



PE 51 Intercollegiate Basketball – Women's

Course Information

Semester and Year: Fall 2025

Course ID and Section number: PE 51 E9544

Instructor's name: Bree Northern

Day and time of required meetings: M/W 5-7pm T/TH 3-5pm F 11-1

Location: Gym

Course units: 1.5

Instructor Contact Information

Office location: PE 100D

Office hours: M-TH 10-11am

Phone number: 707-498-1190

Email address: breesia-northern@redwoods.edu

Required Materials:

Basketball shoes

Catalog Description

A course for those participating in competitive basketball at the intercollegiate level. Students will learn advanced level basketball skills and techniques, game strategies, and leadership skills, then apply them in intercollegiate competitions.

Course Student Learning Outcomes

Follow CR and CCCAA intercollegiate basketball decorum and eligibility policies

Perform and demonstrate basketball skills/drills at a collegiate level of proficiency.

Demonstrate an accelerated level of cardio-respiratory endurance and core body strength.

Demonstrate collegiate level basketball knowledge and implementation of basketball strategies.

Evaluation and Grading Policy

Final grade will be determined based on attendance at practice, participation in games and film sessions.

Attendance grade:

After each grouping of 3 absence's, you will drop a letter grade:

After the 3rd = B

After the 6th = C

After the 9th = D

After the 12th class absence your attendance grade will be an F.

You are only allowed to make up 3 absences over the course of the semester

Prerequisites/corequisites/ recommended preparation

None

Educational Accessibility and Support

College of the Redwoods is committed to providing reasonable accommodations for qualified students who could benefit from additional educational support and services. You may qualify if you have a physical, mental, sensory, or intellectual condition which causes you to struggle academically, including but not limited to:

Mental health conditions such as depression, anxiety, PTSD, or bipolar disorder

Common ailments such as arthritis, asthma, diabetes, autoimmune disorders, and diseases

Temporary impairments such as a broken bone, recovery from significant surgery, or a pregnancy-related disability

Neurodevelopmental disorders such as a learning disability, intellectual disability, autism, acquired brain injury, or ADHD

Vision, hearing, or mobility conditions

Available services include extended test time, quiet testing environments, academic assistance and tutoring through the [LIGHT Center](#), counseling and advising, alternate formats of course materials (e.g., audio books, braille, E-texts), assistive technology, learning disability assessments, approval for personal

attendants, interpreters, priority registration, on-campus transportation, adaptive physical education and living skills courses, and more. If you believe you might benefit from disability- or health-related services and accommodations, please contact [Student Accessibility Support Services \(SASS\)](#). If you are unsure whether you qualify, please contact Student Accessibility Support Services (SASS) for a consultation: sass@redwoods.edu.

SASS office locations and phone numbers

Eureka campus

Phone: 707-476-4280

Location: Learning Resource Center (Library)

Del Norte campus

Phone: 707-465-2353

Location: main building, near the Library

Klamath-Trinity campus

Phone: 707-476-4280