

HE-7: Emergency Response: First Aid/CPR/AED

Course Information

Semester and Year: Fall 2026

Course ID and Section number: HE-7-E1416 (061416) Emerg Resp: First Aid/CPR/AED

Instructor's name: Konrad Kisch

Course units: 3.00

Day and time of required meetings: Tuesday/Thursday 10:05AM - 11:30AM

Location: PE 100K

Instructor Contact Information

Office hours: By appointment via Zoom

Phone number: 612-749-3547

Email address: Konrad-Kisch@Redwoods.edu

Required Materials:

None

Catalog Description

A course designed to teach theory and detailed demonstration of the first aid/CPR/AED care of the injured. This includes key issues for leading a healthy lifestyle, including heart disease risk factor identification, health and safety considerations, legal issues, and injury prevention. The student will learn to assess and intervene an individual's condition and incorporation of proper treatment. Standard American Red Cross first aid, CPR, and AED certification granted upon successful completion of requirements.

Note: In order to receive a course completion certification from the American Red Cross, students need to be able to properly perform and demonstrate rescue skills. There is also a certification fee from the American Red Cross (not required to pass the class).

Course Student Learning Outcomes

- Assess victims of injury and medical emergencies and apply emergency action plan.
- Describe the signs and symptoms and demonstrate the first aid care that is needed in common medical emergencies.
- Demonstrate cardiopulmonary resuscitation and the use of AED.
- Explain care for special situations and demonstrate emergency rescue moves, bandaging, and splinting.

Course Calendar

Tuesday/Thursday 10:05AM - 11:30AM

Physical Education Building, Room 100K

This course will be constructed of both lectures and lab/skill practice throughout the semester, leading up to the final certification testing at the end. The instructor reserves the right to divide up class sessions between students to best fit student learning outcomes. The instructor may also alter the course schedule throughout the semester to best fit student needs.

- Week 1 - Introduction, Syllabus, and Overview
- Week 2 - Adult CPR/AED Lecture and Scenarios
- Week 3 - Adult CPR Lab
- Week 4 - Pediatric CPR/AED Lecture and Scenarios
- Week 5 - Pediatric CPR Lab
- Week 6 - AED Review and Lab
- Week 7 - Choking
- Week 8 - Choking Part 2 and Midterm Quiz
- Week 9 - Basic First Aid
- Week 10 - Basic First Aid Part 2
- Week 11 - Sudden Illness and Lab Practice
- Week 12 - Wounds/Soft Tissue Injuries and Lab Practice
- Week 13 - Environmental Issues Lecture, Final Practice Lab, and First Aid Quiz
- 11/23 -11/27 No class (Fall Break)
- Week 14 - Cheat Sheet Design and Final Certification Test
- Week 15 - Final Certification Test Part 2 and Extra Credit Opportunity

- Week 16 - Final Certification Test Part 3 and Final Exam

Evaluation and Grading Policy

Attendance policy: Attendance and quality participation is required for success in this course. There will be points given in many class sessions throughout the semester. You need to be present to receive the points. If attendance is not possible due to approved intercollegiate functions or other issues, the student is required to inform the instructor in advance and arrange to make up any missed assignments.

Assignments: Most of the assignments in this class are done while in class. Late assignments will not be accepted, and extra credit is given sparingly.

Tests/Quizzes: Quizzes will be based on class discussions and lectures and will be assigned in Canvas (all students are required to use Canvas). Tests are announced in advance and usually a combination of True/False, Multiple Choice, Fill-in the blank, and short answer questions. If necessary, make-up tests MUST be arranged prior to the test date.

First Aid, CPR, and AED skill assessments are based on the American Red Cross standards.

Your final grade will be based on the total points you have earned throughout the semester. After each assignment is graded, your point value will be posted into the Canvas grade book.

The grading scale is as follows

- **A** 100% to 94%
- **A-** < 94% to 90%
- **B+** < 90% to 87%
- **B** < 87% to 84%
- **B-** < 84% to 80%
- **C+** < 80% to 77%
- **C** < 77% to 74%
- **C-** < 74% to 70%
- **D+** < 70% to 67%
- **D** < 67% to 64%
- **D-** < 64% to 61%
- **F** < 61%

Prerequisites/corequisites/ recommended preparation

None

Educational Accessibility and Support

College of the Redwoods is committed to providing reasonable accommodations for qualified students who could benefit from additional educational support and services. You may qualify if

you have a physical, mental, sensory, or intellectual condition which causes you to struggle academically, including but not limited to:

Mental health conditions such as depression, anxiety, PTSD, or bipolar disorder

Common ailments such as arthritis, asthma, diabetes, autoimmune disorders, and diseases

Temporary impairments such as a broken bone, recovery from significant surgery, or a pregnancy-related disability

Neurodevelopmental disorders such as a learning disability, intellectual disability, autism, acquired brain injury, or ADHD

Vision, hearing, or mobility conditions

Available services include extended test time, quiet testing environments, academic assistance and tutoring through the [LIGHT Center](#), counseling and advising, alternate formats of course materials (e.g., audio books, braille, E-texts), assistive technology, learning disability assessments, approval for personal attendants, interpreters, priority registration, on-campus transportation, adaptive physical education and living skills courses, and more. If you believe you might benefit from disability- or health-related services and accommodations, please contact [Student Accessibility Support Services \(SASS\)](#). If you are unsure whether you qualify, please contact Student Accessibility Support Services (SASS) for a consultation: sass@redwoods.edu.

SASS office locations and phone numbers

Eureka campus

Phone: 707-476-4280

Location: Learning Resource Center (Library)

Del Norte campus

Phone: 707-465-2353

Location: main building, near the Library

Klamath-Trinity campus

Phone: 707-476-4280