



## Syllabus Alcoholism & Substance Abuse in Diverse Populations

### **Course Information**

Semester & Year: Spring 2022

Course ID & Section #: ADCT 18- D2956

Instructor's name: Celia Perez

Day/Time: Tuesday 5:30 p.m. -8:40 p.m.

Location: DM23

Number of units: 3

### **Instructor Contact Information**

Office location: DM23

Office hours: **will be available 30 minutes prior to class by appointment (please email to make appointment)**

Phone number: 707-458-8508

Email address: [celia-perez@redwoods.edu](mailto:celia-perez@redwoods.edu)

Required Materials:

- **Textbook title:** CLINICAL HANDBOOK OF PSYCHOLOGICAL DISORDERS

### **A PDF version of the textbook is available on Canvas under Files.**

- **Must purchase a 3-ring binder for the course and folders**

### **Catalog Description**

An examination of the special issues involved in the etiology, treatment and prevention of alcoholism, other types of substance abuse and process addictions and co-occurring disorders among specific populations of high-risk groups, with special concerns or problems unique to that population.

### **Course Student Learning Outcomes**

- 1. Describe the differences among special populations and analyze the physiological, social, economic and psychological characteristics of these groups.***
- 2. Describe and analyze effective, culturally informed treatment approaches.***
- 3. Identify co-occurring disorders and develop and synthesize appropriate treatment plans incorporating the identified addiction***

**Excessive Absence Policy: Faculty can drop students for excessive absences up the week ten of the semester.**

**Attendance and respectful participation are part of the learning experience and your ultimate grade. Respectful participation guidelines to create an atmosphere of mutual respect and collective inquiry:**

- Respect others' rights to hold opinions and beliefs that differ from your own. Challenge or criticize the idea, not the person.
- Listen carefully to what others are saying even when you disagree with what is being said. Comments that you make (asking for clarification, sharing critiques, expanding on a point, etc.) should reflect that you have paid attention to the speaker's comments.
- Be courteous. Don't interrupt or engage in private conversations while others are speaking.
- **Support your statements. Use evidence and provide a rationale for your points.**
- Allow everyone the chance to talk. If you have much to say, try to hold back a bit; if you are hesitant to speak, look for opportunities to contribute to the discussion.

- If you are offended by something or think someone else might be, speak up and don't leave it for someone else to have to respond to it.

### **Prerequisites/co-requisites/ recommended preparation**

Students will be expected to read the assigned text chapters and be prepared to discuss the assigned material. Papers must be turned in on time and in the required format. All papers must be in APA style, typed, double spaced using 12-font. **All coursework will be submitted to instructor in folder. Course work can be submitted to instructor via email. The coursework must be submitted prior to the course time and date.**

### **Special accommodations statement**

College of the Redwoods complies with the Americans with Disabilities Act in making reasonable accommodations for qualified students with disabilities. **Please present your written accommodation request at least one week** before the first test so necessary arrangements can be made. **No last-minute arrangements or post-test adjustments will be made.** Student must contact DSPS to arrange for proctor accommodations. If you have a disability or believe you might benefit from disability-related services and accommodations, please see me or contact [Disability Services and Programs for Students](#). Students may make requests for alternative media by contacting DSPS based on their campus location:

- Eureka: 707-476-4280, student services building, 1<sup>st</sup> floor
- Del Norte: 707-465-2324, main building near library
- Klamath-Trinity: 530-625-4821 Ext 103

### **Admissions deadlines & enrollment policies**

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Students who have experienced extenuating circumstances can complete & submit the ***Excused Withdrawal Petition*** to request an Excused Withdrawal (EW) grade instead of the current Withdrawal (W) or non-passing (D, F & NP) grades. The EW Petition is available from the Admissions and Records Forms Webpage. Supporting documentation is required.

### **Academic dishonesty**

In the academic community, the high value placed on truth implies a corresponding intolerance of scholastic dishonesty. In cases involving academic dishonesty, determination of the grade and of the student's status in the course is left primarily to the discretion of the faculty member. In such cases, where the instructor determines that a student has demonstrated academic dishonesty, the student may receive a failing grade for the assignment and/or exam and may be reported to the Chief Student Services Officer or designee. The Student Code of Conduct ([AP 5500](#)) is available on the College of the Redwoods website. Additional information about the rights and responsibilities of students, Board policies, and administrative procedures is located in the [College Catalog](#) and on the [College of the Redwoods website](#).

### **Disruptive behavior**

Student behavior or speech that disrupts the instructional setting will not be tolerated. Disruptive conduct may include, but is not limited to, unwarranted interruptions; failure to adhere to instructor's directions; vulgar or obscene language; slurs or other forms of intimidation; and physically or verbally

abusive behavior. In such cases where the instructor determines that a student has disrupted the educational process, a disruptive student may be temporarily removed from class. In addition, the student may be reported to the Chief Student Services Officer or designee. The Student Code of Conduct ([AP 5500](#)) is available on the College of the Redwoods website. Additional information about the rights and responsibilities of students, Board policies, and administrative procedures is located in the [College Catalog](#) and on the [College of the Redwoods website](#).

### **Communication Guidelines**

This instructor prefers you email at [celia-perez@redwoods.edu](mailto:celia-perez@redwoods.edu). This instructor will access emails daily during morning and late afternoon.

All students have privacy rights, including the legal rights of students that prevent information from being disclosed to anyone (including parents/guardians) without the student's prior written consent. The information shared by a student during class discussion is not to be repeated without student consent. Remember: Not Your Story to TELL! Should privacy be violated the class will be involved in deciding or determining consequence to repair the breach (think of **HIPAA**). This guideline is commonly used when working with clients in a group setting.

### **Student feedback policy**

I will do my best to communicate and to provide timely and substantive feedback on course work. **I will not be accepting late coursework in order to be able to provide timely and substantive feedback on course work.**

### **Gender-Inclusive Language in the Classroom**

College of the Redwoods aspires to create a learning environment in which all people feel comfortable in contributing their perspectives to classroom discussions. It therefore encourages instructors and students to use language that is gender-inclusive and non-sexist to affirm and respect how people describe, express, and experience their gender. Just as sexist language excludes women's experiences, non-gender-inclusive language excludes the experiences of individuals whose identities may not fit the gender binary, and/or who may not identify with the sex they were assigned at birth. Gender-inclusive/non-sexist language acknowledges people of any gender (for example, first year student versus freshman, humankind versus mankind, etc.), affirms non-binary gender identifications, and recognizes the difference between biological sex and gender expression.

Students can have an alternate first name and pronouns to appear in Canvas. Contact [Admissions & Records](#) to request a change to your preferred first name and pronoun. Your Preferred Name will only be listed in Canvas. It does not change your legal name in our records. See the [Student Information Update form](#).

### **Emergency procedures / Everbridge**

College of the Redwoods has implemented an emergency alert system called Everbridge. In the event of an emergency on campus you will receive an alert through your personal email and/or phones. Registration is not necessary in order to receive emergency alerts. Check to make sure your contact information is up-to-date by logging into WebAdvisor <https://webadvisor.redwoods.edu> and selecting 'Students' then 'Academic Profile' then 'Current Information Update'. Please contact Public Safety at 707-476-4112 or [security@redwoods.edu](mailto:security@redwoods.edu) if you have any questions. For more information see the [Redwoods Public Safety Page](#).

In an emergency that requires an evacuation of the building anywhere in the District:

- Be aware of all marked exits from your area and building
- Once outside, move to the nearest evacuation point outside your building
- Keep streets and walkways clear for emergency vehicles and personnel

Do not leave campus unless it has been deemed safe by the campus authorities.

**Academic Integrity / Academic Dishonesty**

Students are expected to complete all work in your own words. You need to cite every source that you use and if you are using someone else's words you need to cite them specifically. You are encouraged to collaborate with your fellow classmates and ask for advice and critique. However, all papers must be completed independently (unless otherwise noted) and in your own words. Any form of plagiarism is not accepted. Anyone caught cheating will receive an "F" for their final grade.

## ADCT 18: Alcohol & Substance Abuse in Diverse Populations

SYLLABUS SUBJECT TO CHANGE WITHOUT NOTICE

Date:	Topic:
Jan 18	First Day of School: Introductions, expectations
Jan 25	Ch 1: Panic and Ch2: PTSD
Feb 1	Ch. 3: Social Anxiety
<b>Feb 8</b>	<b>Research Paper: Due</b>
	Ch. 4: OCD
Feb 15	Ch. 5: D/O
Feb 22	Ch.6: CBT for Depression
Mar 1	Ch. 7: Interpersonal Psy for Depression
Mar 8	Ch. 8: Behavioral Activation for Depression
<b>Mar 14- 19</b>	<b>Spring Break</b>
<b>Mar 22</b>	<b>Research Paper: Due</b>
	Ch. 9: DBT
Mar 29	Ch.10: Bipolar D/O
April 5	Ch. 11: Schizophrenia and other Psychotic D/O
April 19	Ch. 12: Alcohol Use
April 26	Ch. 13 Drug Abuse and Dependence
<b>May 3</b>	<b>Research Paper: Due</b>
	Ch. 14: Eating D/O
<b>May 10<sup>th</sup></b>	<b>TIP 42</b>

### **Grading Criteria Participation: 150 points**

Excessive Absence Policy: Instructor can drop students for excessive absences up until week ten of the semester. Use the email to let me know of your absence.

**Exams:** NO Exams

**Reports:** Research 100 pts paper, 3 to 5 pages,

**Final Paper or Project:** 100 points 10-page report on

**TIP 42: Substance Abuse Treatment for Persons with Co-Occurring Disorders (samhsa.gov)**

1. This syllabus is intended as a guide. Circumstances could cause the schedule to change.
2. Check Canvas and your emails regarding a class cancellation by instructor. This will be posted by morning on day of class whenever possible.
3. Office Hours: I will be in the classroom at least 15-30 minutes before class start.

