



## **Syllabus for Emergency Medical Technician**

### **Course Information**

Semester & Year: Spring 2026

Course ID & Section #: HO-159-D1047

Instructor's name: Katiana Lopez

Day/Time of required meetings: Fridays 4:30 PM- 9:30 PM, Saturdays 7:30 AM- 12:30 PM.

Two additional 7 hour day sessions as noted on the schedule.

Mandatory ambulance and hospital emergency department observation sessions - to be scheduled.

Location: DN 1 and DN 2 at the Del Norte Campus

Number of proctored exams: Quizzes and final exam administered in class

Course units: 6

### **Instructor Contact Information**

Office location: No regular office

Office hours: Please contact the instructor to schedule a day/time as needed.

Phone number: (707)-218-1305

Email address: Katiana-Seidel-Cross@redwoods.edu

### **Required Materials**

Emergency Care, 14th edition, authors Daniel Limmer and Michael F. O'Keefe ISBN-13: 978-0-13-537913-4 or ISBN-10: 0-13-537913-X

Workbook for Emergency Care, 14th edition, author Bob Elling ISBN-13: 978-0-13-537907-3 or ISBN-10: 0-13-537907-5

### **Catalog Description**

A study of basic prehospital emergency medicine to meet the State of California requirements for EMT training. Students will learn to properly assess, stabilize, treat, and transport patients experiencing medical and trauma emergencies in the prehospital setting. This course includes clinical observation experience with an ambulance service and in a hospital emergency department. Course completion will allow students to take the National Registry examination for EMT certification.

Note: Requirements include: Proof of communicable disease immunity; background check clearance; urine drug screening; and American Heart Association BLS for Healthcare Providers, American Red Cross BLS for Healthcare Providers, American Safety & Health Institute BLS, or equivalent CPR certification. Off-campus meetings are required. Must be 18 years old to be eligible for National Registry and state certification. May take the state certification exam within two years of course completion. Fees for National Registry testing and state certification are additional.



### **Course Student Learning Outcomes (from course outline of record)**

By the end of this course, students will be able to:

1. Characterize the roles and responsibilities of the Emergency Medical Technician (EMT).
2. Apply fundamental knowledge required to properly assess, stabilize, treat, and transport patients experiencing medical and trauma emergencies in the prehospital setting.
3. Demonstrate safe and effective psychomotor skills competence as outlined by the National EMS Scope of Practice model and state Scope of Practice at the EMT level.

Please refer to the course textbook for specific standards, competencies, core concepts, and outcomes listed at the beginning of each chapter.

Course learning outcomes will be met through a variety of learning activities, including lectures, video and other media presentations, group discussions, hands-on skills lab practice, scenarios, and cognitive and skills evaluations.

### **Course Calendar**

Fridays 4:30PM-9:30PM and Saturdays 7:30AM- 12:30PM ROOM: TBA

Two additional 7-hour day sessions (not including lunch) as noted, including one potentially off-campus session. Mandatory ambulance and hospital emergency department observation sessions - to be scheduled.

### **Evaluation and Grading Policy**

Didactic instruction:

Quizzes 50% of grade (260 points possible)

Final exam 35% of grade (100 written, 82 skills for a total of 182 points possible)

Course participation 15% of grade (78 points possible)

Quizzes will generally consist of 20 multiple-choice questions. One 40 question quiz will be implemented as well for **late start courses**. Other quiz formats may also be included at the instructor's discretion.

There will be no opportunity to make up quizzes. Any missed quiz will be scored as "zero."

The final exam consists of 100 multiple-choice questions and two skills assessments. The final exam score will consist of both a written and two skills assessments, contributing to 35% of the course grade. Students must pass both skills assessments. More on finals will be discussed in class. A student who meets EMSA training requirements by missing no more than fifteen and a half classroom hours,



completing all required assignments, successfully completing all NREMT skills exams with a passing score, completing the supervised clinical observation time, and submitting the required patient care reports will receive a 100% under the course participation category. A student who does not meet all of these requirements will receive a “zero” for this category. The course participation score will contribute to 15% of the course grade. (Please note: These training requirements will be further described in class by the instructor.)

Skills laboratory: Active participation in all skills practice sessions and successful completion of all skills exams is required. There is no separate skills grade.

### **Grading Scale**

A = 95 - 100%

A- = 90 - 94%

B+ = 87 - 89%

B = 84 - 86%

B- = 81 - 83%

C+ = 78 - 80%

C = 75 - 77%

D = 65 - 74%

F = Below 65%

I = Incomplete; if not made up, a final grade will be assigned by the instructor

Final grades are permanent and not subject to change. Note: An overall final course grade of at least 84% (“B”) and successful completion of all EMSA training requirements is required to take the NREMT cognitive exam for EMT certification. A student who receives a course grade of less than 84% (“B”) will not be allowed to take the NREMT cognitive exam. He or she will still receive college credit for the course.

### **Incomplete Grades**

Under extenuating circumstances and at the discretion of the instructor, a student may be granted a grade of Incomplete (“I”). To qualify for an “I” grade, a student must meet the following conditions:

Most of the academic work must be completed and there must be unforeseeable, emergency, and justifiable reasons which prevent the student from completing the course in the semester.



The “I” must be made up no later than one semester following the end of the term in which it was assigned.

In addition, the student should understand that:

When the “I” grade is issued, the instructor designates an alternate grade for each student. If the “I” grade is not made up within the prescribed amount of time, the alternate grade will be issued to the student. The alternate grade then becomes the student’s final grade in the course and will be recorded on the student’s permanent academic record.

A student does not re-enroll in a course in which he or she received an “I”. The student will work independently with the instructor to complete the course requirements, including assignments, projects, and exams. Due to the nature of the EMT course and the inherent difficulties in completing the course requirements outside of the regular class sessions, an “Incomplete” grade will rarely be granted.

### **Prerequisites/co-requisites/ recommended preparation**

Prerequisite: None.

Corequisite: None.

### **Educational Accessibility and Support**

College of the Redwoods is committed to providing reasonable accommodations for qualified students who could benefit from additional educational support and services. You may qualify if you have a physical, mental, sensory, or intellectual condition which causes you to struggle academically, including but not limited to:

- Mental health conditions such as depression, anxiety, PTSD, or bipolar disorder
- Common ailments such as arthritis, asthma, diabetes, autoimmune disorders, and diseases
- Temporary impairments such as a broken bone, recovery from significant surgery, or a pregnancy-related disability
- Neurodevelopmental disorders such as a learning disability, intellectual disability, autism, acquired brain injury, or ADHD
- Vision, hearing, or mobility conditions

Available services include extended test time, quiet testing environments, academic assistance and tutoring through the [LIGHT](#) Center, counseling and advising, alternate formats of course materials (e.g., audio books, braille, E-texts), assistive technology, learning disability assessments, approval for personal attendants, interpreters, priority registration, on-campus transportation, adaptive physical education and living skills courses, and more. If you believe you might benefit from disability- or health-related services and accommodations, please contact [Student Accessibility Support Services](#) (SASS). If you are unsure whether you qualify, please contact Student Accessibility Support Services (SASS) for a consultation: [sass@redwoods.edu](mailto:sass@redwoods.edu).



## SASS office locations and phone numbers

### Eureka campus

- Phone: 707-476-4280
- Location: Learning Resource Center (Library)

### Del Norte campus

- Phone: 707-465-2353
- Location: main building, near the Library

### Klamath-Trinity campus

- Phone: 707-476-4280



COLLEGE OF THE REDWOODS  
HEALTH OCCUPATIONS DEPARTMENT

EMERGENCY MEDICAL TECHNICIAN  
HO-159-D9053

**Spring 2026**

*Course Information 6 units - lecture/lab*

*Prerequisite: None.*

*Corequisite: None.*

*Note: Must be 18 years of age to be eligible for State of California EMT certification. May take State certification exam within two (2) years of course completion.*

Fridays 4:30PM-9:30PM and Saturdays 7:30AM- 12:30PM ROOM: DN 1 and DN 2

Two additional 7-hour day sessions (not including lunch) as noted, including one potentially off-campus session. Mandatory ambulance and hospital emergency department observation sessions - to be scheduled.

**Primary Instructor**

Katiana Lopez, EMT-P [Pronouns: she/her/hers]

Campus email: [katiana-seidel-cross@redwoods.edu](mailto:katiana-seidel-cross@redwoods.edu)

Message phone: 707-218-1305

*Email is my preferred contact method. Please put "EMT" or "EMT course" in the Subject line. However, I will be more likely to get your message if you email through canvas.*

Office Hours: No regular office hours. Please contact instructor to schedule meeting day/time.

**Required Materials**

Emergency Care, 14th edition, authors Daniel Limmer and Michael F. O'Keefe ISBN-13: 978-0-13-537913-4 or ISBN-10: 0-13-537913-X

Workbook for Emergency Care, 14th edition, author Bob Elling ISBN-13: 978-0-13-537907-3 or ISBN-10: 0-13-537907-5

The above texts are available at the online campus bookstore:

<https://www.redwoods.edu/student-services/home/bookstore>

The textbook and workbook are also available through publisher Pearson and online book sellers.



### **Additional Fees**

- Cost (as needed) of CPR certification.
- Cost (as needed) of proof of immunity.
- Cost of 10-panel urine drug screen.
- Cost of background check.
- National Registry of EMTs (NREMT) cognitive exam fee. (\$98 per exam attempt)
- State EMT certification fee.
- Hazmat FRO through Safety Unlimited (approximately \$70)

NOTE: If a student already has a valid Hazmat FRO certification, then the student must provide the certificate to the instructor to pass the course. However, please note this will subtract 8 hours from the students classroom hours, which are put towards the minimum classroom hours required by California for EMT certification. Please see below under the attendance requirements for more information.

### **Course Description**

A study of basic prehospital emergency medicine to meet State of California requirements for EMT training. Students will learn to properly assess, stabilize, treat, and transport patients experiencing medical and trauma emergencies in the prehospital setting. This course includes clinical observation experience with an ambulance service and in a hospital emergency department. Course completion will allow students to take the National Registry examination for EMT certification. Note: Requirements include: Proof of communicable disease immunity; background check clearance; urine drug screening; and American Heart Association BLS for Healthcare Providers, American Red Cross BLS for Healthcare Providers, American Safety & Health Institute BLS, or equivalent CPR certification. Off-campus meetings are required. Must be 18 years old to be eligible for National Registry and state certification. May take the state certification exam within two years of course completion. Fees for National Registry testing and state certification are additional.

### **Course Student Learning Outcomes**

By the end of this course, students will be able to:

1. Characterize the roles and responsibilities of the Emergency Medical Technician (EMT).
2. Apply fundamental knowledge required to properly assess, stabilize, treat, and transport patients experiencing medical and trauma emergencies in the prehospital setting.
3. Demonstrate safe and effective psychomotor skills competence as outlined by the National EMS Scope of Practice model and state Scope of Practice at the EMT level.

Please refer to the course textbook for specific standards, competencies, core concepts, and outcomes listed at the beginning of each chapter.



Course learning outcomes will be met through a variety of learning activities, including lectures, video and other media presentations, group discussions, hands-on skills lab practice, scenarios, and cognitive and skills evaluations.

### **Attendance Requirements**

The California Emergency Medical Services Authority (EMSA) set the EMT training program required course hours at 170 effective July 1, 2017. The training hours include a minimum of 146 hours of didactic instruction and skills laboratory (“classroom hours”) and a minimum of 24 hours of supervised clinical experience (ambulance and hospital emergency department observation).

Scheduled Friday/Saturday sessions, not including finals week, add up to 154 hours. Two additional day sessions (not including lunch) add an additional 14 hours. Four online training modules are worth 17.5 hours (IS 100.C (2 hours) IS-700.B (3.5 hours) and IS-200.C (4 hours) and Hazmat FRO (8 hours). This brings the total “classroom hours” to 171.5. This means that a student may miss no more than **twenty-five and a half (25.5) classroom hours** in order to meet California EMT certification eligibility requirements. Students are still expected to complete all required skills testing and all required online courses. One skills testing make-up day will be offered towards the end of the course.

NOTE: Some individuals may already have Hazmat FRO certification (one of the required online courses); in this case, the student must provide a valid certificate to the instructor to pass the course and will not be required to take the course again unless the certificate is more than one year old without evidence of a refresher course taken. However, this means approximately 8 hours will be subtracted from the student's total classroom hours, leaving total classroom hours at 163.5, which is well within the requirements for EMT certification. Meaning the student may miss no more than seventeen and a half (17.5) classroom hours. At the instructor's discretion, in special circumstances, additional FEMA and/or Hazmat courses may be assigned if, under emergent circumstances, a student needs to make up eight (8) classroom hours **ONLY**. THIS IS EXCLUSIVE TO STUDENTS WHO HOLD A VALID HAZMAT FRO CERTIFICATION AT THE START OF THIS EMT COURSE.

Speak with the instructor if you already hold any of the required FEMA courses. At the instructor's discretion, additional FEMA courses may be assigned if, under emergent circumstances, the student needs to make up the hours they would have had taking the required online FEMA courses during the EMT program. Speak with the instructor for more information. Certificates still must be provided.

**There will be no other opportunity to make up missed classroom hours. Additional clinical time can NOT be substituted for missed classroom hours.**



Students who fail to meet EMSA attendance requirements may still complete the course and receive a grade, but will not be eligible to take the NREMT cognitive exam for EMT certification. Please note that a student may be dropped from the class for a pattern of excessive absence, unless the student speaks with the instructor and specifically requests to remain in the course.

## Grading Criteria

Didactic instruction:

Quizzes 50% of grade (260 points possible)

Final exam 35% of grade (100 written, 82 skills for a total of 182 points possible)

Course participation 15% of grade (78 points possible)

Quizzes will generally consist of 20 multiple-choice questions. One 40 question quiz will be implemented as well for **late start courses**. Other quiz formats may also be included at the instructor's discretion.

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Skills laboratory: Active participation in all skills practice sessions and successful completion of all skills exams is required. There is no separate skills grade.



## **Grading Scale**

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and exams. Due to the nature of the EMT course and the inherent difficulties in completing the course requirements outside of the regular class sessions, an “Incomplete” grade will rarely be granted.

### **Special Accommodations**

Students will have access to online course materials that comply with the Americans with Disabilities Act of 1990 (ADA), Section 508 of the Rehabilitation Act of 1973, and College of the Redwoods policies. Students who discover access issues with this class should contact the instructor. College of the Redwoods is also committed to making reasonable accommodations for qualified students with disabilities. If you have a disability or believe you might benefit from disability-related services and accommodations, please contact your instructor or Disability Services and Programs for Students (DSPS).

- Students may make requests for alternative media by contacting DSPS based on their campus location: Eureka: 707-476-4280, student services building, 1st floor
- Del Norte: 707-465-2324, main building near library
- Klamath-Trinity: 530-625-4821 Ext 103

During COVID-19, approved accommodations for distance education classes will be emailed to the instructor by DSPS. In the case of face-to-face instruction, please present your written accommodation request to your instructor at least one week before the needed accommodation so that necessary arrangements can be made. Last-minute arrangements or post-test adjustments usually cannot be accommodated.

### **Academic Honesty**

In the academic community, the high value placed on truth implies a corresponding intolerance of scholastic dishonesty. In cases involving academic integrity, determination of the grade and of the student’s status in the course is left primarily to the discretion of the faculty member. In such cases, where the instructor determines that a student has demonstrated a lack of academic integrity, the student may receive a failing grade for the assignment and/or exam and may be reported to the Chief Student Services Officer or designee. The Student Code of Conduct (AP 5500) is available on the College of the Redwoods website. Additional information about the rights and responsibilities of students, Board policies, and administrative procedures is located in the 2025-2026 College Catalog and CR Board and Administrative Policies.

### **Canvas Information**

I primarily use the Canvas Announcements, Grades, Files, and Inbox features. You will also be doing most of your homework assignments through canvas. I ask that all students check their canvas daily. Many announcements and communications will be done through canvas. Students may also set their Canvas inbox to forward emails to their personal email. This is very important. Students may generally expect me to respond to email messages in 24-48 hours.



Log into Canvas at <https://redwoods.instructure.com> Password is your 8 digit birth date. (mm/dd/yr)

For Canvas tech help, email [its@redwoods.edu](mailto:its@redwoods.edu) or call 707-476-4160 Canvas Help for students:  
<https://www.redwoods.edu/online/Help-Student> Canvas online orientation workshop:  
<https://www.redwoods.edu/online/Home/Student-Resources/Canvas-Resources>

### **Setting Your Preferred Name in Canvas**

Students have the ability to have an alternate first name and pronouns to appear in Canvas. Contact Admissions & Records to request a change to your preferred first name and pronoun. Your Preferred Name will only be listed in Canvas. It does not change your legal name in our records. See the Admissions and Records Student Information Update form.

### **Course Policies**

EMT students are expected to abide by the following course policies:

A student may miss no more than **twenty five and a half (25.5)** classroom hours in order to meet California EMT certification eligibility requirements. There will be no opportunity to "make up" any missed classroom hours. Substituting additional clinical hours for classroom hours is not allowed. Permission to take the final written exam at any time other than originally designated may, under exceptional circumstances, be granted at the discretion of the instructor. There will be no opportunity to take quizzes at any time other than as designated in the course schedule.

- The use of electronic devices during quizzes and exams is prohibited, unless the device is part of a student's specific disability accommodation. A student found to be using an unauthorized electronic device or other study aid during an exam will earn a "zero" grade for the exam.
- A student who expects to receive an emergency message may leave his or her electronic device on "vibrate" or "silent" mode. The student is expected to notify the instructor beforehand of such a circumstance.
- The use of cell phones, including the camera function, text messaging, and other electronic devices during classroom time is prohibited, except with the specific permission of the instructor. Such usage is distracting to the student, classmates, and the instructor.
- A student who utilizes such an electronic device during classroom time will be asked to leave the class for a period of time, beginning with 30 minutes and increasing at the instructor's discretion for repeated usage. Such time will be subtracted from the total attendance time and may impact a student's EMT certification eligibility.
- Distracting classroom behavior such as side conversations during lecture or skills presentations or horseplay during skills practice will be treated according to the above policy.



- Use of tobacco, tobacco products (e.g., “chew”), vapes, and electronic cigarettes is not allowed on campus. Students must be free of an obvious odor of smoke about their person. This is to minimize the effects of third-hand smoke on the health of other students and instructors.

Students are expected to sign an agreement to abide by the course policies and the Student Code of Conduct.

### **Disruptive Classroom Behavior**

Student behavior or speech that disrupts the instructional setting will not be tolerated. Disruptive conduct may include, but is not limited to: unwarranted interruptions; failure to adhere to the instructor’s directions; vulgar or obscene language; slurs or other forms of intimidation; and physically or verbally abusive behavior. In such cases where the instructor determines that a student has disrupted the educational process, a disruptive student may be temporarily removed from class. In addition, the student may be reported to the Chief Student Services Officer or designee. Additional information about the rights and responsibilities of students, Board policies, and administrative procedures is located in the 2025-2026 College Catalog and CR Board and Administrative Policies. If behavior is egregious and/or poses danger to self or others, at the instructor’s discretion, the student may be dropped from the program completely.

### **Inclusive Language in the Classroom**

College of the Redwoods aspires to create a learning environment in which all people feel comfortable in contributing their perspectives to classroom discussions. It therefore encourages instructors and students to use language that is inclusive and respectful.

### **EMT Clinical Observation Information**

California regulations require a minimum of twenty four (24) hours of supervised clinical experience (ambulance and hospital emergency department observation time) as part of an EMT training program. This clinical observation is in addition to the classroom hours and will be scheduled separately. Clinical partners for this EMT training program are Del Norte Ambulance and Sutter Coast Hospital. Clinical observation guidelines, including dress code and behavior standards, will be described in class. Students must wear a CR identification badge and appropriate personal protective equipment. N95 mask fit testing will be conducted in class; the mask will be provided. California regulations also require ten (10) documented patient contacts as part of an EMT training program. The method and format for this documentation will be described in class. Submission of a copy of BLS CPR certification, proof of



immunity, 10-panel urine drug screen results, background check clearance, and N95 mask fit testing is required prior to clinical observation shifts.

**The deadline for submission of BLS CPR card copy, proof of immunity, 10-panel urine drug screen results, and to order the background check is Saturday, February 21st at 7:30 A.M.**

If a student fails to meet the requirements by the deadline, he/she/they will not be allowed to complete clinical observation shifts and will therefore be ineligible for EMT certification. The student may participate in the rest of the course and receive a final grade.

### **CPR Information**

California regulations require that a student hold CPR certification at the healthcare provider level prior to entering an EMT training program. The local EMS agency is currently allowing EMT students to obtain their CPR certification shortly after entering the EMT training program. The EMT training program at College of the Redwoods requires that a student have current CPR certification prior to participating in clinical observation shifts. Per state regulations for EMT training programs, acceptable CPR certification courses must include the following components: adult, child, and infant CPR and foreign body airway obstruction; AED; use of the pocket mask and bag valve mask; and both skills and written testing.

**Online-only CPR courses are not acceptable.**

Acceptable CPR certification includes:

- AAOS Professional Rescuer CPR
- American Heart Association BLS (Basic Life Support) for Healthcare Professionals
- American Red Cross CPR for Healthcare Providers
- American Safety and Health Institute BLS for Healthcare Providers
- Medic First Aid Basic Life Support for Professionals

CPR certification that does not meet the requirement includes:

- American Heart Association Heartsaver CPR
- American Red Cross Adult CPR or Standard First Aid
- American Safety and Health Institute Adult, Child, and Infant CPR and AED
- Medic First Aid Adult CPR

**Local resources for obtaining acceptable CPR certification are currently extremely limited.**

Northern California Safety Consortium (AHA BLS for Healthcare Providers courses)  
1619 California Street, Eureka 707-407-0334 [www.norcalsafety.com](http://www.norcalsafety.com) (Click on 'Training Schedule' at the bottom of the page. Look at 'AHA BLS Provider CPR Initial' or 'AHA BLS Provider CPR Renewal'.)

Please contact this organization directly for course dates, fees, and other information.



Please also be aware that many local Fire Departments' public CPR courses are at the layperson level and do not meet EMT training requirements. Be sure to confirm the CPR course level prior to signing up. The department may also be able to offer additional training dates, usually for groups of six or more.

***The deadline for turning in a copy of acceptable CPR certification is Saturday, February 21st at 7:30 A.M.***

### **Proof of Immunity Information**

The following proof of immunity is required by CR's clinical partners for EMT student clinical observation.

- COVID-19 vaccination and booster (if eligible for booster)
- Hepatitis B (HBV) At least the first vaccination or blood titer showing immunity. \*May be declined with waiver\*
- Influenza vaccination. For 2025-2026 season. \*May be declined with waiver\*
- Measles, mumps, rubella (MMR) Two vaccinations or blood titer showing immunity.
- Tetanus, diphtheria, pertussis (TDaP or DTaP) Vaccination within the past ten (10) years.
- Varicella (chicken pox) (VZV) Two vaccinations or blood titer showing immunity.
- Immunization records indicating "Had disease" are **NOT** acceptable.
- A negative tuberculosis skin test (TST) result within the past year.

\* Note: Tuberculosis skin testing (also called PPD) requires two clinic visits – one for the initial skin test and one to have the test results read (2-3 days later). Students who fail to return for the second visit will need to repeat the test. The test must be read by the stated deadline.

\* Note: QuantiFERON®-TB Gold or other approved blood test results are also acceptable. \* Note: The CR Health Occupations Department has an established procedure for students who have previously had a positive TST. Please contact the instructor for more information.

Any required vaccination or testing is at the student's expense, where applicable.



**Local resources for obtaining proof of immunity include:**

- Del Norte County Public Health Department, 400 L Street, Crescent City, (707)464-0861
- Open Door Community Health Center, 550 E Washington Blvd #100, Crescent City, (707)465-6925 \*Note, this facility often has very long wait lists, so the student may have to ask about vaccinations or TB testing specifically to see if the student can be seen sooner, even so the facility may not be able to accommodate immunizations or TB tests within the required timeframe\*
- Local pharmacies (Costco, CVS, Rite-Aid, Walgreens, etc.) Note: Documentation must show that student received the vaccination, not just “waiting” or payment receipt.
- The student’s private physician or other primary care provider \* Note: Obtaining personal medical records may involve signing a medical release form; Please ensure that any paperwork received is on medical office letterhead and clearly shows the student’s name and date of relevant medical information.
- Elementary or other school records
- The California Immunization Registry - Established in the mid-80’s - Click on bottom link “Find your immunization record”

\*Student may have to travel out of the county to obtain required testing/records. Additional resources may be available in Humboldt County. \*

***The deadline for turning in all proof of immunity is Saturday, February 21st at 7:30 AM***

**URINE DRUG SCREENING**

To be discussed during class

**\*Students who fail to provide a copy of CPR certification, proof of immunity, and to order the background check by Saturday, February 21st at 7:30 A.M. will not be allowed to complete clinical observation shifts and will therefore be ineligible for EMT certification.\***

**Such students may still remain in the course and receive a final grade. Please communicate with the instructor well before the deadline if there are any questions or concerns about meeting these requirements.**



### **N95 Respirator Fit Testing**

College of the Redwood's ambulance and hospital clinical partners currently require students engaged in clinical observation to be fit tested for an N95 respirator (mask). Medical grade N95 respirators require "fit testing." The purpose of the fit test is to assure that the mask fits and seals to the wearer's face properly so potentially contaminated air cannot leak into the mask and that hazardous substances (such as the SARS-CoV-2 virus which causes COVID-19) are kept out.

The fit testing process includes a confidential medical questionnaire which will be completed in class. The instructor may refer a student for a follow-up medical examination as appropriate. The fit test itself is a test of the seal between the mask and the wearer's face. It typically takes 15- 20 minutes to complete and will also be done in class. Facial hair, jewelry, the use of headgear that projects under the facepiece seal, or anything else that interferes with the seal between the respirator and the face is not permitted.

The Occupational Safety and Health Administration (OSHA) defines the presence of "facial hair" to be "more than one day's growth." Stubble beard growth, beard, moustache, or sideburns which cross the respiratory sealing surface must be shaved off within 24 hours of the fit test. The same criteria apply to respirator usage during clinical observation.

The Center for Disease Control and Prevention (CDC) has an infographic showing acceptable and unacceptable facial hairstyles.

Each student will be issued one N95 mask for use during their total three clinical observation shifts. The instructor will provide instruction on proper donning and doffing technique as well as the storage method in between clinical shifts.

Good information, clear expectations, and intentional communication will help you be successful in this training program. Please let me know about any specific needs or challenges that might affect your participation in the course this semester.

I am excited and honored to have you in this course and hope to see you succeed!

WELCOME!



COLLEGE OF THE REDWOODS  
HEALTH OCCUPATIONS DEPARTMENT

EMERGENCY MEDICAL TECHNICIAN  
HO-159-D9053

**Spring 2026**

**BLS CPR card copy, proof of immunity, 10-panel urine drug screen results, and background check order required by Saturday, February 21st, deadline. Students who fail to meet this deadline will not be allowed to participate in clinical observations. The student may still stay in the course for a letter grade. Contact the instructor well in advance of the deadline to discuss any issues that may occur or if accommodations need to be made.**

(Reading assignments from Emergency Care, Limmer & O'Keefe, 14th Edition, unless otherwise indicated)

\*NOTE: Students will be expected to fill out **WORKBOOK** assignments each week for each chapter discussed. More about this will be discussed during the first day of class.



**Saturday, January 17**

Course introduction  
Syllabus review  
Introduction to Emergency Medical Services  
Well-Being of the EMT  
Medical, Legal, and Ethical Issues

**Reading Assignment**

HO 159  
syllabus  
Chapter 1  
Chapter 2  
Chapter 4

**Friday, January 23**

**Quiz #1:** *Chapters 1, 2, 4*

\* “Who Am I...” assignment due \*

Scene Size-Up  
Primary Assessment  
Principles of Pathophysiology [Emphasis on the airway and lungs]  
Airway Management  
Respiration and Artificial Ventilation

Chapter 11  
Chapter 12  
Chapter 7  
Chapter 9  
Chapter 10

***Due Saturday, January 24 at 5:30 pm***

***Assignment***

*“Who Am I & Why Am I In This EMT Class?”*

***LAST DAY TO DROP WITHOUT A “W” February 1st 2026***

**Saturday, January 24**

Introduction to skills lab and instructors  
Demonstrate full patient assessment  
*Skills practice:*            *Airway adjuncts & suction*  
   *Oxygen administration*  
   *Positive pressure ventilation using bag-valve-mask*  
   *Airway/oxygen/ventilation skills*  
   *Patient assessment & management*



**Friday, January 30**

**Quiz #2:** Chapters 7 (airway & lungs), 9, 10, 11, 12

Vital Signs and Monitoring Devices

Principles of Assessment

Secondary Assessment

Reassessment

Communication and Documentation

Chapter 13

Chapter 14

Chapter 15

Chapter 16

Chapter 17

**Saturday, January 31**

*Demonstrate airway/oxygen/ventilation skills exam*

*Skills practice: Airway/oxygen/ventilation skills*

*SAMPLE history*

**Friday, February 6**

**Quiz #3:** Chapters 13, 14, 15, 16, 17

N95 mask fit testing / Vital signs practice

General Pharmacology

Respiratory Emergencies

Chapter 18

Chapter 19

**Saturday, February 7**

*Skills testing: Airway/Oxygen/Ventilation skills*

*Skills practice: Patient assessment & management – respiratory*

***NO Class February 13-14***

**\*Saturday, February 21**

**Clinical observation shifts begin**

**BLS CPR card copy, all proof of immunity, 10-panel urine drug screen results, and background check order required by the February 21 deadline. Background clearance is required prior to clinical shifts. \***

**Friday, February 20**

**Quiz #4:** Chapters 18, 19

Clinical Observation Guidelines

Principles of Pathophysiology [Emphasis on the cardiopulmonary system]

Cardiac Emergencies

Resuscitation

HO Syllabus

Chapter 7

Chapter 20

Chapter 21



**Saturday, February 21**

**Skills testing:** *Airway/Oxygen/Ventilation skills*  
**Skills practice:** *Patient assessment & management – cardiac*  
*Cardiac arrest management/AED*

**Friday, February 27**

**Quiz #5:** *Chapters 7 (cardiopulmonary system), 20, 21*  
North Coast EMS policies: End of Life Care (DNR) & BLS Determination of Death  
Principles of Pathophysiology [Emphasis on shock] Chapter 7  
Scene Size-Up / Mechanism of Injury Chapter 11  
Bleeding and Shock Chapter 29

**Saturday, February 28**

**Skills practice:** *Bleeding control/shock management*  
*Cardiac arrest management/AED*

**Friday, March 6**

**Quiz #6:** *Chapters 7 [shock], 11, 29*  
Soft-Tissue Trauma Chapter 30  
Chest and Abdomen Trauma Chapter 31

**Saturday, March 7**

**Skills testing:** *Cardiac arrest management/AED*  
*Bleeding control/shock management*  
**Skills practice:** *Soft-tissue injury management*

**Friday, March 13**

**Quiz #7:** *Chapters 30, 31*  
Musculoskeletal Trauma Chapter 32  
Trauma to the Head Chapter 33

**Saturday, March 14**

**Skills practice:** *Interfacing with advanced airway equipment*  
*Pt assessment & management – trauma (Physical exam)*  
*Immobilization skills – long bone & joint injury*



**MARCH 16th - 20th**  
Spring break

**Saturday, March 21**

**9:00 a.m. – 11:00 a.m.**

**Location to be announced**

Lifting and Moving Patients

Chapter 3

EMS Operations

Chapter 38

Highway Safety and Vehicle Extrication

Chapter 40

**12:00 – 5:00 p.m.**

**Location to be announced**

*Trauma drills*

Tactical Casualty Care (TCC)

**Friday, March 27**

***Quiz #8: Chapters 3, 32, 33 (head trauma), 38, 40***

Trauma to the Neck and Spine

Chapter 33

Multisystem Trauma

Chapter 34

Environmental Emergencies

Chapter 35

**Saturday, March 28**

*Skills practice:*

*Immobilization skills – long bone & joint injury*

*Traction splinting*

*Helmet removal*

**Friday, April 3**

***Quiz #9: Chapter 33 (neck and spine trauma), 34, 35***

Altered Mental Status & Diabetic Emergencies

Chapter 22

Allergic Reaction

Chapter 23

Infectious Disease and Sepsis

Chapter 24

Poisoning and Overdose Emergencies

Chapter 25

**Saturday, April 4**

*Skills testing:*

*Traction splinting*

*Immobilization skills – long bone & joint injury*

*Skills practice: Spine immobilization – supine patient*

**Friday, April 10**

***Quiz #10: Chapter 22, 23, 24, 25***

Abdominal Emergencies

Chapter 26

Behavioral and Psychiatric Emergencies and Suicide

Chapter 27

Hematologic and Renal Emergencies

Chapter 28



**Saturday, April 11**

**Skills testing:** *Spine immobilization – supine patient*  
*Spine immobilization – seated patient*

**Medical skills:** *Use of a glucometer and finger stick blood glucose testing*  
*Administration of oral glucose, epinephrine, and naloxone*

**Friday, April 17**

**Quiz #11:** 26, 27, 28

Obstetric and Gynecologic Emergencies

Chapter 36

**Saturday, April 18**

**Both sessions at College of the Redwoods**

**9:00 a.m. – 12:00 p.m.**

Hazardous Materials, Multiple-Casualty Incidents, and Incident Management

Chapter 39

EMS Response to Terrorism

Chapter 41

**1:00 – 5:00 p.m.**

MCI drill/ ALS assist skills

**Friday, April 24**

**Quiz #12:** 36, 39, 41

Emergencies for Patients with Special Challenges

Chapter 37

National Registry of EMTs certification information

California EMT certification information

**Saturday, April 25**

**Skills practice:** *Patient assessment & management – trauma & medical*  
*Emergency Childbirth*



**Friday, May 1**

**Quiz #13: 37**

Topic Review (Topics requested by students for further review)

Case Review

Charting practice

**Saturday, May 2**

*Skills practice: Patient assessment & management – trauma & medical*

*Skills testing: Emergency Childbirth*

*Make up skills testing*

**Thursday, May 7th**

**Clinical observation shifts end**

**Clinical paperwork, including 5 patient care reports, due Friday, May 8th at 5:30 PM**

**Friday, May 8**

Chart Review/ Audit

Finals Review/practice (Preparation for Saturday, May 9th EMT Olympics)

**Saturday, May 9**

EMT Olympics

Finals Review/practice

**Friday, May 15**

**Final written exam**

**Final Skills exam**

**\* Note: The above schedule and procedures are subject to change in the event of extenuating circumstances.**