Syllabus for ADCT-10-E1776
INTRODUCTION TO ADDICTION STUDIES

Course Information

Semester & Year: Fall 2021
Course ID & Section #: ADCT-10-E1776
Instructor's name: Suzy Bibona
Day/Time of required meetings: Tuesday, Thursday
Location: HU217
Course units: 3
Required Text:
Uppers, Downers, All Arounders: Physical and Mental Effects of Psychoactive Drugs
8th Edition; Darryl Inaba and William Cohen; CNS Productions; 2014. ISBN: 9780926544390

Instructor Contact Information

Email Address: suzy-bibona@redwoods.edu
Office hours: Before class by arrangement; please email me or send me a Canvas message to arrange a meeting before our class session.

Catalog Description

Examination of use, abuse and addiction with alcohol and other psychoactive drugs. Includes drug classifications, mental and physical effects and effects on society. Course will include physiology, pharmacology, treatment, prevention and enforcement.

Course Student Learning Outcomes *(from course outline of record)*

1. Identify drug classifications, stages of use and effects of drugs on the individual and society.

2. Articulate the principles of prevention, treatment, 12-Step programs, enforcement and harm reduction in addressing substance use and abuse.

3. Analyze historical themes of drug use and synthesize that information with current scientific knowledge to address individual and societal problems of substance abuse.

Prerequisites/co-requisites/ recommended preparation

NONE

Admissions deadlines & enrollment policies

Fall 2021 Dates

- *Classes begin: 8/21/21*

- *Last day to add a class: 8/27/21*
- *Last day to drop without a W and receive a refund: 9/03/21*
- *Labor Day Holiday (all campuses closed): 09/06/21*
- *Census date: 9/07/21 or 20% into class duration*
- *Last day to petition to graduate or apply for certificate: 10/28/21*
- *Last day for student-initiated W (no refund): 10/29/21*
- *Last day for faculty-initiated W (no refund): 10/29/21*
- *Veteran's Day (all campuses closed): 11/11/21*
- *Fall Break (no classes): 11/22/21 – 11/26/21*
- *Thanksgiving Holiday (all campuses closed): 11/24/21 – 11/26/21*
- *Final examinations: 12/11/21 – 12/17/21*
- *Last day to petition to file P/NP option: 12/17/21*
- *Semester ends: 12/17/21*
- *Grades available for transcript release: approximately 01/07/22*

Academic dishonesty

In the academic community, the high value placed on truth implies a corresponding intolerance of scholastic dishonesty. In cases involving academic dishonesty, determination of the grade and of the student's status in the course is left primarily to the discretion of the faculty member. In such cases, where the instructor determines that a student has demonstrated academic dishonesty, the student may receive a failing grade for the assignment and/or exam and may be reported to the Chief Student Services Officer or designee. The Student Code of Conduct (AP 5500) is available on the College of the Redwoods website. Additional information about the rights and responsibilities of students, Board policies, and administrative procedures is located in the College Catalog and on the College of the Redwoods website.

Disruptive behavior

Student behavior or speech that disrupts the instructional setting will not be tolerated. Disruptive conduct may include, but is not limited to: unwarranted interruptions; failure to adhere to instructor's directions; vulgar or obscene language; slurs or other forms of intimidation; and physically or verbally abusive behavior. In such cases where the instructor determines that a student has disrupted the educational process, a disruptive student may be temporarily removed from class. In addition, the student may be reported to the Chief Student Services Officer or designee. The Student Code of Conduct (AP 5500) is available on the College of the Redwoods website. Additional information about the rights and responsibilities of students, Board policies, and administrative procedures is located in the College Catalog and on the College of the Redwoods website.

Inclusive Language in the Classroom

College of the Redwoods aspires to create a learning environment in which all people feel comfortable in contributing their perspectives to classroom discussions. It therefore encourages instructors and students to use language that is inclusive and respectful.

Setting Your Preferred Name in Canvas

Students have the ability to have an alternate first name and pronouns to appear in Canvas. Contact Admissions & Records to request a change to your preferred first name and pronoun. Your Preferred Name will only be listed in Canvas. It does not change your legal name in our records. See the Student Information Update form.

Canvas Information

If using Canvas, include navigation instructions, tech support information, what Canvas is used for, and your expectation for how regularly students should check Canvas for your class.
Log into Canvas at https://redwoods.instructure.com

Password is your 8 digit birth date
For tech help, email its@redwoods.edu or call 707-476-4160
Canvas Help for students: https://www.redwoods.edu/online/Help-Student
Canvas online orientation workshop: https://www.redwoods.edu/online/Home/Student-Resources/Canvas-Resources

Community College Student Health and Wellness

Resources, tools, and trainings regarding health, mental health, wellness, basic needs and more designed for California community college students, faculty and staff are available on the California Community Colleges Health & Wellness website.

Wellness Central is a free online health and wellness resource that is available 24/7 in your space at your pace.

Students seeking to request a counseling appointment for academic advising or general counseling can email counseling@redwoods.edu.

Emergency procedures / Everbridge

College of the Redwoods has implemented an emergency alert system called Everbridge. In the event of an emergency on campus you will receive an alert through your personal email and/or phones. Registration is not necessary in order to receive emergency alerts. Check to make sure your contact information is up-to-date by logging into WebAdvisor https://webadvisor.redwoods.edu and selecting 'Students' then 'Academic Profile' then 'Current Information Update.'

Please contact Public Safety at 707-476-4112 or security@redwoods.edu if you have any questions. For more information see the Redwoods Public Safety Page.

In an emergency that requires an evacuation of the building anywhere in the District:
- Be aware of all marked exits from your area and building
- Once outside, move to the nearest evacuation point outside your building
- Keep streets and walkways clear for emergency vehicles and personnel

Do not leave campus, unless it has been deemed safe by the campus authorities.

Eureka Campus Emergency Procedures

Please review the campus emergency map for evacuation sites, including the closest site to this classroom (posted by the exit of each room). For more information on Public Safety go to the Redwoods Public Safety Page It is the responsibility of College of the Redwoods to protect life and property from the effects of emergency situations within its own jurisdiction.

In the event of an emergency:

1. Evaluate the impact the emergency has on your activity/operation and take appropriate action.
2. Dial 911, to notify local agency support such as law enforcement or fire services.
3. Notify Public Safety 707-476-4111 and inform them of the situation, with as much relevant information as possible.
4. Public Safety shall relay threat information, warnings, and alerts through the Everbridge emergency alert system, Public address system, and when possible, updates on the college website, to ensure the school community is notified.
5. Follow established procedures for the specific emergency as outlined in the College of the Redwoods Emergency Procedure Booklet, (evacuation to a safe zone, shelter in place, lockdown, assist others if possible, cooperate with First Responders, etc.).
6. If safe to do so, notify key administrators, departments, and personnel.
7. Do not leave campus, unless it is necessary to preserve life and/or has been deemed safe by the person in command.

Student Support Services

The following online resources are available to support your success as a student:
- CR-Online (Comprehensive information for online students)
- Library Articles & Databases
- Canvas help and tutorials
- Online Student Handbook

- Counseling offers assistance to students in need of professional counseling services such as crisis counseling.

Learning Resource Center includes the following resources for students

- Academic Support Center for instructional support, tutoring, learning resources, and proctored exams. Includes the Math Lab & Drop-in Writing Center
- Library Services to promote information literacy and provide organized information resources.
- Multicultural & Diversity Center

Special programs are also available for eligible students include

- Extended Opportunity Programs & Services (EOPS) provides financial assistance, support and encouragement for eligible income disadvantaged students at all CR locations.
- The TRiO Student Success Program provides eligible students with a variety of services including trips to 4-year universities, career assessments, and peer mentoring. Students can apply for the program in Eureka or in Del Norte
- The Veteran's Resource Center supports and facilitates academic success for Active Duty Military, Veterans and Dependents attending CR through relational advising, mentorship, transitional assistance, and coordination of military and Veteran-specific resources.
- Klamath-Trinity students can contact the CR KT Office for specific information about student support services at 530-625-4821

Accessibility

College of the Redwoods is committed to making reasonable accommodations for qualified students with disabilities. If you have a disability or believe you might benefit from disability-related services and accommodations, please contact your instructor or Disability Services and Programs for Students (DSPS). Students may make requests for alternative media by contacting DSPS based on their campus location:
- Eureka: 707-476-4280, student services building, 1st floor
- Del Norte: 707-465-2324, main building near library
- Klamath-Trinity: 530-625-4821 Ext 103

If you are taking online classes DSPS will email approved accommodations for distance education classes to your instructor. In the case of face-to-face instruction, please present your written accommodation request to your instructor at least one week before the needed accommodation so that necessary arrangements can be made. Last minute arrangements or post-test adjustments usually cannot be accommodated.

Student Support

Good information and clear communication about your needs will help you be successful. Please let your instructor know about any specific challenges or technology limitations that might affect your participation in class. College of the Redwoods wants every student to be successful.

Evaluation & Grading Policy

Item: % of course grade (# of points/ 1000 total)

1. Participation: 25% (250 pts.)

This class is very interactive and highly participatory. Our class time together mostly consists of discussion, group activities, small projects or assignments, and chapter assessments.

Participation consists of:

1) showing up for class on time.
2) reading appropriate chapters and doing homework as assigned.
3) being prepared for class discussion and activities.
4) contributing constructively to class discussion and activities.
5) bringing your textbook to class.
   You are responsible for any content and materials you miss.

2. Quizzes: 25% (250 pts.)

10 chapter quizzes, 25 multiple choice questions each

3. First Paper: 10% (100 pts.)

3-4 page research paper.

Instructions will be posted on Canvas.

*Late Papers: 5 pts. per day deducted from the grade of papers turned in after the due date.

4. Second Paper: 20% (200 pts.)

6- page research paper

Instructions will be posted on Canvas.

*Late Papers: 5 pts. per day deducted from the grade of papers turned in after the due date.

5. Final Exam: 20% (200 pts.):

*100 multiple choice questions (cumulative, all 10 chapters)

Grades:

A= 91-100%; A- =90%

B= 81-89%; B- = 80%

C= 70-79%

D= 60-69%

F= 0-59%

CLASS SCHEDULE

Introduction to Addiction Studies, ADCT 10, E1776

Required Text: *Uppers, Downers, All Arounders, Darryl Inaba, CNS Publications, 8th Edition 2014 (7th Edition 2011 is acceptable)*

DATES:	TOPIC
Aug. 24, 26	Overview: Introductions, expectations
Aug. 31, Sept. 2	Ch. 1, Historical Themes, Classification
Sept. 7, 9	Ch. 2, Stages of use, abuse and addiction
Sept. 14, 16	Ch. 2, Neurochemistry and Physiology of Addiction
Sept. 21, 23	Ch. 3, Uppers
Sept. 28, 30	Ch. 4, Downers
SUNDAY OCT. 3	**FIRST PAPER DUE, CANVAS, BY 11:59 PM**
Oct. 5, 7	Ch. 5, Alcohol
Oct. 12, 14	Ch. 6, Hallucinogens/marijuana
Oct. 19, 21	Ch. 7, Behavioral and other Addictions
Oct. 26, 28	Ch. 8, Prevention and Harm Reduction
Nov. 2, 4	Ch. 8, continued.
Nov. 9, 11	Ch. 9, Treatment
SUNDAY NOV. 14	**SECOND PAPER DUE, CANVAS, BY 11:59 PM**
Nov. 16, 18	Ch. 9, Treatment
Nov. 23, 25	**NO CLASS- FALL BREAK, Thanksgiving Holiday**
Nov. 30, Dec. 2	Ch. 10, Addiction and Mental Health Issues
Dec. 7, 9	Ch. 10 continued, Review for final exam
Dec. 14	**FINAL EXAM, 3:15-5:15, HU 110**

This syllabus is intended as a guide. Any items may be changed or added at the teacher's discretion. Students will be notified of changes verbally in class and/or electronically. Please check Canvas and your CR email for updates and changes before each class session.