

PE 54 - Intercollegiate Football

Course Information

- Semester and Year: FALL 2025
- Course ID and Section number: E9548 (059548)
- Instructor's name: D. Wheeler, G. Montana
- Day and time of required meetings: 08/23/2025-12/19/2025 Times N/A
- Location: Laboratory/Studio/Activity Days N/A, , Room N/A
- Number of proctored exams:
- Course units: 3

Instructor Contact Information

- Office location or Online FH105
- Office hours: 9-10AM Tuesday-Wednesday
- Phone number: 707-476-4115
- Email address: Damaro-wheeler@redwoods.edu

Catalog Description

A course which is designed for those participating in competitive football at the intercollegiate level. This course provides opportunities for students to receive advanced-level instruction and training in football skills, techniques, strategies, and leadership.

Note: Must meet all eligibility requirements of the State CCCAA Athletic Code for participation.

Course Student Learning Outcomes

1. The student will participate in a lecture session that covers the CCCAA decorum and eligibility policies, and sign paperwork that they understand the policies.
2. Students will progress in skill development by completing drills and games.
3. Students will perform advanced level skills and perform conditioning drills specific to the physical demands of football.
4. Through film sessions, play book analysis, and game situations, students will advance their knowledge of strategies and implement the strategies in practice and game situations.

Course Calendar

08/23/2025-12/19/2025 Times N/A

Evaluation and Grading Policy

1. Video analysis of individual and team performance.
2. Skill checklist.
3. Statistics.
4. Cardiovascular endurance performance testing.

Required Assessment Task

2. CR Student-Athlete Handbook checklist/signature.
3. CCCAA decorum and eligibility policy Form 1.

Prerequisites/corequisites/ recommended preparation

Note: Must meet all eligibility requirements of the State CCCAA Athletic Code for participation.

Educational Accessibility and Support

College of the Redwoods is committed to providing reasonable accommodations for qualified students who could benefit from additional educational support and services. You may qualify if you have a physical, mental, sensory, or intellectual condition which causes you to struggle academically, including but not limited to:

- Mental health conditions such as depression, anxiety, PTSD, or bipolar disorder
- Common ailments such as arthritis, asthma, diabetes, autoimmune disorders, and diseases
- Temporary impairments such as a broken bone, recovery from significant surgery, or a pregnancy-related disability
- Neurodevelopmental disorders such as a learning disability, intellectual disability, autism, acquired brain injury, or ADHD
- Vision, hearing, or mobility conditions

Available services include extended test time, quiet testing environments, academic assistance and tutoring through the [LIGHT Center](#), counseling and advising, alternate formats of course materials (e.g., audio books, braille, E-texts), assistive technology, learning disability assessments, approval for personal attendants, interpreters, priority registration, on-campus transportation, adaptive physical education and living skills courses, and more. If you believe you might benefit from disability- or health-related services and accommodations, please contact [Student Accessibility Support Services \(SASS\)](#). If you are unsure whether you qualify, please contact Student Accessibility Support Services (SASS) for a consultation: sass@redwoods.edu.

SASS office locations and phone numbers

Eureka campus

- Phone: 707-476-4280
- Location: Learning Resource Center (Library)

Del Norte campus

- Phone: 707-465-2353
- Location: main building, near the Library

Klamath-Trinity campus

- Phone: 707-476-4280