath Trinity Non-Emergency Transportation (KT Net)	530-629-1192	38883 Hwy 299, Willow Creek, CA 95573	<u>https://www.ktnet</u> .org/_	Offers public transportation services in rural Northeastern Humboldt County. Serves the communities of Willow Creek, Hoopa, Weitchpec, Wautec and Orleans.
Transportation	SFVAMC Shuttle, Eureka VA Outpatient Clinic	707-269-7500	930 W Harris St., Eureka, CA 95501	<u>https://www.sanfr</u> ancisco.va.gov/loc ations/Eureka.asp	Two shuttles can be used for medical appointments at San Francisco or Santa Rosa VA clinics. Must provide proof of appointment; must have a "hotel" (lodging through the V.A.). Leaves Mondays at 7 a.m., Tuesdays through Thursdays 7 and 10:30 a.m.
Transportation	Transportation Assistance Program (TAP), Social Services, DHHS	707-269-4106	929 Koster St., Eureka, CA 95501	https://humboldtg ov.org/530/Transp ortation- Assistance- Program	Provides permanent relocation assistance for those seeking to leave the county, who have verified employment or housing waiting for them.
Utilities	Access from AT&T (low cost internet access)			<pre>?source=ECmj000</pre>	AT&T offers low-cost wireline home Internet service to qualifying households, including households with an SSI or CalFresh recipient.
Utilities	Affordable Connectivity Program			https://www.usac. org/about/afforda ble-connectivity- program/	Eligible households are able to enroll to receive a monthly discount off the cost of broadband service from an approved provider. A household qualifies if it has income at or below 135% of the federal poverty level OR a member of the household qualifies for Lifeline benefits through participation in SNAP (CalFresh), Medicaid (Medi- Cal), SSI/SSP or other programs listed on the website.

Category	Name	Business Phone	Address	Website	Description
Utilities	Assurance Wireless (low cost cell phone/plans)	888-321-5880	PO Box 5040, Charleston, IL 61920	http://www.assur ancewireless.com/ Public/Welcome.a spx	Assurance Wireless is a California LifeLine provider for cell phones; it is a government benefit program supported by the federal Universal Service Fund and the California LifeLine Program. Enrollment is available to consumers who qualify based on household income or who receive certain public assistance programs, like Medi-Cal or CalFresh. Form available on website.
Utilities	CarrollCo Energy Savings Assistance Program	559-369-3939	3104 N Miami Ave., Fresno, CA 93727 US	<u>https://carrollco.n</u> <u>et/</u>	CarrollCo is responsible for helping Humboldt County renters and owners improve the weatherization of their residences. Call to learn more and see if a household qualifies for free services. Informational fliers will be provided upon request.
Utilities	Low Income Home Energy Assistance Program (LIHEAP), RCAA	707-444-3831, 707-444-3834	539 T St., Eureka, CA 95501	tsapplication.com/	RCAA provides energy assistance to eligible clients through the LIHEAP. Assistance with payments or purchases of electricity, propane, natural gas, heating oil, or firewood. Appointments available Mondays 9 a.m. to noon.
Utilities	PG&E: California Alternate Rates for Energy Program (CARE)			https://www.pge.c om/en_US/residen tial/save-energy- money/help- paying-your- bill/longer-term- assistance/longer- term- assistance.page	

Category	Name	Business Phone	Address	Website	Description
Utilities	PG&E: Family Electric Rate Assistance Program (FERA)			https://www.pge.c om/en_US/residen tial/save-energy- money/help- paying-your- bill/longer-term- assistance/longer- term- assistance.page	
Utilities	PG&E: Medical Baseline Program			https://www.pge.c om/en_US/residen tial/save-energy- money/help- paying-your- bill/longer-term- assistance/longer- term- assistance.page	
Utilities	Redwood Coast Energy Authority	707-269-1700		https://redwoode nergy.org/#:~:text =Redwood%20Coa st%20Energy%20A uthority%20(RCEA, right%20here%20i n%20the%20Coun ty.	Energy advisors help reduce energy costs with assessments, rebates for energy-efficient equipment, referrals, direct-installations, advice for appliance investments, options for financing and income-qualified services and incentives, rate analysis, electric vehicle rebates and support. Residential services available to renters (if name on account) and homeowners.
Veterans	Counseling for Veterans	707-444-8271	2830 G St. Suite A and B, Eureka, CA 95501	https://www.va.go v/directory/guide/ facility.asp?id=513	For veterans who have served in any combat zone; help for veteran and their family with readjustment counseling, military sexual trauma and outreach services. Contact Deborah Reeves.

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Category	Name	Business Phone	Address	Website	Description
Veterans	Eureka VA Outpatient Clinic: U.S. Dept. of Veteran Affairs	707-444-8271	2830 G St. Suite A and B, Eureka, CA 95501	<u>http://www.sanfra</u> ncisco.va.gov/loca tions/Eureka.asp	Offers a wide range of preventative and primary care to Humboldt County veterans. Appointments are required. Clinic hours are Mon. through Fri. 8 a.m. to 4:30 p.m.
Veterans	Nation's Finest, Health Care for Homeless Veterans (HCHV)	707-442-4322	109 Fourth St., Eureka, CA 95501	<u>http://http://natio</u> nsfinest.org	The HCHV behavioral health program employs a full-time clinician as well as a case manager to address some of the higher level needs clients may be facing including: Substance use disorder, healthy relationships, anger management and communication skills.
Veterans	Nation's Finest, Supportive Services for Veteran Families (SSVF)	707-442-4322	109 Fourth St., Eureka, CA 95501	<u>http://http://natio</u> <u>nsfinest.org</u>	SSVF is a rapid rehousing program that can assist veteran households that are homeless, or at risk of losing their housing, to become housed or remain housed.
Veterans	Nation's Finest, Transitional Housing (TH)	707-442-4322	109 Fourth St., Eureka, CA 95501	<u>http://http://natio</u> <u>nsfinest.org</u>	TH program consists of 18 VA grant and per diem beds, three currently designated for female veterans. In TH, veterans engage with case management staff upon enrollment. Staff and veterans work to develop an individual service plan to identify various barriers and develop goals to overcome them.
Veterans	USDVA, Bereavement Services	707-444-8271	2830 G St., Suite A, Eureka, CA 95501	http://www.vetce nter.va.gov/berea vement_counselin g.asp	Assistance and support to people with emotional and psychological stress after the death of a loved one. Bereavement counseling includes a broad range of transition services, including outreach, counseling and referral services to family members.

Category	Name	Business Phone	Address	Website	Description
Veterans	Veterans Service Office (VSO), DHHS Adult Services	707-445-7611	1150 Sixth St., Suite F, Eureka, CA 95501	https://humboldtg ov.org/517/Vetera ns-Service-Office	The Humboldt County VSO assists veterans, their dependents and survivors and the general public in obtaining benefits from federal, state and local agencies administering programs for veterans. Advocacy services provided to the veteran community regarding entitlement rights to federal, state and local benefit programs.
Volunteer Opportunities	Affordable Homeless Housing Alternatives (AHHA)	707-268-1466	840 E St., #18, Eureka, CA 95501	<u>www.ahha-</u> humco.org	AHHA accepts passionate, dedicated volunteers to help with the Care-A-Van. Check out volunteer info on the website or email ahha.volunteer@gmail.org.
Volunteer Opportunities	Court Appointed Special Advocates (CASA)	707-443-3197	2356 Myrtle Ave., Eureka, CA 95501	<u>http://www.humb</u> oldtcasa.org/	A CASA speaks for children in court because all children have a right to live in a safe, healthy and secure environment. Trained volunteers advocate for abused children in court, assuring that they are placed in safe, nurturing homes.
Volunteer Opportunities	Food for People, Volunteer Opportunities	707-445-3166	Call	https://www.foodf orpeople.org/volu nteering	Volunteers are at the heart of Food for People. It takes a community of volunteers to make programs successful. All volunteers are required to attend an orientation to begin volunteering.
Volunteer Opportunities	Friends of the Dunes	707-444-1397	PO Box 186, Arcata, CA 95518	http://www.friend softhedunes.org/	Friends of the Dunes is dedicated to conserving the natural diversity of coastal environments in Humboldt County, California, through community supported education and stewardship programs.
Volunteer Opportunities	Home Grown Host Homes	info@homegro wnhosthomes.o rg		<u>https://homegrow</u> <u>nhosthomes.org</u>	Home Grown is recruiting volunteer "hosts" who have a spare bedroom or private space that can be turned into a bedroom in their homes. These volunteer "hosts" provide youth with housing, stability and mentorship while Home Grown staff work with them to achieve their goals related to independent living.

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Volunteer Opportunities	Humboldt County Library, Volunteer Opportunities	707-269-1915	1313 Third St., Eureka, CA 95501	<u>https://humboldtg</u> ov.org/711/Volunt <u>eer</u>	Apply to volunteer at the Humboldt County Library in Eureka by navigating to the website and printing out the volunteer application form. Alternatively, the application can be requested from any public service desk in the area.
Volunteer Opportunities	Latino Outdoors			<u>http://latinooutdo</u> ors.org	A Latino-led, volunteer-powered organization that provides outdoor recreational opportunities to youth and families to inspire and empower Latino wellness and outdoor leadership using culturally relevant programs.
Volunteer Opportunities	North Coast Big Brothers Big Sisters (BBBS)	707-445-4871	428 C St., Suite G, Eureka, CA 95501	<u>http://www.ncbbb</u> <u>s.org/</u>	Providing children facing adversity with strong and enduring, professionally supported 1-to-1 relationships. BBBS partners with parents/guardians, volunteers and others in community to hold all accountable for each child in program achieving higher aspirations, avoidance of risky behaviors and educational success.
Volunteer Opportunities	Providence, St. Joseph Hospital, Volunteer Opportunities	707-445-8121	2700 Dolbeer St., Eureka, CA 95501	https://www.stjoe humboldt.org/abo ut-us/volunteer- opportunities/eur eka-volunteers/	St. Joseph Hospital has a dynamic volunteer program comprised of individuals of all ages. Depending on individual interests, dedicated volunteers serve in several areas of the hospital and in the community as well. Each year the volunteers raise thousands of dollars through the recycling program and gift shop sales, with all proceeds going to benefit patient care and scholarships for care providers.
Volunteer Opportunities	UPLIFT Eureka!	707-44-4206	531 K St., Eureka, CA 95501	https://www.emp owereureka.org/c o-pilot-program	City of Eureka's community services program was created to guide the houseless population in accessing vital community resources to obtain housing and employment.

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Volunteer Opportunities	Volunteer center of the Redwoods (VCOR), Area 1 Agency on Aging	707-442-3763	333 J St., Eureka, CA 95501	http://www.a1aa. org/programs-and- services/volunteer -center- redwoodsrsvp	Connects older adults with local volunteer opportunities in Humboldt County.
Volunteer Opportunities	Volunteer Match		5424 Sunol Blvd., Suite 10, Pleasanton, CA 94566	<u>https://www.volu</u> <u>nteermatch.org/</u>	Volunteer Match is an online search engine that allows non-profit organizations and prospective volunteers to find and connect with each other based on location, preferred fields of work, and other variables.
Youth Services	4-H, UC Cooperative Extension	707-445-7351	5630 South Broadway, Eureka, CA 95503	https://cehumbold t.ucanr.edu/Progra ms/4- H_Program_270/4 -H_Program/	200 hands-on projects are offered from crafts, gardening, guide dogs and horses, to robotics, computers, cooking and
Youth Services	Adolescent Treatment Program (ATP), Behavioral Health, DHHS	707-441-3773	134 D St., Eureka, CA 95501	http://www.humb oldtgov.org/416/A dolescent- Treatment- Program	ATP offers outpatient treatment for young people ages 12 to 18 with substance use disorder. Services are created to empower participants to make positive and permanent changes in their lives. This program is designed to provide care to clients in their community, home or the office. Email ATP@co.humboldt.ca.us for more information.
Youth Services	Boys & Girls Club of the Redwoods	707-441-1030	939 Harris Ave., Eureka, CA 95503	<u>http://bgcredwoo</u> <u>ds.org/</u>	Services to enable all children in grades K-12 to reach their full potential as productive, caring and responsible citizens. This youth development program includes the Teen Centers and Club House. Teen Courts (for first time juvenile offenders) is a restorative justice diversion program that receives referrals directly from law enforcement, schools, Probation and community organizations.

Category	Name	Business Phone	Address	Website	Description
Youth Services	Boys Town	800-448-3000		<u>http://www.boyst</u> own.org/	Reuniting kids with their families, finding foster homes for others and providing a Boys Town family for those with nowhere else to turn. National headquarters 402-498- 1300, CA headquarters 714-558-0303.
Youth Services	Daluk Youth Services Program/Northe rn California Indian Development Council	707-445-8451	241 F St., Eureka, CA 95501	https://ncidc.org/ da%25E2%2580%2 599luk-youth- programs	Youth program called the "Daluk Youth Services" program offers leadership skills development, emotional support and substance use disorder prevention activities to Native youth. A separate component of the program offers free counseling services to Native youth and young adults.
Youth Services	Dream Quest - Willow Creek Youth Partnership	530-629-3564	100 Country Club Drive, Willow Creek, CA 95573	<u>https://www.dqwc</u> .org/	Dream Quest provides youth with vocational and creative opportunities to imagine and build their dreams. Eastern Humboldt StepUP service provider.
Youth Services	Family Urgent Response System (FURS), Child Welfare Services (CWS), DHHS	833-939-3877		<u>https://www.cal-</u> <u>furs.org/</u>	The FURS includes a free 24/7/365 statewide hotline as well as local mobile response teams to provide immediate trauma-informed support to current and former foster youth and their caregivers.
Youth Services	Food for People (Backpacks for Kids)		Check with the child's school.	http://www.foodf orpeople.org/prog rams/backpacks- kids	Backpacks for Kids provides income-eligible children with a bag of food on Fridays during the school year. The bag contains enough food for breakfast, lunch, and dinner for two days. Enrollment happens through the school.
Youth Services	Food for People (Children's Summer Lunch)	707-445-3166 x 309	Check website for locations.	http://foodforpeo ple.org/programs/ summer-lunch- children	Food for People's Children's Summer Lunch Program operates June through August, when school (and school lunch) is out. Check website for locations.

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Youth Services	Foster Youth and Homeless Education Services, Humboldt County Office of Education	707-445-7000	901 Myrtle Ave., Eureka, CA 95501	http://www.humb oldt.k12.ca.us/fost er-youth.php	Ensures foster/homeless youth receive every opportunity to education students are entitled to. Works in collaboration with Humboldt County school districts/DHHS to fully implement state and federal laws which protect the educational rights of foster and homeless youth and children. Contact Roger Golec.
Youth Services	Head Start & Early Head Start Programs, Northcoast Children's Services (NCS)	707-822-7206, 800-808-7206	1266 Ninth St., Arcata, CA 95521	<u>http://ncsheadstar</u> <u>t.org/</u>	Early Head Start serves women from pregnancy until their child is 3 years old. Head Start and State Preschools serve 3 to 5 year old children. NCS offers programs in home and/or at a center. NCS works in partnership with parents to provide child and family centered services. NCS center programs are for 2 to 5 year old children and have various hours. Bilingual staff are available. Please call for information.
Youth Services	Home Grown Host Homes	info@homegro wnhosthomes.o rg		<u>https://homegrow</u> <u>nhosthomes.org</u>	Home Grown uses the Host Home model. It is a comprehensive, community-based approach to addressing youth homelessness. It relies on caring community members in Humboldt County to open their homes for 3- 12 months and "host" youth (ages 18-24) experiencing homelessness. Hosts provide youth with housing, stability and mentorship while staff work with them to achieve their independent living goals.
Youth Services	Humboldt County Transition-Age Youth Collaboration (HCTAYC), DHHS	707-476-4922	433 M St., Eureka, CA 95501	<u>https://humboldtg</u> <u>ov.org/904/Transit</u> <u>ion-Age-Youth</u>	HCTAYC helps to foster and build skills in the areas of youth leadership, policy change, youth advocacy, community engagement and wellness. Aided by the Youth Advocacy Board, the program works to empower transition- age youth and transform systems to better serve them in their formative years.

Category	Name	Business Phone	Address	Website	Description
Youth Services	Independent Living Skills Program (ILSP), DHHS	707-382-4522	433 M St., Eureka, CA 95501	ov.org/541/Indepe	ILSP is voluntary and designed to assist youth transitioning from the foster care system. Youth who have been in foster care after their 16th birthday are eligible for services until 21st birthday.
Youth Services	Latino Outdoors			<u>http://latinooutdo</u> ors.org	A Latino-led, volunteer-powered organization that provides outdoor recreational opportunities to youth and families to inspire and empower Latino wellness and outdoor leadership using culturally relevant programs.
Youth Services	North Coast Big Brothers Big Sisters (BBBS)	707-445-4871	428 C St., Suite G, Eureka, CA 95501	<u>http://www.ncbbb</u> <u>s.org/</u>	Providing children facing adversity with strong and enduring, professionally supported 1-to-1 relationships. BBBS partners with parents/guardians, volunteers and others in community to hold all accountable for each child in program achieving higher aspirations, avoidance of risky behaviors and educational success.
Youth Services	RAVEN Project, RCAA	707-443-7099	523 T St., Eureka, CA 95501	http://rcaa.org/div ision/youth- service- bureau/program/r aven-project-St outreach-program	Provides food, clothing, showers and other services to
Youth Services	Street Outreach, RAVEN Project, Youth Service Bureau, RCAA	707-443-7099			Street Outreach Workers take to the streets with resource materials, safer sex supplies, first-aid supplies, and toiletries, socks, and snacks. Goal is to interact with individuals who cannot, or have not yet accessed services through the drop-in center.
Youth Services	The Forgotten Initiative (TFI)	707-499-3314		<u>https://www.face</u> <u>book.com/tfi.hum</u> <u>boldtcounty</u>	TFI helps support the foster care community through awareness, encouragement and advocacy. TFI's Foster Care Resource Center is located at 511 H St. in Eureka. They have free clothing, shoes, pajamas, blankets, toys, books, car seats, baby swings and toiletries.

Category	Name	Business Phone	Address	Website	Description
Youth Services	Transition-Age Youth Program (TAY), DHHS	707-476-4944	433 M St., Eureka, CA 95501	<u>https://humboldtg</u> ov.org/904/Transit ion-Age-Youth	space where young people ages 16-26 can access
Youth Services	Youth & Family Services (YFS), City of Arcata	707822-2428	736 F St., Arcata, CA 95521	https://www.face book.com/Arcata- Police-Youth-and- Family-Services- 123361934348570 L	YFS social workers within the Arcata Police Department offer a broad range of services focusing on troubled teens and youth, juveniles involved with the justice system, parent coaching, Redwood Coast Parent Project [®] (RCPP) affiliate, family-school-law enforcement partnerships, counseling opportunities, School Attendance Review Board and more.
Youth Services	YOUth Choose, Boys & Girls Club Teen Court	Call: 707-444- 0153 Text: 707- 362-1514	939 Harris Ave., Eureka, CA 95503	<u>http://bgcredwoo</u> <u>ds.org/youth-</u> <u>choose/</u>	An innovative diversion program for first-time juvenile offenses. It is a real court that is run entirely by teen volunteers. Organized around youth empowerment and restorative justice. Justice for youth by youth.