

PE-67-THEORY OF FOOTBALL

Course Information

Semester and Year: FALL 2026

Course ID and Section number: E1447 (061442)

Instructor's name: DAMARO WHEELER

Day and time of required meetings: TBD

Location: TBD

Number of proctored exams: N/A

Course units: 1

Instructor Contact Information

Office location or Online: FIELDHOUSE ROOM 105

Office hours: M-T 9AM-10AM OR BY APPOINTMENT

Phone number: 707-476-4115

Email address: damaro-wheeler@redwoods.edu,

Required Materials:

N/A

Catalog Description

An intercollegiate football course that focuses on advanced theory, practice, and game performance of football. Through lectures, discussions, and video analysis, students will focus on advanced-level theories of football skills, techniques, and strategies.

Course Student Learning Outcomes

- 1. Interpret offensive and defensive formations, their strengths and weaknesses and then determine the best tactic in game situations.
- 2. Distinguish individual offensive and defensive players strengths and weaknesses and then adapt the best strategy in game situations.
- 3. Comprehend offensive, defensive, and special teams strategy based upon down, distance, and field position.

Course Calendar

08/22/2026-12/18/2026

Evaluation and Grading Policy

Based on attendance and participation. Must meet all eligibility requirements of the State CCCAA Athletic Code for participation.

Prerequisites/corequisites/ recommended preparation

NONE

Educational Accessibility and Support

College of the Redwoods is committed to providing reasonable accommodations for qualified students who could benefit from additional educational support and services. You may qualify if you have a physical, mental, sensory, or intellectual condition which causes you to struggle academically, including but not limited to:

- Mental health conditions such as depression, anxiety, PTSD, or bipolar disorder
- Common ailments such as arthritis, asthma, diabetes, autoimmune disorders, and diseases
- Temporary impairments such as a broken bone, recovery from significant surgery, or a pregnancy-related disability
- Neurodevelopmental disorders such as a learning disability, intellectual disability, autism, acquired brain injury, or ADHD
- Vision, hearing, or mobility conditions

Available services include extended test time, quiet testing environments, academic assistance and tutoring through the [LIGHT Center](#), counseling and advising, alternate formats of course materials (e.g., audio books, braille, E-texts), assistive technology, learning disability assessments, approval for personal attendants, interpreters, priority registration, on-campus transportation, adaptive physical education and living skills courses, and more. If you believe you might benefit from disability- or health-related services and accommodations, please contact [Student Accessibility Support Services \(SASS\)](#). If you are unsure whether you qualify, please contact Student Accessibility Support Services (SASS) for a consultation: sass@redwoods.edu.

SASS office locations and phone numbers

Eureka campus

- Phone: 707-476-4280
- Location: Learning Resource Center (Library)

Del Norte campus

- Phone: 707-465-2353
- Location: main building, near the Library

Klamath-Trinity campus

- Phone: 707-476-4280