

College of the Redwoods is here to help.

Violence in all forms is unacceptable, and District policy prohibits dating violence, domestic violence, sexual assault, and stalking.

What is dating violence?

It is a type of relationship violence and abuse committed by a person to exert power and control over a current or former dating partner. It covers a variety of actions, and can include physical abuse, psychological and emotional abuse, and sexual abuse. It can also include "digital abuse" via the use of technology.

What is domestic violence?

It involves violence and/or a pattern of abusive behavior in a relationship that is used by one partner to maintain power and control over another current or former intimate partner. It can include any behavior that intimidates, manipulates, humiliates, isolates, frightens, terrorizes, coerces, threatens, hurts, injures, or wounds someone.

What is sexual assault?

It includes any type of sexual contact or touching that occurs without consent of the recipient. This includes acts against people who are unable to consent either due to age (under 18) or lack of capacity (drunk, high, sleeping, etc.).

What is stalking?

It is two or more incidents of unwanted attention, harassment, contact, or any other course of conduct directed at a specific person that would cause a reasonable person to feel fear.

What is consent?

It is affirmative, conscious, and voluntary agreement to engage in sexual activity. Affirmative consent must be ongoing and can be revoked at any time. Silence or the existence of a dating relationship or past sexual relations, are not assumed to be indicators of consent.

Amnesty for Conduct Code Violations

The District's primary concern is student safety. Use of alcohol or drugs does not make someone at fault for sex discrimination or harassment. Students should not be deterred from reporting due to alcohol, drugs, or other related violations of campus policies.

If You Are a Victim of Sexual Assault

- Call 911 if you are in a life-threatening situation or need immediate medical attention.
- Report the incident to campus or local police and/or campus personnel. CR Title IX staff are trained and dedicated to providing support.
- Contact NCRCT for support resources
24 hr. Crisis Line:
 Eureka: 707-445-2881
 Del Norte: 707-465-2851
 Crisis Text Line: Text HOME to 741741
- See a healthcare provider as soon as possible to receive a SART exam (rape kit). NCRCT survivor advocates can accompany you if you would like.
- Seek support from confidential community resources, friends, and family.

How You Can Help Someone SEAL

- * Support * Empower * Affirm * Listen
- Listen with empathy
- Support and respect their decisions
- Know about the available resources

You have the right to live, learn and work in a safe environment.

Know Your Rights & Resources

A quick guide for students and employees who have experienced dating violence, domestic violence, sexual assault, stalking and other sex or gender-based harassment, discrimination, or misconduct on or off campus.



College of the Redwoods is committed to providing a safe and equitable learning and working environments for all students and employees, free from sex discrimination, sex-based harassment, sexual violence, dating violence, domestic violence, stalking, or other sex- or gender-based misconduct.

Any incident committed on District property or at a District sponsored event or activity may be reported directly to the Title IX Coordinator:

Title IX Office

Student Services & Administration Building, SS 102
 titleix@redwoods.edu • (707) 476-4133

Confidential Resources

North Coast Rape Crisis Team

A community agency providing 24/7/365 services for all forms of sexual violence. Services include survivor advocates, medical and legal advocacy, support groups, short-term counseling and community education.

24 hr. Crisis Line:

Eureka: (707) 445-2881

Del Norte: (707) 465-2851

Crisis Text Line: Text HOME to 741741

Suicide Hotline: 1(800) 273-8255

www.ncrct.org

Humboldt Domestic Violence Services

HDVS' mission is to help people break free of the cycle of domestic and intimate partner violence. All services are provided are free of charge.

(707) 443-6042 • 1(866) 668-6543 • www.hdvs.org

National Sexual Assault Hotline

1(800) 656-HOPE (4673) • www.rainn.org

National Domestic Violence Hotline

1(800) 799-SAFE (7233) • www.thehotline.org

GLBT National Helpline

1(888) 843-4564 • www.glbthotline.org

Mental Health Resources

Humboldt IPA

Students should text or email Shawna Bell directly for scheduling and/or services.

Text: (707) 496-2856 • Email: shawnaabmft@gmail.com

Timely Care

24/7 On-demand support and care for students at no cost. Includes primary care and three tiers of mental health support including Talk Now for in-the-moment care, scheduled counseling with a licensed therapist, and psychiatric care by referral.

1. Access TimelyCare.

Scan this QR code.



2. Log in with your school email address.

Use the one that ends in .edu.

3. Fill out some information. Nothing too Complicated!

TimelyCare is confidential, secure, and HIPAA compliant.

4. Click "Get Care."

Well, you get it.

5. Don't need a visit right away? Check out our Explore page.

It's self-care at your fingertips.

Whether you need support now or years from now, help is available 24-hours a day.

Reporting Options

*CR recognizes that reporting an incident and deciding how to proceed can be difficult. It is important to note there is no one correct response. Your immediate and long-term safety are what's important. **All Reports will be taken seriously and investigated thoroughly.***

You May Make a Report to the Title IX Coordinator

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Online Intake Form:



College of the Redwoods Police Department & Campus Safety

Push any white or blue call boxes on campus or call:

Eureka Campus

Emergency Line: (707) 476-4111

Non-Emergency Line: (707) 476-4112

Del Norte Education Center

Primary phone: (707) 465-2311

On Campus: x2111

CRPD is available to assist students and employees with filing reports with local law enforcement.

Humboldt County Sheriff's Office

For Emergencies dial 911

Report a crime: (707) 445-7251

If you do choose to report to either the College or law enforcement, or think you may do so in the future, you should consider preserving evidence that might be relevant to an investigation.

- Text messages, emails and other written communications. Messages between the parties or between the witnesses may be helpful, including messages in which you may have told a friend or support person what happened.
- In you are experiencing ongoing or repeated abuse or harassment, track dates and times and specific conduct in a calendar or journal. You can also obtain a "stalking booklet" from the police or use a personal calendar to help you keep track. This practice can also help with memory recollection.
- In some situations, collecting forensic and medical evidence close to an assault can prove critical, specifically in relation to law enforcement prosecutions. This is best collected and documented by a forensic nurse examiner. Completing a forensic exam does not require you to speak to police or file a police report, although police will be called by the medical facility.
- To preserve forensic evidence, it is recommended you do not bathe, douche, smoke, use the toilet or clean where the incident occurred.
- Save items you were wearing, sheets, and towels in separate paper bags.
- Timing may be important for other types of evidence. For example, surveillance footage of private establishments or campus locations may be deleted after a certain amount of time if not saved in a timely manner.

Even if you do not have all or any of the types of evidence described above, it does not mean that you cannot report the misconduct or that the respondent will not be able to be found responsible.

The District will make every effort to provide supportive measures, regardless of whether you choose to formally report to the District or law enforcement. Contact the Title IX Coordinator for assistance.

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