

PE 50 – Intercollegiate Baseball

Course Information

- Semester and Year: Spring 2026
- Course ID and Section number: PE-50-E0179 (060179)
- Instructor's name: John Downey, Konrad Kisch
- Day and time of required meetings: NA
- Location: NA
- Number of proctored exams: NA
- Course units: 3

Instructor Contact Information

- Office location or Online: Physical Education Building
- Office hours: 8am-9am
- Phone number: 5309490334
- Email address: john-downey@redwoods.edu, Konrad-kisch@redwoods.edu

Catalog Description

A course for experienced student baseball players that provides an opportunity to play competitive baseball at the intercollegiate level. This course provides advanced instruction and training in baseball skills, strategy, sportsmanship and teamwork. All students participating must meet State eligibility requirements provided by the CCCAA.

Course Student Learning Outcomes

- Use the skills and strategies of competitive baseball with advanced proficiency.
- Follow coaching instruction, team rules and intercollegiate baseball decorum rules.
- Utilize self-analysis and implement coaching suggestions to improve performance of specific skills.
- Critically analyze performance in practice and games by the use of stats and video analysis.
- Follow coaching instruction on positioning.
- Execute best course of action to overcome opponent defensive strategies.

Course Calendar

N/A

Evaluation and Grading Policy

N/A

Prerequisites/corequisites/ recommended preparation

PE20 - Baseball Conditioning

PE-20 allows for the continual development of baseball skills, the conditioning necessary to perform at an intercollegiate level, and the ability to learn the the process and protocol of being an intercollegiate CR baseball student-athlete.

Educational Accessibility and Support

College of the Redwoods is committed to providing reasonable accommodations for qualified students who could benefit from additional educational support and services. You may qualify if you have a physical, mental, sensory, or intellectual condition which causes you to struggle academically, including but not limited to:

- Mental health conditions such as depression, anxiety, PTSD, or bipolar disorder
- Common ailments such as arthritis, asthma, diabetes, autoimmune disorders, and diseases
- Temporary impairments such as a broken bone, recovery from significant surgery, or a pregnancy-related disability
- Neurodevelopmental disorders such as a learning disability, intellectual disability, autism, acquired brain injury, or ADHD
- Vision, hearing, or mobility conditions

Available services include extended test time, quiet testing environments, academic assistance and tutoring through the [LIGHT Center](#), counseling and advising, alternate formats of course materials (e.g., audio books, braille, E-texts), assistive technology, learning disability assessments, approval for personal attendants, interpreters, priority registration, on-campus transportation, adaptive physical education and living skills courses, and more. If you believe you might benefit from disability- or health-related services and accommodations, please contact [Student Accessibility Support Services \(SASS\)](#). If you are unsure whether you qualify, please contact Student Accessibility Support Services (SASS) for a consultation: sass@redwoods.edu.

SASS office locations and phone numbers

Eureka campus

- Phone: 707-476-4280
- Location: Learning Resource Center (Library)

Del Norte campus

- Phone: 707-465-2353

- Location: main building, near the Library

Klamath-Trinity campus

- Phone: 707-476-4280